

Peer Support Definition – This definition is contained in the Contract for Kansas Mental Health Prepaid Ambulatory Health Plan (PAHP)

Peer Support (PS)

Definition

Peer Support (PS) services are consumer centered services with a rehabilitation and recovery focus designed to promote skills for coping with and managing psychiatric symptoms while facilitating the utilization of natural resources and the enhancement of community living skills. Activities included must be intended to achieve the identified goals or objectives as set forth in the consumer’s individualized treatment plan. The structured, scheduled activities provided by this service emphasize the opportunity for consumers to support each other in the restoration and expansion of the skills and strategies necessary to move forward in recovery. PS is a face-to-face intervention with the consumer present. Services can be provided individually or in a group setting. The majority of PS contacts must occur in community locations where the person lives, works, attends school, and/or socializes.

Components

- A. Helping the consumer to develop a network for information and support from others who have been through similar experiences.
- B. Assisting the consumers with regaining the ability to make independent choices and to take a proactive role in treatment including discussing questions or concerns about medications, diagnoses or treatment approaches with their treating clinician.
- C. Assisting the consumer with the identifying and effectively responding to or avoiding identified precursors or triggers that result in functional impairments.

Provider Qualifications

- Must be at least 18 years old, and have a high school diploma or equivalent. Additionally, the provider must be at least three years older than a consumer under the age of 18.
- Certification in the State of Kansas to provide the service, which includes criminal, abuse/neglect registry and professional background checks, and completion of a state approved standardized basic training program.
- The provider must self identify as a present or former primary consumer of mental health services.

Eligibility Criteria

Meets functional assessment criteria for target population.

Meets Medical Necessity criteria for rehabilitation services

Limitations/Exclusions

Allowed Mode(s) of

Ratio: 1 FTE to 8 consumers is maximum group size Limit of 750 hours of group peer support (or a combination of group psychosocial rehabilitation and group peer support) per calendar year. This limit can be exceeded when medically necessary through prior authorization.	Delivery Individual Group On-site Off-site
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Additional Service Criteria
<ol style="list-style-type: none"> 1. Services provided to children and youth must include communication and coordination with the family and/or legal guardian. Coordination with other child serving systems should occur as needed to achieve the treatment goals. All coordination must be documented in the youth's medical record. 2. The Peer Support provider must be supervised by a person meeting the qualifications for a Peer Support Supervisor and receive regularly scheduled clinical supervision from a person meeting the qualifications of a Qualified Mental Health Professional (QMHP) or PAHP-designated LMHP with experience regarding this specialized mental health service.

Reimbursement and Coding Summary								
HCPCS Code	Modifier		Provider Qual.	Tx. Context	Description	Units	Rate Per	
	(1)	(2)					Unit	Hour
H0038			HS	Ind.	PS - Individual	15 Min.	\$11.75	\$47.00
H0038	HQ		HS	Grp	PS - Group	15 Min.	\$4.37	\$17.50