

Explore Your Options

A Kansas Guide to Information and In-Home Services



Johnson County Area Agency on Aging Directory of Services

Explore Your Options:

Fall 2014 - 20th Edition



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This publication is also available at www.kdads.ks.gov

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Introduction

Welcome to the 20th Edition of Explore Your Options. This book will help you through the maze of services available to Kansas seniors and those with disabilities. It is designed to help you take an active role in making decisions that affect your health care and living situation. Even if you are faced with a serious illness or disabling disease, knowing that you have options to help you maintain your independence and stay at home can be a great comfort. The purpose of this book is to let you know about possible services in your community that you can use to find solutions that meet your special needs.

Part One will provide you with a better understanding of the kind of agencies and services that can help you stay at home.

Part Two will discuss housing and long term care options. This will be of interest if you are considering moving or if you have been residing in a nursing home and are planning to return to your home.

Part Three includes maps and lists of various agencies and organizations that may be able to provide more information.

Part Four will allow you to find information about what particular services are available in your county. For various reasons, a service may be available but not listed. We encourage you to call the Aging and Disability Resource Center at 1-855-200-2372 for more information. Staff will provide you with current information about services in your county and connect you with the right people to discuss those services.

It is our hope that this guide will be a useful tool as you build solutions that may help you remain at home longer.

Visit our web site at www.kdads.ks.gov

It is linked to many other resources that will help you explore your options.

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Is there anyone to help me figure out what I need?

Sometimes it's easier to put a jigsaw puzzle together than to figure out how to find affordable services that will come to your home and assist you with those necessary tasks that have become increasingly difficult to manage by yourself. When you call the Aging and Disability Resource Center (ADRC), you can talk to an information and assistance professional or an options counselor who can help you figure out what you need and how to find the right services. If needed, there may also be people who can visit you in your home to talk things over.

Case managers are people who can help when you are puzzled by multiple problems that make staying at home seem too difficult. If you are thinking about moving to a nursing home, a case manager can discuss your options and possible solutions. A case manager will help you start services and check back regularly, if necessary, to see that things are working out for you.

Sometimes case managers use other names such as "care managers" or "care coordinators," but the service should be the same. To find a case manager, call the Aging and Disability Resource Center, a Resource Center for Independent Living (for people under age 60), or a private agency of your choice. Private agencies may charge from \$50 to \$150 per hour.

Are you hiring help at home?

Once you've decided what services you need, the next step is to choose whom you want to provide those services. This can be a scary time, because you may feel vulnerable to the strangers coming to help you. "Will I be safe?" or "Will they take advantage of me?" may be questions you are asking yourself.

If you are working with a case management entity, she or he may be able to assist you in locating quality people to come into your home. But whether you are hiring your own helpers or working with a case manager, there are some questions you can ask and steps you can take to make sure that you know what to expect and are satisfied with the quality of people scheduled to help you.

When hiring helpers at home, ask or do the following BEFORE they enter your home:

- Ask the agency for references (people who know about the agency and the kind and quality of work it does), and check them out. Ask questions like:
- Does the agency have extra insurance on its employees to cover theft and/or breakage?
- Is it a member of the Better Business Bureau or the Chamber of Commerce?

If so, has anyone lodged a complaint about the agency or one of its employees?

If you are not satisfied with the answers to any of these questions, look for another agency.

Ask for references on each employee and check them out. This is especially important if you are hiring someone who is not from a known agency.

Interview the worker. If possible have a family member or friend with you the first time you meet the worker or during any interviews you have. Remember, you will likely feel more comfortable if someone you trust is there as you get to know your new helper. There are many books and articles with questions on how to interview or professional staff that can provide assistance.

Ask about the training and supervision of the people you are hiring. Some questions may be:

- Is the worker trained to do the kind of work you need done? By whom?
- What kind of supervision do they receive? (should it be under a nurse or social worker)?
- What task is each worker allowed by law to perform? You should not ask workers to jeopardize their jobs by asking them to do things that they are not allowed or trained to do.

Ask how payment arrangements are made (if possible, **NEVER** pay cash):

- Will you be billed **AFTER** the services are provided or do you pay **BEFORE** you get them?
- What if you are not satisfied or the worker doesn't show up? Do you get a credit? How do you get another worker?
- What kind of receipt is provided for services? When you have hired someone to shop for you, insist that they provide you with receipts for purchases they've made for you.
- Will you have to sign or initial a timesheet? Will staff have to use your telephone for verification of their arrival and departure?
- Do not give a worker access to your checking account, credit cards or Social Security number.

For the first few times, ask for identification **BEFORE** letting the person into your home. Read their card, badge, etc., and make sure this is who you are expecting. If not, contact the agency before opening your door.

Ask for and expect regular contact with the helper's supervisor. Make sure you can reach the supervisor whenever there is a problem or concern about the worker.

Remove temptation. Once you have hired someone to help you, take a look around your home.

- Do you have valuable jewelry that will be noticed by the worker? If so, put it in a safe deposit box or other secure location.
- Do you have a lot of cash on hand? It is never safe to have money tucked away in a drawer. Put it in the bank.
- Do you have your blank checks and bank statements sitting on a desk in plain view? Again, put them away. Purchasing a small locking file cabinet for such items can remove a lot of temptation for others.
- Do you have valuable or fragile family heirlooms? Now may be the time to give those items to whomever you have selected to receive them after you are gone. You can still have the pleasure of seeing these items when you visit their home without the worry of accidental breakage.

Remember that you are the customer and have the right to expect courteous, respectful help from people who are on time and work hard. This is true regardless of the funding source used to pay for the services. As helpers, they have the right to expect prompt payment for service (usually to their agency) and be treated with respect.

If you do your homework, you will likely find terrific people who will help make the changes in your life easier to handle... and you may also make some wonderful new friends.

What are your responsibilities in hiring help at home? Should you pay federal or state employment taxes for a household worker?

An IRS publication dealing with this subject, “Handbook for Employers,” is available by calling **800-870-3676** and requesting Publication Number 926 or access the web at www.irs.gov

There are two basic things you must decide:

- Is the person “your” employee, or is he or she working for you on a contract basis?
- Did you pay this person less than \$1,900 in 2014? This amount may go up slightly each year.

Employees could include babysitters, caretakers, health aides, housekeepers, maids, nannies, private nurses, cleaning people, yard workers, and other similar domestic workers. The worker is your employee if you control not only what work is done, but how it is done. Usually you will provide the tools and equipment your employee uses. If the worker controls how the work is done, the worker is not your employee but is self-employed. A self-employed worker usually provides his or her tools and offers services to the general public. There are also rules about hiring people who are not citizens of this country.

How do you pay these taxes?

If the person is your employee, and you paid him or her more than \$1,900 in a year, you may need to withhold and pay Social Security and Medicare taxes, pay federal unemployment tax, or you may need to do both. You do not need to withhold federal income tax from your household employee’s wages. If your employee asks you to withhold it, you can choose to do so. There are forms to be filled out and submitted to the IRS along with your payment.

This is a complicated issue. IRS does not accept ignorance of the law as an excuse. If you hire someone to work in your home regularly and pay him or her more than \$1,900, please investigate the tax consequences. More information is available on the web at www.irs.gov or you may choose to talk with a financial planner or tax preparer. You may also call the IRS at 800-829-1040 with your tax questions.

Part One: Services and Information that help you remain in your home

2-1-1

2-1-1 is an easy-to-remember telephone number that connects people with important community services and volunteer opportunities. United Way **2-1-1** will help callers find resources for basic human needs such as food banks, clothing closets, shelters, transportation, support for children, youth and families, physical and mental health resources and employment services.

2-1-1 is an easy way to get help or give help. One call gives people access to thousands of community resources. All **2-1-1** calls are confidential and free.

Adult Abuse

In Kansas vulnerable adults are persons 18 years of age or older who are alleged to be unable to protect their own interests, who are harmed or threatened with harm (financial, mental, physical) through action or inaction by themselves or others. This includes the elderly, physically disabled, mentally ill and developmentally disabled individuals.

Protective services for vulnerable adults living in their own homes are provided by the Department for Children and Families (DCF). Protective services for vulnerable adults living in a licensed residential home are provided by the Kansas Department for Aging and Disability Services (KDADS) for the purpose of preventing or alleviating abuse, neglect, exploitation or fiduciary abuse.

A report should be made when an adult is in a harmful situation or in danger of being harmed, unable to protect himself/herself, a specific incident or pattern of incidents suggests abuse, neglect, or financial abuse, or exploitation is occurring. A report should also be made when an adult is unable to provide for or obtain the services necessary to ensure their safety and well-being or to avoid physical or mental harm or illness. Specific information is needed in a report. Be sure to include the name of the person, their exact location, any information about the nature of the abuse, neglect, financial abuse or exploitation and specific names,

addresses and phone numbers of any caretakers, next of kin, witnesses or the alleged abuser.

Elderly Living at Home:

Call your local DCF office or 800-922-5330 (also for child abuse)

Institutional Abuse Hotline:

800-221-7973

Person Living in a Licensed Residential Home or Hospital

800-842-0078

Adult Day Care

Adult day care centers provide a variety of services, from health care to recreation. Centers are usually open during working hours and may stand alone or be located in senior centers, adult care homes, or religious organizations. Adult day care staff may monitor medications, provide hot meals and snacks, and social activities. Currently, adult day care centers are licensed by the Kansas Department for Aging and Disability Services. It is important to visit the center, talk with staff, and speak with other families who use the center to make sure that the center is able to meet your needs.

For more information, contact the Aging and Disability Resource Center, hospital, doctor, senior center, public health department, or look in the county specific Directory of Services under "Adult Day Care." A statewide listing of licensed Adult Day Care Providers is available online at www.kdads.ks.gov.

Aging and Disability Resource Connection (ADRC)

Aging and Disability Resource Centers are welcoming and accessible places where individuals can obtain information and assistance in locating home and community-based long-term care services and institutional care. ADRCs purpose is to streamline access to long-term support services and empower individuals to make informed choices about their care. ADRCs do this by providing consumers with information on their options for services, as well as assistance with application processes, eligibility determinations and follow-up as needed. In doing so, ADRCs help people conserve their personal resources, maintain self-sufficiency and delay or prevent the need for potentially expensive long-term institutional care.

ADRCs have strong partnerships with a wide variety of service providers and organizations to facilitate referrals to those organizations according to the customers' needs and choices. The Kansas Aging and Disability Resource Center has a public-access website at www.kdads.ks.gov with a statewide On-line Resource Database of services and a variety of other tools to provide information and assist consumers and family caregivers with their long-term care needs.

Services provided by ADRCs include:

- Options Counseling
- Person-Centered Transition support following hospitalization or nursing home stays.
- Functional eligibility assessments for HCBS waivers including physical disabilities, traumatic brain injury and frail elderly
- Follow-up to ensure customers' goals are being achieved and that needed services are being provided.

Call 1-855-200-2372 or see Map on Page 28 for the Aging and Disability Resource Center for your area.

Alzheimer's Disease and Related Dementia

Dementia is a general term for several diseases that cause changes in an individual's orientation, ability to remember, reasoning and judgment. Ability to learn, personality, language skills and a person's perception can also be affected. The losses caused by dementia interfere with a person's ability to function normally in personal, social and occupational activities.

Alzheimer's disease accounts for 60 to 80 percent of all dementia cases. It is an irreversible progressive brain disorder that occurs gradually and results in memory loss, behavior and personality changes and a decline in thinking abilities. It is the sixth leading cause of death among adults.

It is estimated over 5 million Americans suffer with the disease. The number of Americans with Alzheimer's and other dementias is increasing every year because of the steady growth in the older population. (*From the 2009 Alzheimer's Association - Alzheimer's Disease Facts and Figures Report*)

Individuals who are having dementia symptoms should discuss the signs with their family physician. The physician will order the appropriate tests or refer the individual to another physician, or to an Alzheimer's diagnostic center. An early and thorough diagnostic workup is important to rule out other diseases and conditions that can also cause dementia. The diagnostic process could include medical history, psychiatric evaluation, physical examination, neurological exam and laboratory tests.

The Alzheimer's Association Safe Return Program assists in the safe return of individuals with Alzheimer's or a related dementia who wander and become lost. It is a nationwide identification, support and registration program working at the community level. Contact the Alzheimer's Association for registration information.

Alzheimer's disease is a medical condition and not a psychological or emotional disorder. The more you, your family and friends learn about the disease, the more everyone will be able to support one another.

The Kansas Alzheimer's Association provides support groups, training for caregivers and health care professionals, video/book library for loan or purchase, publications, referrals, newsletters, diversity outreach and safe return registry.

Alzheimer's Association Chapters in Kansas

Heart of America Chapter
3846 W. 75th Street,
Prairie Village, KS 66208 913-831-3888 or
800-272-3900 www.alz.org/kansascity/index.asp

Heart of America Chapter
Northeast Kansas Regional Office
3625 SW 29th St., Ste 102
Topeka, KS 66614
785-271-1844 or 800-272-3900

Central and Western Kansas Chapter
1820 E. Douglas Avenue, Wichita, KS 67214
316-267-7333 or 800-272-3900
www.alz.org/centralandwesternkansas

The following organizations provide information and resources:

National Alzheimer's Association
225 N. Michigan Ave., Floor 17
Chicago, IL 60601
800-272-3900 24-hour care counselor
www.alz.org message boards/chat rooms at
www.alz.org/messageboards

Parkinson Foundation of the Heartland
8900 State Line Road, Suite 320
Overland Park, KS 66206
913-341-8828 www.parkinsonheartland.org

National Parkinson Foundation, Inc.
200 SE 1st St., Ste 800
Miami, FL 33131
800-473-4636
www.parkinson.org

Assistive Devices and Technology

Assistive technology can be any item, piece of equipment, or product that is used to increase, maintain or improve the living and working capabilities of people with disabilities. Examples of assistive devices include Braille printers, computer-based communication systems, electronic page-turners for books, power wheelchairs, talking books and calculators, bath benches, grab bars and telephone devices for persons with hearing impairments.

Check with the Aging and Disability Resource Center, church, civic group, veterans' organization, senior center or lending closet for assistive devices such as wheelchairs, walkers, hospital beds, etc. You may also contact the statewide lending closet at Occupational Center of Central Kansas (OCCK) in Salina at 800-526-9731. There may be other lending agencies in your area.

In addition, the agencies listed below provide information and referral, advice on financing, training, and technical assistance about assistive devices and technology. You may also contact the Aging and Disability Resource Center or local Center for Independent Living for additional information and financing suggestions. See the maps on pages 28 and 30 for one near you.

Envision, Wichita 888-311-2299

Kansas Assistive Technology Access Sites
Kansas Equipment Exchange
800-526-3648 or www.atk.ku.edu

K-Loan (low interest loans)
866-465-2826 V/TT
620-421-6554 V/TT

Occupational Center of Kansas (OCCK),
Salina 800-526-9731 TDD/TTY 785-827-9383

United Cerebral Palsy of Kansas,
316-688-1888 ext. 538

Blind and Visually Impaired Services

DCF provides a variety of employment and independent living services for Kansans who are blind or visually impaired. Vocational Rehabilitation provides services to help individuals achieve or maintain competitive integrated employment. The Business Enterprise Program provides career opportunities in food service facilities, snack shops, and vending machine routes. Independent Living services are available for persons who are age 55 or older. Contact them at **866-213-9079**.

Ikan represents a consortium of independent living centers, headed by Prairie Independent Living Resource Center (PILR) Hutchinson, that are working in 76 counties to provide provision of independent living services for persons who are age 55 and older who experience blindness or visual impairments. Ikan has five core services: individual and system advocacy, peer counseling, information and referral, independent living skills training, and deinstitutionalization. They also offer orientation and mobility training, Braille transcription, and assistive technologies.

Contact an Independent Living Resource Center for more information and to see if these services are available in your area.

Family Caregiver Support Program (FCSP)

Caregiving may be one of the most important roles you will undertake in your lifetime. Typically, it is not an easy role, nor is it one for which most of us are prepared. Whether you are a caregiver, know a caregiver or are expecting to become a caregiver, there is information and assistance to help. Call the Aging and Disability Resource Center (see page 28).

The Family Caregiver Support Program (FCSP) is a federally funded program under the Older Americans Act (OAA). In Kansas, Aging and Disability Resource Centers provides FCSP designed to assist caregivers in the areas of health and finance, and in making decisions and solving problems related to their caregiving roles. FCSP services may be provided to a:

- Caregiver - an adult family member, or another individual, who is an informal provider of in-home and/or community care to an older individual who is 60 years of age or older, or an adult caring for an individual with Alzheimer's Disease or a related disorder with neurological or organic brain dysfunction.
- Grandparent or relative by blood, marriage, or adoption who is age 55 or older providing care for a child who is younger than 19, and; 1) lives with the child; 2) acts as the primary caregiver of the child; and 3) is raising the child either formally through legal custody or guardianship, or informally.
- Grandparent or relative by blood or marriage who is age 55 or older providing care for an individual, age 19 to 59, with a disability. This caregiver cannot be the individual's parent.

Each Aging and Disability Resource Center (ADRC) will receive an allocation of funds for FCSP service delivery. The ADRC will determine what the service needs are for their specific area through public hearings, focus groups, etc. The services that may be available include:

- Information
- Assistance
- Caregiver Training
- Individual Counseling
- Support Groups
- Respite Care - Respite enables a caregiver to be temporarily relieved from their caregiving responsibilities
- Supplemental Services

For more information on this program, contact the Aging and Disability Resource Center. See page 28 for the one closest to your area.

Disability Services

Home and Community Based Services for the Physically Disabled (HCBS-PD) This program serves the physically disabled, ages 16 to 64, who meet medical, functional and financial guidelines. Individuals 65 years of age and older who meet the eligibility guidelines and were being served by the HCBS/PD waiver before the age of 65 years may choose to continue services or choose to access services through the HCBS/FE Waiver. Services available include: Assistive Services, Home Delivered Meals, Personal Services, Personal Emergency Response System/Installation, Medication Reminder/Installation, Medication Reminder Dispenser, and Sleep Cycle Support.

Services for this program are coordinated through Centers for Independent Living and independent case management agencies.

Centers for Independent Living are non-residential, community-based, private, non-profit organizations that are designed and operated by individuals with disabilities. The Centers for Independent Living offer varied services which may include individual and system advocacy, information and referral services, peer counseling, independent living skills, training, advocacy and legal services, housing assistance, personal skills instructions, help in obtaining assistive devices, communication services, and services through the Home and Community Based Waiver Services for the Physically Disabled program.

Call the Center for Independent Living for your area for more information. Refer to the map on page 30 for further information.

Kansas Department for Children and Families (DCF)

Formerly the Kansas Department of Social and Rehabilitation Services (SRS), these offices provide a variety of cash assistance services and programs for families and older adults. Assistance might be available to help with food, heating costs, or medical expenses.

Some specific examples of programs are the Low Income Energy Assistance Program (LIEAP) which offers a one-time payment towards your winter heating

cost. This program is available only January through March each year. Food Assistance programs include the cash assistance program using a Vision card or the Emergency Food Assistance Program (TEFAP) commodity program. Eligibility criteria must be met for most programs under DCF.

DCF also determines Medicaid financial eligibility for assistance in paying nursing home costs. If you have a family member in a nursing home and can no longer private pay for their care, contact DCF for more information and an application form. If only one spouse is in the nursing home, you can also apply for a Division of Assets to help protect some assets for the at home spouse.

Contact the DCF office serving your area, check their website www.dcf.ks.gov or call **888-369-4777**.

Kansas Commission on Disability Concerns (KCDC)

KCDC provides disability-related information to the people of Kansas. Some of the key resources are disability service maps, disability resources, Americans with Disability Act (ADA) information, legislative information and more.

In addition, KCDC offers information on topics to assist people with disabilities in living as equal citizens. Contact them at **800-295-5232**, 711 for Relay Service or online at www.KCDCinfo.com

Driving

Giving up driving is very difficult for most people. Driving gives a person freedom and control, a sense of self-esteem and independence. Often concerns arise about elderly parents, neighbors or friends and their ability to drive safely. Some signs to watch for include: forgetting how to get to familiar places, failure to follow traffic signs, poor judgment of distance, making turns that are too wide or too tight, making poor decisions in traffic such as failing to yield or too slow to react to emergencies. Another sign is a series of fender-bender accidents.

Here are some simple tips to help you drive safely longer.

- Have regular check-ups including eye and hearing exams
- Take part in an exercise program so that you maintain your health and can react quickly
- Ask your doctor if any of your medications can affect your driving
- Reduce noise in your car; turn off the radio
- Ask passengers to not disturb you in high traffic or confusing situations
- Reduce long distance driving
- Plan rest stops along the way and allow plenty of time
- Do not use a cell phone while driving
- Do not travel with your pets unless they are restrained
- Avoid high traffic times and areas; drive only during the daylight hours
- Do not drive in bad weather; wear your seat belt properly; call 511 for road conditions
- Make sure your car seat and mirrors are adjusted for your height
- Keep your car well-maintained and equipped with emergency equipment such as a flashlight and blanket
- Take a refresher driving course to improve your skills and possibly get a discount on your insurance

As you begin thinking about driving less, consider other options. For example, is there a church van that provides transportation to church or can you create a car pool? Is there a pharmacy or grocery store that will deliver free or for a small fee? When there is a family event or major outing, ask other family members if you can ride with them.

Call the Aging and Disability Resource Center to find out about driver safety training opportunities in your area. There may also be other transportation options available in your area. The telephone number is **855-200-2372**.

Eldercare Locator

The Eldercare Locator is a national toll-free referral number funded by the U.S. Administration on Aging (AoA) to assist older people and their families in finding community services anywhere in the country.

Eldercare Locator Information Specialists take calls Monday through Friday, 8 a.m. to 7 p.m. All calls are confidential. Recorded voice messaging is available 24 hours a day. The toll-free number to call is **800-677-1116**. Information is also available on line at www.eldercare.gov

Emergency Alert Systems

Many local hospitals and some specific agencies rent special emergency alert devices (sometimes called “personal emergency response” services). These devices can be easily activated by an individual if trouble occurs. Some devices are designed to be worn around the neck; others are designed to be placed at a fixed location in the home. When activated the device sends an emergency signal that calls for help. Emergency alert devices are helpful for persons with life threatening medical conditions and those who live alone.

The emergency alert devices, such as “LifeLine,” have a one-time installation fee, plus a monthly charge. There may be some assistance in paying the charge. Contact the Aging and Disability Resource Center at **855-200-2372** for local information.

Fraud and Scams

“No one can take advantage of me; I’m too smart for that!” This phrase is often used by people who think they won’t be a victim. Unfortunately, it does happen and it can happen to anyone. Senior citizens are especially vulnerable because they have a steady income, are at home more and are generally more trusting. Examples of common problems include door-to-door sales, home repair scams, Medicare and Medicaid fraud, mail order fraud and identity theft. Remember, if it sounds too good to be true, it probably is.

The following resources may be able to help if you or someone you know becomes a victim or you believe someone is trying to take advantage of you.

Kansas Senior Medicare Patrol (SMP) or Kansas Department for Aging and Disability/SHICK programs
800-860-5260

Federal Trade Commission **877-438-4338**
(identity theft) www.ftc.gov

Kansas Attorney General,
Consumer Protection Division **800-432-2310**
or www.ksag.org

Kansas Charity Check,
www.KsCharityCheck.org (check out Kansas charitable organizations before giving)

Kansas Insurance Department, www.ksinsurance.org
800-432-2484

Medicaid Fraud and Abuse **866-551-6328**

Office of the Kansas Securities Commission,
800-232-9580 or www.ksc.ks.gov

No-Call Telemarketing, **888-382-1222**
(to stop telemarketing calls)

Reduce junk mail by writing:
Mail Preference Services
P.O. Box 643
Carmel, NY 10512
www.dmachoice.org

To Report Mail Fraud:
Postal Inspection Services **877-876-2455**
<http://postalinspectors.uspis.gov>

Annual Free Credit Report:
Equifax, Experian, Trans Union
877-322-8228 or www.annualcreditreport.com

Opt Out of Unsolicited Credit and Insurance offers
888-567-8688
www.optoutprescreen.com

Health Insurance and Prescription Drugs

Medicare information is available on the www.medicare.gov website, including the option to enroll in Medicare Part D insurance. The Senior Health Insurance Counseling for Kansas (SHICK) program has volunteer counselors available statewide to answer questions about Medicare, explain the different policies and options, and help you enroll in Medicare Part D. SHICK volunteers offer confidential assistance and do not represent any insurance company. These volunteers are available to answer questions about Medicare, Medicare Supplement Insurance, Medicare Prescription Drug Coverage (Part D), Long-Term Care and other insurance concerns.

Volunteers can assist Medicare beneficiaries in applying to the Social Security Administration for extra help in paying for their Part D coverage. Volunteers can help beneficiaries apply for low-cost prescription drugs if the cost of prescription drugs creates a financial hardship. For the program nearest you, contact Senior Health Insurance Counseling for Kansas at **800-860-5260**. You may also want to check the Kansas Department for Aging and Disability Services website at www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick

Helpful Insurance Booklets

The Kansas Insurance Department produces several booklets on health insurance. These are available from the Consumer Assistance Division of the Kansas Insurance Department at **800-432-2484**. The booklets include the Medicare Supplemental Insurance Shoppers Guide and the Long Term Care Insurance Shoppers

Home Health Care

Home health care can include skilled nursing, occupational, respiratory, speech and physical therapy, or home health aide. It can include assistance with dressing, bathing, toileting, and self-administered medications. Home health care covers the use of assistive devices such as walkers, hospital beds, wheelchairs, and oxygen. Home health care is usually medically oriented and is different from the homemaker

and personal care services. People who provide home health care can be registered and licensed practical nurses, therapists, or homemaker-home health aides. They usually work through a home health agency, hospital, or public health department.

Kansas home health agencies must be licensed and surveyed annually. Also ask the agency if they are accredited by additional professional organizations and request a copy of the accreditation report. All home health agencies are required to follow the Client Bill of Rights and a copy should be given to each client. If you have any care related problems, call **800-842-0078**.

Medicare or Medicaid may pay for home health visits if all of the following conditions are met. You: a) must be homebound; b) need intermittent skilled nursing care, physical therapy, or speech therapy; c) must be under the care of a doctor who determines you need home health care and sets up a home health care plan; d) must use a home health agency certified to provide Medicare services; e) meet the age and resource eligibility guidelines when using Medicaid. You do not have to pay a deductible or coinsurance when you receive home health care covered by Medicare, with the exception of a 20% co-payment on durable medical equipment (like a wheelchair). Private insurance, Medicare supplement or long term care insurance may also cover some home health care expenses. Many home health agencies also offer services on a private pay basis. There may be other sources of funding assistance available as well. Call the Aging and Disability Resource Center for programs and eligibility information (page 28).

Home health agencies and adult care homes are required by Kansas law to check the criminal backgrounds of the people who have worked for them less than five years and of the people who apply for employment with them. Upon request by the agencies, the Kansas Department of Health and Environment makes the criminal background checks through the Kansas Bureau of Investigation records.

In general, home health agencies and adult care homes may not permit people to work for them who have been convicted of the Kansas crimes of capital murder, first degree murder, second degree murder, voluntary manslaughter, assisting suicide, mistreatment of a dependent adult, rape, indecent liberties with a child, aggravated indecent liberties with a child, aggravated

criminal sodomy, indecent solicitation of a child, aggravated indecent solicitation of a child, sexual exploitation of a child, sexual battery, or aggravated sexual battery or of similar crimes under Federal or other state's laws. However, home health agencies and adult care homes are allowed to employ persons convicted of some types of crimes against persons, sex offenses, and crimes affecting family relationships (except those types of crimes listed above) as long as more than five years have passed since the potential employee satisfied the criminal sentence or parole.

For in-home services that aren't provided by home health agencies or adult care homes, and are funded through KDADS or the Aging and Disability Resource Centers, KDADS requires direct service providers to obtain sworn statements disclosing criminal convictions from the applicants, employees, and contractors who perform the in-home services.

Customers who choose individuals to provide in-home services for them under the self-directed care option of the Medicaid Home and Community Based Services Program are responsible for requesting a criminal background check from their service providers.

Where can I find more information?

Your hospital or physician may be your first source of information about home health care, but you may also call your public health department or the Aging and Disability Resource Center. The county specific Directory of Services or your telephone book's Yellow Pages (under "Home Health," "Home Care Services," "Nurses," or "Nursing Services") are also good sources of information.

Home and Community Based Services – (HCBS)

The following is a list of the Home and Community Based Service Waivers available in Kansas under Medicaid:

- The **HCBS/Autism** Waiver provides services to children with Autism to receive early intensive intervention treatment and allow primary caregivers to receive needed support through services.

- The **HCBS/ Intellectual and Developmental Disabilities (IDD)** Program serves individuals age 5 and over who meet the definition of intellectual disability or having a developmental disability or are eligible for care in an Intermediate Care Facility for Individuals with an Intellectual Disability (ICF/IID).
- The **Technology Assistance (HCBS-TA)** Program serves individuals who are age 0 through 21 years, chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function and require substantial and ongoing daily care by a nurse, comparable to the level of care provided in a hospital setting, or other qualified caregiver under the supervision of a nurse to avert death or further disability.

Furthermore, the individual is hospitalized or at imminent risk of hospitalization, whose illness or disability, in the absence of home care services, would require admission to a hospital. The individual must be determined eligible for Medicaid.

- The **Traumatic Brain Injury (HCBS-TBI)** Waiver program is available for individuals who have sustained a traumatic brain injury caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces. The program provides rehabilitative services needed after injury to support regaining of functional skills necessary for the individual to remain in the community and be as independent as possible in a safe, healthy environment. The HCBS/TBI program services individuals 16 to 64 years of age who meet the criteria for TBI rehabilitation facility placement.
- The **Physically Disabled (HCBS-PD)** program serves the physically disabled, ages 16 to 64, who meet medical, functional and financial guidelines..
- **Frail Elderly (HCBS-FE)** The HCBS-FE program may enable a person to stay in his or her home or make other successful living arrangements in the community. In order to qualify for the HCBS-FE program, a person must be 65 years old, meet Medicaid income eligibility guidelines, and meet Medicaid long-term care functional assessment criteria.

- **Serious Emotional Disturbance (SED)**
The Home and Community Based Services Serious Emotional Disturbance (SED) Program serves as an alternative to inpatient psychiatric treatment for children and youth with mental health disorders. The program provides for the traditional Medicaid financial criteria to be waived and for children to be assessed for Medicaid financial eligibility based solely upon the child’s income and resources and not that of the household. In addition to traditional Mental Health Services (Outpatient Therapy and Medication Management, for example) and State Plan Medicaid Services (Targeted Case Management and Community Psychiatric Support and Treatment, for example), SED program members can access an additional six (6) services not otherwise available:

- Parent Support, Education and Training
- Attendant Care
- Professional Resource Family Care
- Wrap around Facilitation
- Short Term Respite Care
- Independent Living/Skills Building

SED program services are provided by Community Mental Health Centers around the state. Only a qualified mental health professional (QMHP) employed by one of the centers can determine if a child or youth meets the clinical criteria for SED program eligibility.

These programs require both financial and functional eligibility to be met. The DCF office will notify you by letter and tell you how much your monthly obligation will be. Once eligibility is met, coordination of services is through a managed care organization. Contact the ADRC at 855-200-2372 or the DCF office closest to your location for further information.

Hospice

Hospice is a service that provides care and support to individuals and families coping with terminal illness. There are many independent providers of Hospice services. A physician’s orders are required to receive Hospice care. Each patient is cared for by a team. Nursing and other medical and home-health personnel, social workers, chaplains and volunteers provide a range of services including pain relief, symptom management and supportive services for the patient and

caregiver. Hospice agencies are certified and surveyed by the Kansas Department of Health and Environment.

Services are provided whether the patient lives in a private home or a nursing home. The patient should be under a doctor's direction and services are done in cooperation with a designated caregiver. Arrangement for inpatient care is made when needed. Hospice staff assists the caregiver in caring for the individual. Members of the care team will visit on a regular basis or at the request of the caregiver. Staff can be reached 24 hours a day, seven days a week.

Hospice care may be covered by Medicare and/or Medicaid if the patient has Part A Medicare, a physician's orders and a diagnosis of terminal illness.

Check with other insurance options to see if hospice coverage is provided.

Hospice agencies are located across Kansas. Discuss this option with your primary care physician to determine if it will help in your individual situation.

KanCare/Medicaid

KanCare was designed to provide comprehensive managed care for Kansans on Medicaid. KanCare delivers person-centered, coordinated care and is expected to generate better health outcomes. It also aims to curb the growth of spending on Medicaid services in Kansas. Spending will continue to increase, but at a slower pace than under the old, fragmented Medicaid program. Three managed care organizations (MCOs) have signed contracts to provide services across the state. These organizations will coordinate delivery of the Medicaid services already being provided, as well as preventative dental care for adults, heart and lung transplants and bariatric surgery.

More information on KanCare is available at www.kancare.ks.gov or to apply for Medicaid, contact the Department of Children and Families office for your area.

If you are already enrolled in KanCare contact the managed care organization you are assigned to:
Amerigroup: 800-600-4441, TTY: 800-855-2880

Sunflower: 877-644-4623, TTY: 888-282-6428
United: 877-542-9238, TTY: #711

KanCare Ombudsman - The KanCare Ombudsman provides an independent and confidential resource for Kansas Medicaid members', with a primary focus on individuals participating in an HCBS waiver program or receiving other long-term care services through KanCare, and assists members in resolving their concerns.

Kancare.ombudsman@kdads.ks.gov
855-643-8180
www.KanCare.ks.gov/ombudsman.htm

Information and Referral/Assistance

Finding the right agency and the right phone number when you need help can be difficult. Aging Information and Referral/Assistance (I&R/A) provides seniors with a skilled professional who will help link them to the information or service they need. I&R/A Specialists will ask questions in order to find out what community or public assistance is available, what eligibility criteria must be met and help connect you with the right agencies or organizations. While each Area Agency on Aging has an I&R/A program, the way the service is provided varies. See the map on page 28 for the Area Agency on Aging closest to you.

Legal Assistance

Each Aging and Disability Resource Center contracts with a legal service provider in their area to provide legal assistance to seniors age 60 or older. A Senior Citizen Law Project (SCLP) attorney will consult with you about your issue. These legal service providers handle civil legal issues only. See page 28 to locate the SCLP in your area.

Legal assistance may also be available through the Elder Law Hotline. The Elder Law Hotline provides access to legal services for Kansas seniors age 60 or older. Hotline attorneys are available to answer questions for civil cases only. You will not be charged for the call or attorney time. You may call the Elder Law Hotline toll free number **888-353-5337** from 9:00 a.m. to 4:30 p.m. Monday through Friday, except legal

holidays. When you call, an intake person will take general information about you and transfer your call to an attorney. Attorneys who work with the Hotline are SCLP attorneys or private attorneys who handle elder law issues. The hotline also provides referrals to private attorneys through the Elder Law Referral Panel. These attorneys will charge you for their services.

“Meals on Wheels” and Home-Delivered Meal Programs

Home-delivered meals are available in many Kansas communities to individuals who have been determined to meet established eligibility criteria. Meals are delivered by volunteers. Frozen or “shelf-stable” meals requiring minimal preparation may be available in some areas. Some providers deliver two meals daily, but most deliver only one. Special diets may be available to those who need them. In some areas of the state, (e.g. remote, rural areas) a multi-day supply of meals may be delivered. A donation is suggested for meals, but is not a condition for receiving a meal. Spouses, regardless of age, can also receive a meal on a contribution basis if it is in the senior’s best interest.

For more information, check the county specific Directory of Services under “Meals - Home Delivered,” or call your Aging and Disability Resource Center.

Medicare Savings Program

The Medicare Savings Program is a federal program which assists Medicare beneficiaries in paying for Part A, Part B and Part D coverage. The Medicare Savings Program may help pay premiums, deductibles and co-insurance amounts, depending on income. To be eligible for this program, Medicare beneficiaries’ must meet monthly income guidelines and maximum asset limits. Assets include money in a checking or savings account, stocks, or bonds. Countable assets do NOT include your home, a car, burial plots, up to \$1,500 for burial expenses, furniture, or up to \$1,500 of life insurance.

Individuals need to request a Medicare Savings Program application from their area Department for Children and Families (DCF) office. Acceptance into this program does not require an in-person interview though you will be required to provide financial information. Contact the DCF office in your area or call **888-369-4777**.

Mental Health

Good mental health that results in productive activities, fulfilling relationships with others, and the ability to adapt to change and cope with adversity is necessary to age successfully. (*Mental Health Report of Surgeon General, 1999*) This does not mean that an older person never experiences any problems or disease, but that symptoms are treated and controlled, and do not interfere with leading a rewarding life. Unfortunately, many older people still believe the myth that mental health problems result from personal failure or weakness. This stigma means that they may not want to admit that a problem or symptom exists, and they do not seek help.

Mental disorders are not part of the normal aging process. Circumstances that can contribute to the development of mental health disorders in older adults include social isolation, stressful living conditions, bereavement, acute and chronic health conditions, and the burden of having to take care of a seriously impaired family member. Those who are at greatest risk have a great deal of stress, have difficulty adapting to changes in circumstances and routines, do not have supportive relationships, have difficulty relying on others to help cope with losses, or tend to have a negative outlook on life. Many older people develop mental health problems for the first time when they are in their later years. It is important to remember that these problems are treatable.

An individual primary care physician can help; however, the most successful treatment involves both medication and counseling therapies. Community Mental Health Centers (CMHC) receive state and local funds to provide mental health services to individuals in their provider area. They have sliding-scale fees and accept Medicaid, Medicare, private insurance and private pay. The Community Support Programs of the CMHCs generally organize services for the targeted population at the local level for adults. Case management is one of the core services. This network of CMHCs form an integral part of the total mental health system in Kansas. The independent, locally operated CMHCs are dedicated to fostering a quality, freestanding system of services and programs for the benefit of citizens needing mental health care and treatment. CMHCs initiate and maintain close cooperative working relationships with other groups, organizations, and individuals having similar interests and goals. The Community Mental Health Centers in Kansas are listed on page 31.

Money Follows the Person Demonstration Grant

Money Follows the Person (MFP) is a demonstration grant that permits funding to “follow the person” to the most appropriate and preferred setting of that resident’s choice. Kansans can be served in the community as an alternative to nursing home care. This program shifts Medicaid’s traditional emphasis on institutional care to a system offering greater choices that include Home and Community Based Services (HCBS) and help eliminate barriers that prevent residents from transitioning back into the community. This grant is administered through the Kansas Department for Children and Families (DCF), Kansas Department on Aging and Disability Services (KDADS) and Kansas Department of Health and Environment (KDHE). MFP provides transitional opportunities to individuals eligible for the following HCBS waiver populations: Frail Elderly, Physically Disabled, Traumatic Brain Injury and Intellectual/Developmentally Disability.

To be eligible for this program the person must:

- Be a current resident of a nursing home or intermediate care facility for mental retardation (ICF/MR) with three months continuous stay, not counting Medicare reimbursement days
- Be Medicaid eligible at least one day prior to receiving MFP services
- Meet the functional eligibility for waived services
- Have an interest in moving back to the community

Services offered under the MFP demonstration:

- HCBS waived services specific to the waiver the individual would qualify for
- Transition services - up to \$2,500 start-up cost.
- Home modification/assistive technology above the \$7,500 lifetime cap
- Transition Coordination Services
- Targeted Case Manager Service
- Therapeutic Support (for only two waiver populations)

The MFP demonstration grant has specific criteria of housing options; customers cannot reside in Residential Care Facilities, Homes Plus or Board and Care Homes and non-qualifying Assisted Living Facilities.

Contact your Aging and Disability Resource Center for more information. (see page 28).

Program of All-Inclusive Care for the Elderly (PACE)

The Program of All-Inclusive Care for the Elderly (PACE) was developed by Medicare/Medicaid to meet the health-care needs of individuals who wish to continue to live in their communities.

The PACE program provides comprehensive health care services designed to:

- Enhance the quality of life and independence for older Kansans.
- Maximize dignity of and respect accorded to older Kansans.
- Enable older Kansans to live in their communities as long as possible.
- Preserve and support the older Kansan’s family unit.

A team of professional and paraprofessional staff assesses the participant’s needs, develops a plan of care with the individual and his/her caregiver, and delivers all services (including hospital and other acute care and, when necessary, nursing home services). The PACE provider coordinates and provides all needed preventive, primary, acute and long-term care services, so that older Kansans who need nursing home level of care can continue living in the community. The PACE service package must include all Medicare- and Medicaid-covered services.

Those interested should contact one of the PACE organizations for an initial overview of PACE. To be eligible to enroll in the program an individual must meet the following requirements:

- Be 55 years of age or older;
- Be assessed to meet the functional eligibility guidelines established by the State of Kansas;
- Reside in the service area of the PACE organization; and
- Meet any additional program-specific eligibility conditions imposed under the PACE program agreement.

Currently, Kansas has two PACE Organizations: **Via-Christi HOPE** serving Sedgwick County, **316-858-1111** and **Midland Care Connections** serving Shawnee, Douglas, Jackson, Jefferson, Osage, Pottawatomie and Wabaunsee counties, **785-232-2044**. They will begin service on January 1, 2015 in Marshall, Nemaha, Lyon counties.

Via Christi will be expanding PACE services to Miami, Franklin and Johnson counties and Midland PACE will be expanding into Brown, Doniphan, Atchison, Leavenworth and Wyandotte counties within the next year. The state has contracted with Bluestem Communities as a new PACE provider. Bluestem's PACE center will be located in McPherson, KS providing services to Lincoln, Ottawa, Ellsworth, Saline, Dickinson, Rice, McPherson, Marion, Reno and Harvey counties in the future; contact **Bluestem Communities** at **316-284-2900** for information in regards to enrollment in those counties.

Contact the PACE organization in your service area for further information.

Please go to www.kdads.ks.gov for update on PACE expansion areas or contact the Aging and Disability Resource Center at **855-200-2372** for current information on locations.

Respite Care

Respite care provides time off for persons caring for family members. Respite care, sometimes called adult care sitting, provides relief and allows the caregiver to take care of themselves, too.

There are many types of services which may be used to provide caregivers the break they need. It can be as simple as asking a family member to sit with your loved one for brief periods of time. You may also choose to have a respite worker come into your home for a few hours, take your loved one to an Adult Day Care Center or an adult care home that provides respite care.

Today, family members are the primary caregivers of older persons. About 6.6 million Americans aged 65 and older currently receive long-term care services; family members provide two-thirds of the care. Caregivers are mostly female, usually wives and daughters.

They often have many other responsibilities. To maintain a caregiver role over time, a person needs occasional relief.

Start by contacting family, friends, your local senior center, public health department, hospital, religious organization, adult care home, or your Aging and Disability Resource Center (ADRC) You can also find providers of respite services in your area listed in the county specific Directory of Services.

Self-Help and Support Groups

Support and self-help groups are usually small groups of people who have something in common, like caring for someone with Alzheimer's Disease or someone who is recovering from a stroke. Participants get together, usually once a month, to discuss their situations and concerns. Some groups have a professional social worker or nurse who coordinates the group, while others operate on their own.

Support groups are usually free of charge, while some with professional coordinators may ask for a small donation (which can usually be waived if necessary) to cover the cost of the professional's time.

For information about various support and self-help groups in your area, contact the Aging and Disability Resource Center, your doctor's office or the Self-Help Network. The Self-Help Network is a nonprofit, statewide information center that can give you more information about support groups in your area. Currently, the Network can provide referrals to Kansas and national support groups, organizations, and help lines. Call the Self-Help Network toll free at **800-445-0116** or go to www.wichita.edu/ccsr.

Senior Care Act

This program provides in-home services for persons who are age 60 and over. Senior Care Act services vary by county. Services are offered on a sliding fee scale, based on your income and liquid assets. Customers pay between donation and 100% of the cost of the service. Availability of services is limited to budget constraints.

Eligibility Guidelines:

Potential customers must be 60 years of age or older and must demonstrate impairment in two or more activities of daily living and three or more instrumental activities of daily living with a minimum score.

Call your Aging and Disability Resource Center (ADRC) for more information. (See page 28).

Senior Centers and Nutrition Sites

Senior Centers are often gathering places for seniors in Kansas communities. They're a good place to receive information about senior adult services and enjoy a variety of activities with friends and neighbors. Actual hours of operation vary in each community. While there are usually social activities that may be free of charge, some senior centers provide services on a contribution basis. Others may charge for certain services. You can call the Senior Centers listed in the county specific Directory of Services to find out more information.

Nutrition and/or Meal Sites offer lunch programs for people 60 years and older and their spouses. Nutrition programs (sometimes called meal sites), can be found at some Senior Centers, or they may be located in community centers or churches. A donation is suggested for meals, but is not a condition for receiving a meal. Spouses regardless of age can also receive a meal on a contribution basis. For information on "Meals on Wheels" see page 14.

What is your nutritional health?

The warning signs of poor nutritional health are often overlooked. Use this checklist to find out if you or someone you know is at nutritional risk.

INSTRUCTIONS: Read the statements below. Circle the number in the YES column for those that apply to you or someone you know.

NUTRITIONAL CHECKLIST.....YES

Do you eat less than 2 meals daily.....	3
Do you eat less than 2 servings of fruits and vegetables daily?	1
Do you eat less than 2 servings of dairy products (milk, cheese, yogurt, etc.) daily?.....	2
Do you usually drink less than 6 glasses of water, milk, or juice daily?.....	0
Do you drink 3 or more alcoholic beverages daily?.....	2
Do you take 3 or more different prescriptions and/or over-the-counter drugs daily?.....	1
Do you have problems with dentures, teeth, or mouth, which make it hard to eat?.....	2
Have you made changes in the kind and/or amount of food you eat because of an illness and/or condition?.....	2
Are you physically not always able to grocery shop, cook and/or feed yourself?.....	2
Do you eat alone most of the time.....	1
Do you feel that you usually do not have enough money to buy the food you need?.....	4
Have you gained or lost more than 10 pounds in the last 6 months?.....	2
	TOTAL _____

TOTAL Your Nutritional Score. If it's . . .

- 0-2** Good! Recheck your nutritional score in 6 months.
- 3-5** You are at moderate nutritional risk. See what can be done to improve your eating habits and lifestyle.
- 6 or more** You are at high nutritional risk. Bring this checklist the next time you see your doctor, dietitian or other qualified Health or Social Service professional. Talk with them about any problems you may have. Consider using your local nutritional programs and/or meal sites discussed in this section.

Substance Abuse Prevention, Treatment and Recovery

The Shawnee Regional Prevention and Recovery Services program Senior Prevention/Intervention Counseling and Education (S.P.I.C.E.) is a statewide initiative through funding by Substance Abuse Prevention, Treatment and Recovery. The S.P.I.C.E. program assists professionals, caregivers and older adults coping with substance abuse or mismanagement of medications. With training, staff from each region of Kansas will be able to speak on the topic of substance abuse and the mismanagement of medications, offer educational material, perform on-site assessments, and provide resources for interventions and treatment. Refer to the map on page 33 for a Regional Prevention Center near you. Information is also available on their web site at www.parstopeka.com.

Tax Refunds - Food Sales Tax Credit & Homestead Property Tax Refund

The **Food Sales Tax Credit**, which will be available for tax years commencing on or after January 1, 2013, will be claimed on the individual's Kansas income tax return. In order to qualify for the credit:

- (1) The taxpayer must have purchased food in Kansas.
- (2) The taxpayer must have had federal adjusted gross income for the year that did not exceed \$30,615.
- (3) During the entire tax year a taxpayer filing single, head of household, or married filing separate, or the taxpayer and the taxpayer's spouse if married filing jointly, must be domiciled in Kansas. Domicile does not include a correctional facility, jail or prison.
- (4) During the entire tax year a taxpayer filing single, head of household, or married filing separate, or the taxpayer or the taxpayer's spouse if married filing jointly, must be either: (a) A person having a disability, regardless of age; (b) A person without a disability who is 55 years of age or older; or (c) A person without a disability who is younger than 55 years of age who claims an exemption for one or more dependent children under 18 years of age.

The amount of the credit is \$125 for every exemption claimed on the taxpayer's federal income tax return, except that no deduction shall be counted for a dependent

unless the dependent is under 18 years of age. Those filing as head of household will not be allowed an extra exemption.

The credit is to be applied against the taxpayer's Kansas income tax liability after all other credits allowed under the Kansas income tax act. The credit is not refundable, and cannot be carried forward.

The **Homestead Refund** is a rebate program for the property taxes paid by homeowners. The refund is based on a portion of the property tax paid on a Kansas resident's home. The maximum refund is \$700.

To qualify you must be a Kansas resident, living in Kansas the entire year. Your total household income must be \$33,400 or less for 2014.

You must also meet one of the following requirements:

- You were born before Jan. 1, 1959; OR
- You must have been totally and permanently disabled or blind during the entire year, regardless of your age; OR
- You must have had a dependent child living with you all of last year who was born before Jan. 1, 2014, and was under the age of 18 the entire year.

Safe Senior is a property tax refund program administered under the provisions of the Kansas Homestead Act (property tax refund). SAFE SENIOR is also referred to as, "Kansas Property Tax Relief for Low Income Seniors."

The refund is 75 percent of the 2014 general property tax paid or to be paid - as shown of the 2014 real estate tax statement for the residence in which the claimant lived in 2014. The 2014 property tax consists of the 1st half which is due Dec. 20, 2014 and the 2nd half which is due May 10, 2015. The property tax is the total of both the 1st and 2nd half taxes.

A claimant may receive either a Homestead or a SAFE SENIOR refund but not both.

You must meet all the following requirements for the SAFE SENIOR refund:

- Kansas resident all of 2014,
- Owned a home in Kansas during 2014,
- Aged 65 years or older for all of 2014 (born before Jan. 1, 1949) and
- “Household income” of \$18,900 or less in 2014.

Homestead Refund Advancement Program

This program provides eligible homeowners with the opportunity to apply a portion of their anticipated Homestead refund to help pay the first half of their property tax.

There is a question on Form K-40H asking the homeowner whether they want their next year’s homestead advancement sent directly to their County Treasurer. If the box is checked on the 2014 K-40H, the 2015 homestead advancement will be sent directly from Kansas Department of Revenue to the County Treasurer. This eliminates the need for the homestead claimant to physically deliver the homestead eligibility letter to the County Treasurer.

If you do not check this box, you cannot participate in the homestead advancement program, and none of your homestead refund will be used to pay your 2015 property taxes.

All taxes must be filed by April 15 each year. If you have a question about the Kansas Homestead program or need help to complete your claim, call the Kansas Department of Revenue (KDOR) at **785-368-8222**. Forms can be requested at **785-296-4937**. Information and forms are also available on the KDOR web site at www.ksrevenue.org. Personal assistance to complete your claim is available from the Topeka Assistance Center or from free volunteer tax assistance programs. Contact your local Aging and Disability Resource Center, Community Action Program, senior center, library or county clerk to find assistance in your area.

Part Two: Housing and Long Term Care

The key to making any move is good planning and knowing all the choices available to you. The following has been included to provide information on different kinds of housing options. It is important that you read any admission agreement you sign and fully understand the terms of that agreement. You may also want to request a copy of the agreement so that you can review it at home before signing and later when questions arise.

Since the availability of the different types of housing discussed below will vary depending on where you live, you will want to check the county specific Directory of Services or contact your Aging and Disability Resource Center listed on page 28.

Types of Housing Options

Senior Apartment Living . . . is usually an apartment complex that provides each tenant a full apartment, kitchen appliances, laundry facilities, and 24-hour security. Services such as scheduled activities, transportation, and meal service may or may not be included. Continuing Care Retirement Communities usually include this level of housing in their option pack. They are not licensed by the state.

Continuing Care Retirement Community (CCRC) . . . is a campus that offers a range of housing opportunities that may include independent living houses or apartments, assisted living, apartments, residential health care, living units, adult day care, homes plus, and nursing facility. Services may also vary from no assistance to assistance by a licensed nurse. Residents select the type of housing and level of care that fits their needs and then move to another type and level of care if their situation calls for it.

Adult Care Home . . . is a nursing facility, nursing facility for mental health, intermediate care facility for the mentally retarded, assisted living facility, residential health care facility, home plus, boarding care home or adult day care facility, all of which are required to be licensed by the Secretary of the Kansas Department for Aging and Disability Services.

Nursing Facility . . . is a place or facility/home operating 24 hours a day, seven days a week, caring for six or more individuals. A licensed nurse is on duty 24 hours a day 7 days a week. See page 28 for payment options for this level of care.

Assisted Living Facilities . . . are licensed and are usually located in apartment-type buildings that are free standing or attached to a nursing home. Each apartment in the facility has a kitchen, a bathroom with a shower or tub, and a separate or combined sleeping, living, and storage area. The facility also has common areas such as a living room, activity area and dining room. Support services are provided to promote the people's privacy, freedom, and independence. Some people may not need any assistance, while other people may need assistance with transportation, light housekeeping, meal preparation, medications, bathing, dressing, and health care. Supervised nursing care provided by certified nurse aides is available twenty-four hours a day, seven days a week. Although a licensed nurse must be available at all times to respond to the certified nurse aides request for assistance for the people who live at the facility, facilities vary as to whether or not a nurse is on duty on a regular basis in the facility. The facility may coordinate health care services with outside agencies to provide therapy or care for individuals. The people living in an assisted living facility cannot employ private individuals to assist with their care.

Residential Health Care Facilities . . . are licensed apartment type buildings that are freestanding or attached to a nursing home. An individual living unit is similar to an assisted living apartment with exception of not having a microwave or stove for cooking. Alternatively, the individual living unit can be only a room with a combined sleeping, living, and storage area. The toilet room may or may not have a shower or tub and may be private or shared with another living unit. The facility has common areas such as a living room, bathing rooms, and dining room. If the facility is attached to a nursing home, it may share some common areas with the nursing home. Staffing, assistance, and services are the same as in an assisted living facility.

Homes Plus . . . are licensed private home residences or facilities for twelve people or less. A person may share a bedroom or have a private bedroom. All the people share the common spaces of the home. Meals are provided. Supervised nursing care provided by certified

nurse aides is available twenty-four hours a day, seven days a week. Staffing, assistance and services are the same as in an assisted living facility or residential health care facility.

Boarding Care Homes . . . are licensed private home residences or facilities for up to ten people. A person may share a bedroom or have his or her own bedroom. All the people share the common spaces of the home. Non-certified or non-licensed staff provide supervision twenty-four hours a day, seven days a week. The only assistance and services the people may receive are meals, laundry, housekeeping, and supervision for self-administration of medication. This type of facility DOES NOT provide personal, medical, or skilled nursing care. The resident must be able to walk and manage his or her own affairs.

What are the costs and how can I get more information?

The cost of these different housing options will vary depending on the size of your apartment, amount of services you want or need, the facility's location, and management. Some housing may be able to lower the rent cost based on an individual's income.

Services may be funded in assisted living and residential health care facilities and homes plus by the Medicaid program if the owner of the facility chooses to participate in the Home and Community Based Waiver Program. The owner of the facility, the potential resident, and the case manager would negotiate the room and board cost and the service plan. The resident would pay the negotiated room and board cost and Medicaid would pay the service cost. Some facilities will have waiting lists, so it is wise to plan ahead if you are considering moving into one of these housing alternatives. Medicare does not pay for room and board and services in assisted living and residential health care facilities, homes plus, or boarding care homes. Contact the Aging and Disability Resource Center, DCF office, or the local housing authority in your area for more information and assistance.

Important Questions to Ask Before You Sign a Contract

- When is a nurse on duty in the facility?
- Who pays for transportation for medical purposes?
- How much will it cost, including add-ons to the rent?
- What is the cost and policy on telephones/TVs/Cables TV hook-up?
- Are pets allowed? If so, is there an extra deposit?
- Are there any restrictions on visitors or overnight guests?
- How are cleaning standards maintained? Does someone inspect apartments? Are the inspections announced or unannounced?
- Will the home or facility accept Medicaid payment for service?
- Can the rent be based on my income?
- What is the policy on retaining my apartment if I have a change of health or would need to be hospitalized? Is that policy part of the contract?
- What are some situations that may cause an increase in my rent and services?
- What are the costs for services like transportation, laundry, meals, etc?
- If you will need parking, is it included or is there an extra fee for parking?
- What are the conditions under which I may have to leave the facility?
- What fees am I still responsible for if I am discharged per my own choice or by the facility?

It is important that you read the contract and fully understand the terms of the contract. Keep a copy and refer to it when questions arise.

Are You Considering Moving to a Nursing Facility?

Everyone seeking admission to a nursing facility must be reviewed by the PASRR/CARE process before entering a Medicaid-certified nursing home. A CARE assessment may only be administered by a certified CARE assessor.

CARE stands for Client Assessment Referral and Evaluation. The CARE assessment program is operated by the Kansas Department for Aging and Disability Services. The Aging and Disability Resource Centers and some hospitals have assessors who conduct the CARE assessment. The CARE program was authorized by the 1994 Kansas Legislature and a section of the CARE assessment is required by federal law. This section is referred to as Preadmission Screening and Resident Review (PASRR). There are two levels of assessment – Level 1 must be completed prior to nursing home placement. Level 2 is a further evaluation for specialized services related to Intellectual/Developmental Disability or Related Conditions and/or Mental Health.

There are three goals of this free assessment.

- Provide customers individualized information on long term care options;
- Determine appropriate placements in long term care facilities; and
- Collect data regarding individuals being assessed for possible nursing facility placement.

The “level of care” score obtained from the assessment is provided to the Kansas Department for Children and Families (DCF) for those wishing to utilize Medicaid as payment for nursing home care. This is a functional eligibility score and DCF will determine a financial eligibility score.

Participating in the CARE assessment

The CARE assessment takes about one hour and is designed to evaluate your health and ability to perform daily activities such as bathing, dressing, shopping, laundry, etc. Through the CARE assessment process, the assessor will review with you the services that are available in your community so that you can make an informed decision regarding what services will meet your long-term care needs. After the assessment, you may decide to remain in your home, at which time (with your permission) the CARE assessor can make referrals for the community-based services or you may choose to enter a nursing home.

The Aging and Disability Resource Center coordinates the CARE Assessment. When you determine a need for nursing facility care, contact your ADRC, which can

be found on Page 28 of this guide. The ADRC Intake staff will take some initial information and assign your assessment to a qualified assessor. You can invite whoever you think will help answer questions about your long-term care needs. The assessor will cover your potential long term care needs and service options with you at the time of the assessment.

You will be given a copy of the assessment and a Certificate of Assessment, which will either indicate you may enter a nursing home or you need further evaluation. The nursing home will need these documents. If the assessment shows a need for further evaluation, you may not enter a nursing home until a Level II evaluation is completed. If you decide to enter a nursing home, you should take a copy of the certificate with you. If you lose your certificate, you or the nursing home may contact the Aging and Disability Resource Center for another copy. The CARE assessment is not Medicaid eligibility. If you need Medicaid assistance, you will need to apply through the Kansas Department of Children and Families (DCF) office.

Important Information About Selecting a Nursing Facility

If you need 24-hour a day nursing care, several options are available. Sometimes, moving to a nursing home is the best option. When you are selecting a nursing home, the following steps will help ensure that you will be satisfied with your new home.

Ask for Recommendations

Talk to people you trust to help you make a good choice, such as family, friends, or your doctor or other health care providers.

Narrow Your Search

Consider factors that may be important such as location, special care needs, religious or cultural preferences, availability of a room and cost. Once these have been determined, narrow your search to those nursing homes that meet minimum requirements.

To find out additional information about your preliminary choices, you may want to access the Medicare website, www.medicare.gov/NHCompare/Home.asp. This is a database that provides information and survey findings on nursing homes participating in the Medicare and/or Medicaid programs. This information includes:

- Number of beds and type of ownership
- Resident information, including
- the percent with depression or pressure sores, pain or urinary tract infections
- Survey/ inspection summaries
- Staffing ratios

This web site also has numerous Medicare publications, including one on how to choose a nursing home. A list of licensed adult care homes, Kansas Adult Care Provider Directory, is available at www.kdads.ks.gov/LongTermCare/FacReports/FacReport_Index.html. The Directory also provides under each Nursing home's name, reports of its most recent survey/inspection conducted by the Kansas Department for Aging and Disability Services. The report contains information on areas of resident rights, care, and services where the home did not meet federal and/or state regulations. If you do not have access to a computer, your local library can be of assistance or call **1-800-Medicare**.

Visit Potential Nursing Homes

It is suggested that you visit a nursing home you are considering at least twice, one scheduled visit and one unannounced visit. The first visit should be a guided tour by a staff member to familiarize you with the home and its services. During this visit, you should ask to see a contract to find out the cost of care and any additional fees that may be charged for items such as haircuts, cable television, and activities. Also, if you have not been able to read the online survey report, ask to see a copy. The unannounced second visit will allow you the opportunity to see how staff interact with residents, how the meals are served, and how actively involved residents are in determining their own daily schedules, including time of rising and going to bed. Look for activities that you find to be of interest.

Paying for Care

As a rule, paying for nursing home care is a major concern because it is expensive. Following is a summary of resources that are generally used:

- Medicare, under limited conditions, will pay for short-term stays following a qualifying hospital stay. To learn more about Medicare, contact Kansas Senior Health Insurance Counseling for Kansas (SHICK) at **800-860-5260**.

- Medicare Supplemental Insurance – often called Medigap coverage. Private insurance that covers such costs as deductibles and co-insurance, may or may not pay for skilled nursing care, usually dependent on whether or not Medicare pays.
- Personal Resources – savings and other investments.
- Long-Term Care Insurance – private insurance that pays for a variety of care situations, including home health care, adult day care and nursing facilities. Benefits and coverage vary according to each policy.
- Medicaid – a State and Federal program that will pay most nursing home costs for people with limited income and assets, after personal resources have been exhausted. Your area DCF office can determine if you are financially eligible for this program.

When visiting a nursing home, it is important to find out which payment options they accept, as not all nursing homes are certified to accept residents whose care is paid for by Medicare and/or Medicaid.

Resident Rights

Nursing home residents have rights and certain protections under the law. The nursing home must give all new residents a list of these rights, which typically include the following:

- Respect: You have the right to be treated with dignity and respect.
- Services and fees: You must be informed in writing about services and fees before you enter the nursing home.
- Money: You have the right to manage your own money or to choose someone else you trust to do this for you.
- Privacy: You have the right to privacy, and to keep and use your personal belongings and property as long as it doesn't interfere with the rights, health, or safety of others.
- Medical care: You have the right to be informed about your medical condition, medications, and to see your own doctor.
- You also have the right to refuse medications and treatments.

Other Research Options

There are other resources for evaluating nursing homes. Following is an alphabetical list of contacts and their function, along with other resource materials.

Kansas Adult Care Executives: 785-273-4393 or www.k-a-c-e.org

Kansas Advocates for Better Care 800-525-1782 or www.kabc.org

Kansas Department for Aging and Disability Services: 800-432-3535 or www.kdads.ks.gov

Complaint hotline for nursing home care and other licensed adult care homes 800-842-0078

Kansas Department for Children and Families (DCF): 888-369-4777 or www.dcfkansas.org determines financial eligibility for Medicaid services

Kansas Health Care Association: 785-267-6003, www.khca.org

Kansas Long-Term Care Ombudsman: 877-662-8362, www.kansasombudsman.ks.gov An advocate for nursing home residents.

Leading Age: 800-264-5242 or www.leadingagekansas.org

PEAK Initiative

(Promoting Excellent Alternatives in Kansas Nursing Homes)

Consumers are encourage to ask all adult care homes the following questions that incorporate PEAK domains, core values and supporting principles of person centered care:

Resident Choice – How do the Residents choose their daily routine?

- **Food** – How do the Residents choose what, when, and where they eat?
- **Sleep** – How do the Residents select the time they will awaken, nap, or go to bed?
- **Daily schedules** – How do the Residents decide how they will spend their day? What are the opportunities for engaging and meaningful activity as well as spontaneity?
- **Bathing** – How do the Residents select their type of bathing, frequency, and time of day?

Staff Empowerment – How are staff empowered to carry out the choices of the Residents?

- **Education** – What does the home have in place to provide formal training on person-directed care to all staff?
- **Decision making** – How do staff closest to the Resident have a voice in care planning? How are staff empowered to make decisions on a day-to-day basis things related to Resident choice?
- How are **Direct-care** staff able to make decisions about their own work and how they will carry out Resident-directed care plans?
- **Relationships** – Describe some of the meaningful relationships staff members have with the Residents for whom they provide care.
- **Career development** – What does the home have in place to promote the staff's personal and professional development?

Home Environment – Do the Residents' personal and public spaces provide opportunities for personalization, privacy, and individual comfort?

- **Resident room** – Are the rooms comfortable and accommodating? Does it reflect their personal preferences (furniture, pictures, belongings)?
- **Resident-use space** – Are all the spaces (dining room, living room, den, etc.) comfortable and accommodating?

Meaningful Life – How do the Residents have opportunities and assistance to continue to pursue a purposeful life?

- **Community Involvement** – How do the Residents have opportunities to build new relationships and connections and maintain existing ties to the broader community?
- How do **Residents have opportunities to help others?** (e.g. Residents assisting other Residents, coat drives, community garden, recycling, mentoring).
- How are **Individual spiritual and psychosocial needs met?**
- How does **End of life care**, and rituals honor Resident choice? Are expectations in the care plan and reviewed with Resident and family as needed?

Kansas Long-Term Care Ombudsman Program

The Kansas Long-Term Care Ombudsman Program was created by the federal Older Americans Act and is administered by the Office of the State Long-Term Care Ombudsman.

The primary purpose of the program is to ensure quality care to residents of long-term care facilities. The Ombudsman serves as a resident advocate who seeks to promote individual rights, dignity and independence. The Kansas Long-Term Care Ombudsman program consists of volunteers serving residents of nursing homes and residential care facilities to provide support and assistance with any problems or complaints.

Long-Term Care Ombudsmen are an advocate for residents of long-term care facilities; a person who is concerned with protecting the civil and human rights of elderly persons in long-term care facilities; a problem-solver and a mediator; an objective investigator of complaints.

Residents and their relatives and friends of residents in long-term care facilities and personal care homes may utilize the ombudsman program. Long term care staff and administrators may also use the program.

Call an ombudsman if you have questions or concerns about resident rights, transfer and discharge rights or other care issues.

To contact the Office of the State Long-Term Care Ombudsman call or write:

Kansas Long-Term Care Ombudsman Program
Landon State Office Building, 900 SW Jackson,
Suite 1041, Topeka, KS 66612
785-296-3017 or 877-OMBUD-62 or 877-662-8362
(toll free)
<http://www.kansasombudsman.ks.gov>

Kansas Veterans Benefits

The Kansas Commission on Veterans Affairs offers many services for Kansas veterans, spouses, widows/widowers, mothers, fathers and dependent children. Some of these benefits are:

The Kansas Soldier's Home - The historic Fort Dodge facility offers a library, museum, recreation center, fitness room, nursing home, three domiciliary residence halls, 60 cottages and a Veterans Cemetery. Priority for admission of veterans will first be made on the basis of severity of medical care required; second consideration will be of the veteran's ability to pay for care; transfers from other institutions will have the lowest priority. Information on application, eligibility and admission to the Kansas Soldiers Home can be obtained by contacting the Kansas Veterans Affairs Office at 714 Sheridan, Fort Dodge, KS 67801 or call **620-227-2121 Extension 146**, email admissions@ksh.state.ks.us

The Kansas Veteran's Home opened in May of 2000, in Winfield, Kansas. The facility is set on a large hilltop campus overlooking the Walnut Valley that will be the future location of the Kansas Veterans Cemetery at Winfield as well. This renovated home offers three levels of care to eligible residents: assisted living, skilled nursing and special care for residents with Alzheimer's Disease or related dementia.

Information on application, eligibility and admission to the Kansas Veterans Home can be obtained by contacting the Home's Clinical Director at **620-221-9479, ext. 250**, 1220 World War II Memorial Drive, Winfield, Kansas 67156. Visit the KCVA website www.kcva.org to learn more.

Other services that may be available to Kansas veterans, spouses, widows/widowers, mothers, fathers and dependent children include: compensation and pension benefits, education and training, life insurance, guaranteed home mortgage loans, vocational training and job assistance, health care (including long term care), or burial.

Whom do I call for more information?
Kansas Commission on Veterans Affairs,
700 SW Jackson, Room 1004
Topeka, Kansas 66603
785-296-3976
www.kcva.org or to find a field office close to you, see page 35.

Other Specialized Housing Options

Home Remodeling . . . is sometimes all that is needed to make your own home work for you again. You may need grab bars in the bathroom, a ramp to the front door, or more light in the kitchen. Some people are able to get these changes made with the help of family, friends, churches, etc., but others need a little extra assistance.

The Aging and Disability Resource Center can help you figure out what changes will be most helpful to you, and can provide useful information in talking with carpenters, plumbers, and others to do the necessary work. In some cases, the Aging and Disability Resource Center may also be able to help locate assistance to pay for these changes. For more information, check the county specific Directory of Services under “Home Repair” or call the Aging and Disability Resource Center (see page 28).

Reverse Mortgages or Home Equity Conversion Loans . . . allow a person to borrow money using their house as collateral. The money is converted to lump sum, line of credit or monthly payments for a given period or for life. Consumer education and counseling is required by a HUD approved housing agency. The counselor will discuss all the options available and help determine eligibility. After counseling, the process is similar to that of purchasing a home – loan application, processing, appraisals and signing of the loan prior to disbursement of funds. The loan is repayable upon the death of the borrower, sale of the home or a permanent move from the home. The repayment usually cannot exceed the value of the home or sale price.

For more information, contact one of the following resources:

Housing and Urban Development (HUD)
www.hud.gov/buying/rvrsmort.cfm

Fannie Mae 800-732-6643
www.fanniemae.com

National Reverse Mortgage Lenders Assn.
www.reversemortgage.org

Part Three: Contact Information

Resources for Aging Information on the Internet

Internet access is like having the world’s largest library and resource center at your fingertips. The Internet is full of information you couldn’t find in a newspaper, see on television or read in a library. You can find the answer to most questions with a quick search, at any time or on any day. If you don’t have a home computer with Internet access, try your local library or Senior Center. Most have equipment available and someone who can assist you in your search.

Kansas Department for Aging and Disability Services (KDADS)
www.kdads.ks.gov

Aging and Disability Resource Center (ADRC)
www.kdads.ks.gov

Kansas Area Agencies on Aging – (K4A)
www.k4a.org

Kansas Department for Children and Families (DCF)
www.dcf.ks.gov

State of Kansas
<http://www.kansas.gov>

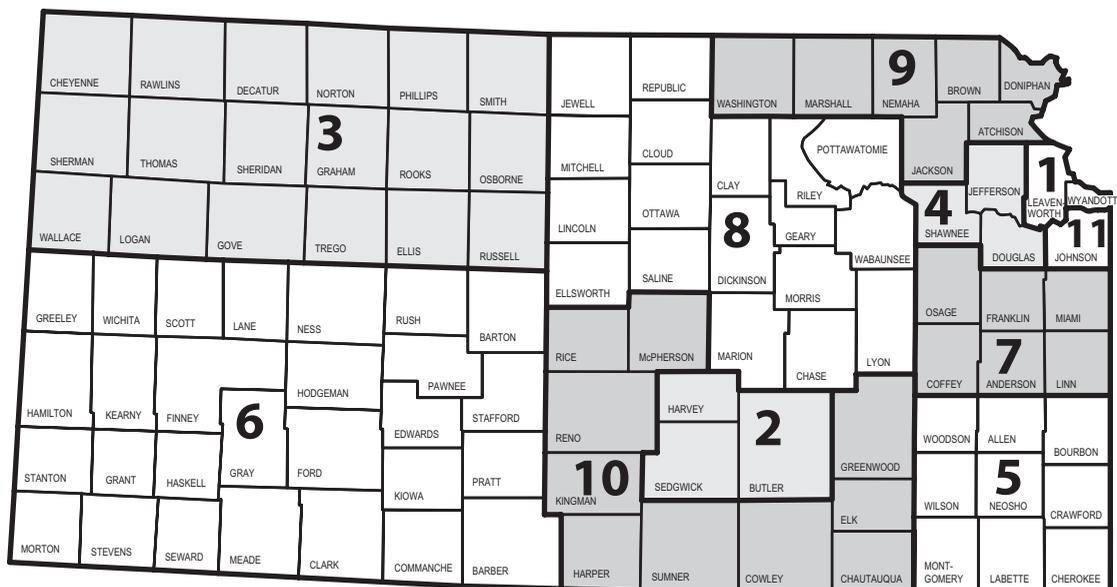
Kansas Attorney General’s Office
www.ag.ks.gov

Kansas Insurance Department (KID)
www.ksinsurance.org

Kansas Disabilities Rights Center
www.drckansas.org

Kansas Secretary of State
www.kssos.org

Aging and Disability Resource Centers (ADRC) 855-200-2372



1. Wyandotte-Leavenworth ADRC: Kansas City

Information 913-573-8531 or
888-661-1444
Legal Services 913-621-0200
Website: www.wycokck.org

2. Central Plains ADRC: Wichita

Information 316-660-5120 or
800-367-7298
Legal Services 888-353-5337
Website: www.cpaaa.org

3. Northwest Kansas ADRC: Hays

Information 785-628-8204 or
800-432-7422
Legal Services 785-625-4514
Website: www.nwkaaa.com

4. Jayhawk ADRC: Topeka

Information 785-235-1367 or
800-798-1366
Legal Services 785-354-8531
Website: www.jhawkaaa.org

5. Southeast Kansas ADRC: Chanute

Information 620-431-2980 or
800-794-2440
Legal Services 620-232-1330
Website: www.sekaaa.com

6. Southwest Kansas ADRC: Dodge City

Information 620-225-8230 or
800-742-9531
Legal Services 888-353-5337
Website: www.swkaaa.org

7. East Central Kansas ADRC: Ottawa

Information 785-242-7200 or
800-633-5621
Legal Services 800-479-6520
Website: www.eckaaa.org

8. North Central/Flint Hills ADRC: Manhattan

Information 785-776-9294 or
800-432-2703
Legal Services 785-537-2943
Website: www.ncfhaaa.com

9. Northeast Kansas ADRC: Hiawatha

Information 785-742-7152 or
800-883-2549
Legal Services 785-336-6016
Website: www.nekaaa.org

10. South Central Kansas ADRC: Arkansas City

Information 620-442-0268 or
800-362-0264
Legal Services 888-353-5337
Website: www.sckaaa.org

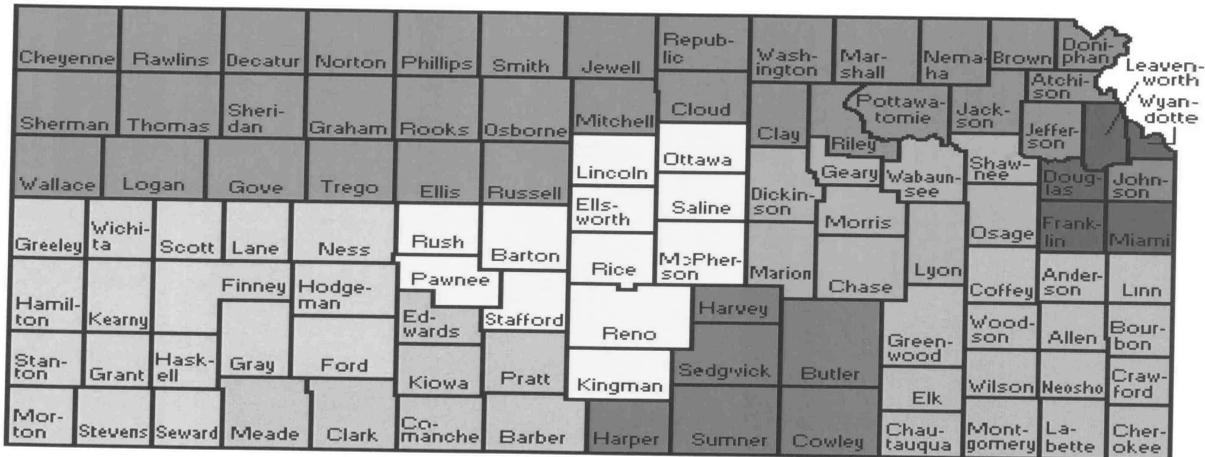
11. Johnson County ADRC: Olathe

Aging Info Line 913-715-8861 or
Information 888-214-4404
Legal Services 913-621-0200
Website: <http://hsa.jocogov.org>

Long Term Care Ombudsman Offices

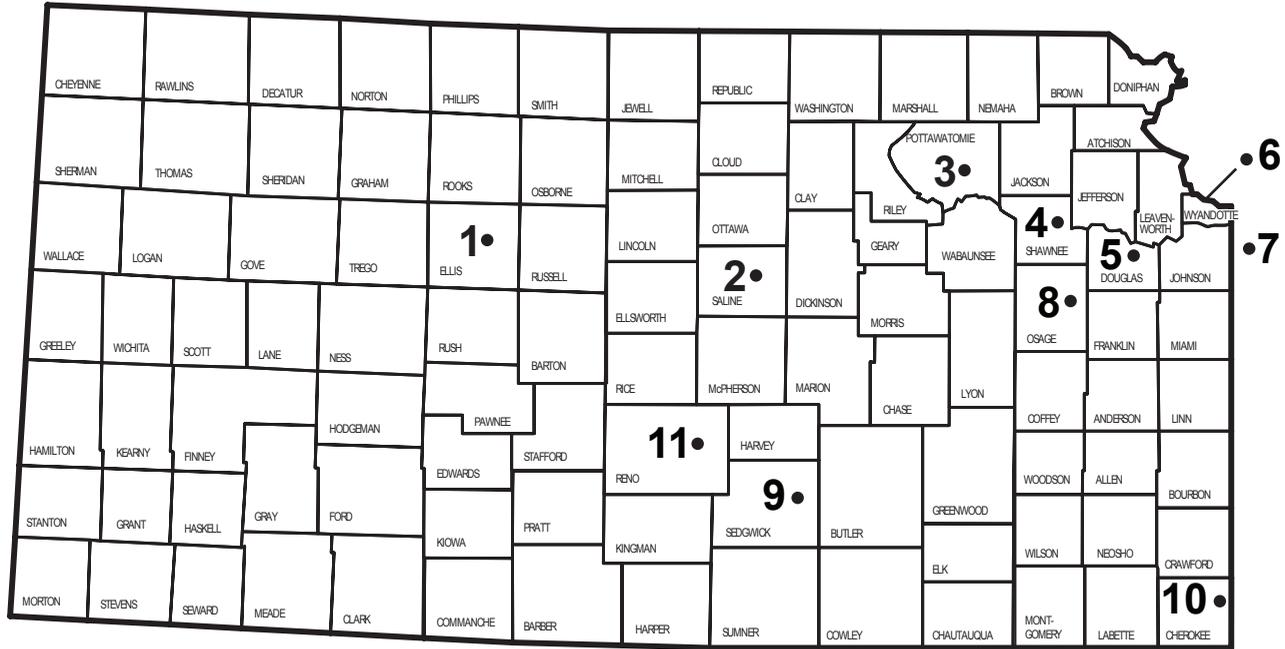
877-662-8362 (toll free)

8:00 a.m. - 5:00 p.m.



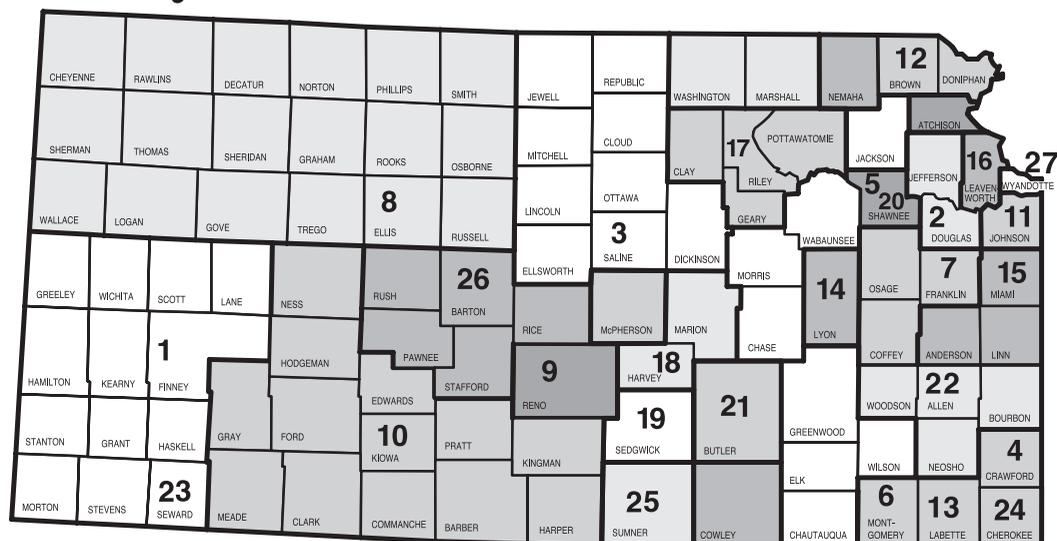
Office	Address, City, State, Zip	Phone
Region 1	600 Andrew Ave, South Hutchinson, KS 67505	620-728-0180
Region 2	900 SW Jackson, Ste. 1041 Topeka, KS 66612	785-296-2962
Region 3	16010 Metcalf, Suite 105 Stilwell, KS 66085	913-236-9385
Region 4	130 S. Market, #5063 Wichita, KS 67202	316-347-1429
Region 5	1509 Avenue P Dodge City, KS 67801	620-225-2439
Region 6	PO Box 1812 Hays, KS 67601	785-628-3121
Region 7	900 SW Jackson, Suite 1041 Topeka, KS 66612	785-296-6017
Region 8	16010 Metcalf, Suite 105 Stilwell, KS 66085	620-230-0743
Region 9	130 S Market, Suite 563 Wichita, KS 67202	316-640-3710

Centers For Independent Living



1. LINK, Inc.	Hays	800-569-5926
2. Independent Connection	Salina	800-526-9731
3. Three Rivers, Inc.	Wamego	800-555-3994
4. Topeka Independent Living Resource Center	Topeka	785-233-4572
5. Independence, Inc.	Lawrence	785-841-0333
6. Coalition for Independence	Kansas City, KS	913-321-5140
7. The Whole Person, Inc.	Kansas City, MO	800-878-3037
8. Resource Center for Independent Living	Osage City	800-580-7245
9. Independent Living Resource Center	Wichita	800-479-6861
10. Southeast Kansas Independent Living Resource Center	Parsons	800-688-5616
11. Prairie Independent Living Resource Center	Hutchinson	888-715-6818
Statewide Independent Living Council of Kansas, Inc.	Topeka	800-217-4525

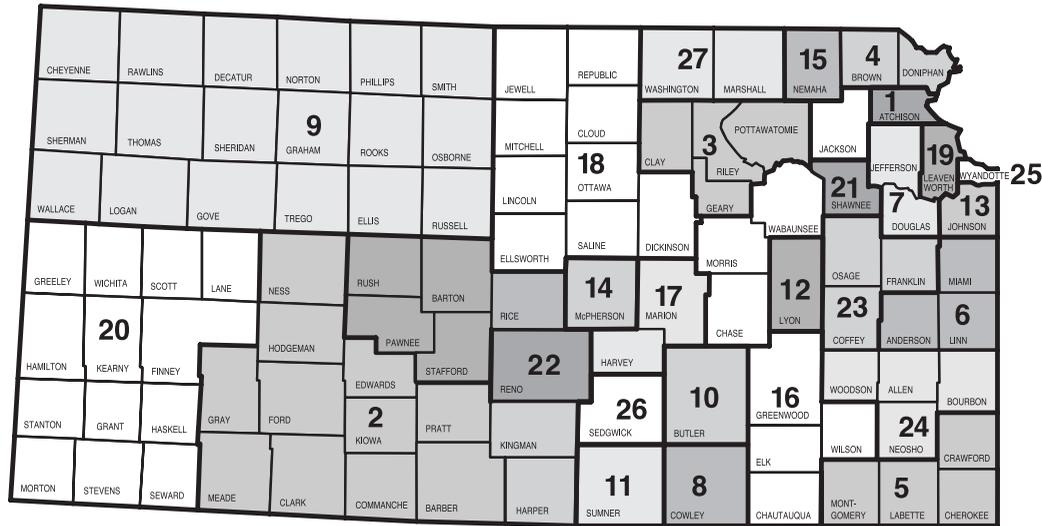
Community Mental Health Centers of Kansas



Consult this map to find the Community Mental Health Center (CMHC) serving your area. The city listed with each organization indicates the Center's office location. Service areas may include other counties.

1.	Area Mental Health Center	Garden City	620-276-6470
2.	Bert Nash CMHC, Inc.	Lawrence	785-843-9192
3.	Central Kansas MHC	Salina	785-823-6322
4.	CMHC of Crawford County	Pittsburg	620-231-5130
5.	Family Service & Guidance Center	Topeka	785-232-5005
6.	Four County MHC	Independence	620-331-1748
7.	Elizabeth Layton Center	Ottawa	785-242-3780
8.	High Plains CMHC	Hays	785-628-2871
9.	Horizons Mental Health Center	Hutchinson	620-931-2317
10.	Iroquois Center for Human Development	Greensburg	620-723-2272
11.	Johnson County MHC	Mission	913-826-1500
12.	Kanza MH & Guidance Center	Hiawatha	785-742-7113
13.	Labette Center for MH Services	Parsons	620-421-3770
14.	MHC of East Central KS	Emporia	620-343-2211
15.	Elizabeth Layton MHC	Paola	913-557-9096
16.	The Guidance Center	Leavenworth	913-682-5118
17.	Pawnee Mental Health Services	Manhattan	785-587-4300
18.	Prairie View, Inc.	Newton	316-284-6400
19.	Comcare of Sedgwick County	Wichita	316-660-7655
20.	Valeo Behavioral Health Care	Topeka	785-228-3071
21.	South Central MH Counseling Center	Augusta	316-775-5491
22.	Southeast Kansas MHC	Iola	620-365-8641
23.	Southwest Guidance Center	Liberal	620-624-8171
24.	Spring River MH & Wellness	Riverton	620-848-2300
25.	Sumner County MHC	Wellington	620-326-7448
26.	Center for Counseling & Consultation Services	Great Bend	620-792-2544
27.	Wyandot Center for Community Behavioral Healthcare	Kansas City	913-233-3300

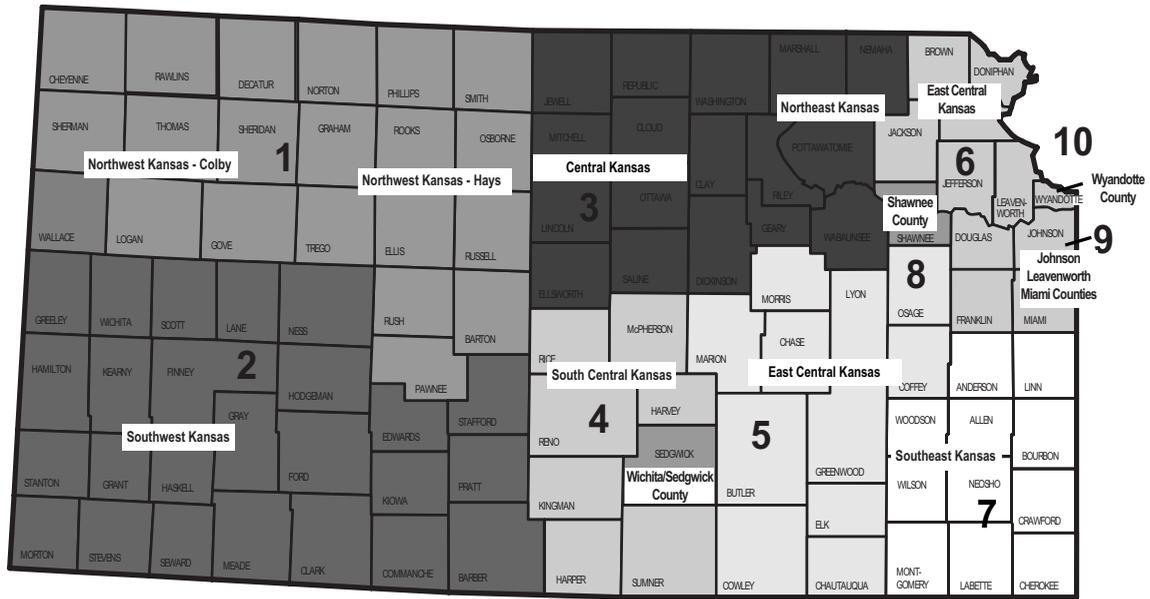
Community Developmental Disability Organizations



Consult this map to find the Community Developmental Disability Organization serving your area. The city listed with each organization indicates location of office. Service areas may include other counties.

1.	Achievement Services for Northeast Kansas	Atchison	913-367-2432
2.	Arrowhead West, Inc.	Dodge City	620-227-8803
3.	Big Lakes Developmental Center, Inc.	Manhattan	785-776-9201
4.	Brown County Developmental Services, Inc.	Hiawatha	785-742-3959
5.	CDDO of Southeast Kansas	Columbus	620-429-1212
6.	Tri-Ko., Inc.	Osawatomie	913-755-3025
7.	Cottonwood, Inc.	Lawrence	785-842-0550
8.	Cowley County Developmental Services, Inc.	Winfield	620-221-5404
9.	Developmental Services of Northwest Kansas	Hays	785-625-5678
10.	CDDO of Butler County	El Dorado	316-322-8777
11.	Futures Unlimited, Inc.	Wellington	620-326-8906
12.	Hetlinger Developmental Services	Emporia	620-342-1087
13.	Johnson County Developmental Support	Lenexa	913-826-2600
14.	McPherson County CDDO	McPherson	620-245-5211
15.	Nemaha County Training Center	Seneca	785-336-6116
16.	New Beginnings Enterprises, Inc.	Neodesha	620-325-3333
17.	Harvey-Marion County CDDO	Newton	316-283-7997
18.	Disability Planning Organization of Kansas, Inc.	Salina	785-823-3173
19.	Riverside Resources, Inc.	Leavenworth	913-651-6810
20.	Southwest Developmental Services, Inc.	Garden City	620-275-7521
21.	Shawnee County CDDO	Topeka	785-232-5083
22.	Reno County CDDO	Hutchinson	620-663-2219
23.	COF Training Services, Inc.	Ottawa	785-242-5035
24.	Tri-Valley Developmental Services, Inc.	Chanute	620-431-7401
25.	Wyandotte County CDDO	Kansas City	913-573-5502
26.	Sedgewick County CDDO	Wichita	316-660-7630
27.	TwinValley Dev. Services	Greenleaf	785-747-2251

Regional Prevention Centers



Consult this map to determine the Regional Prevention Center serving your area.

1. Smoky Hill Foundation for Chemical Dependency	Hays	785-625-5521
2. RPC of Southwest Kansas	Garden City	620-276-9624
3. Central Kansas Foundation	Salina	785-825-6224
4. Preferred Family Healthcare	Wichita	316-943-2051
5. MHC of East Central Kansas	Emporia	620-340-6085
6. DCCA , Inc	Lawrence	785-841-4138
7. Preferred Family Healthcare	Iola	620-365-8408
8. RPC of Shawnee	Topeka	785-266-8666
9. Johnson County MHC	Olathe	913-715-7880
10. Mirror, Inc	Kansas City	913-371-9668

Kansas Social Security Offices

National Automated Toll-Free 800-772-1213

TTY 800-325-0778

www.ssa.gov

Office hours are Monday, Tuesday, Thursday, Friday - 9:00 a.m. to 3:00 p.m.
Wednesday - 9:00 a.m. - Noon.

Office	Address, City, State, Zip	Telephone/fax
Dodge City	2204 Summerlon Cir, Dodge City, KS 67801	877-694-5494
Hays	1212 E. 27th St., Hays, KS 67601	888-552-7176
Hutchinson	811 E. 30th Ave., Suite A, Box 2107, Hutchinson, KS 67502	877-846-8333
Independence	2125 N. Penn Ave., Independence, KS 67301	877-512-3855
Joplin	4102 S. Arizona Ave., Joplin, MO 64804	866-964-7421
Kansas City	850 Nebraska Ave., Kansas City, KS 66101	866-331-2197
Lawrence	1440 Wakarusa Dr., Ste 200, Lawrence, KS 66049	866-698-2561
Lenexa	15375 W. 95th St., Lenexa, KS 66214	877-445-9978
Manhattan	1121 Hudson Avenue, Suite A, Manhattan, KS 66503	877-840-5741
Salina	1410 E. Iron, Suite 7, Salina, KS 67401	877-405-3494
St. Joseph	1402 N. Woodbine Rd, St. Joseph, MO 64506	888-366-6148
Topeka	600 SW Commerce Place, Topeka, KS 66615	888-327-1271
Wichita	3216 N. Cypress St., Wichita, KS 67226-6515	866-931-9173
Nevada, MO (Bourbon County only)	120 S Commerce, Nevada, MO 64772	888-808-5441

Kansas Commission on Veterans Affairs

Veterans Administration National Toll-Free Number 800-827-1000

www.kcva.org or www.va.gov

Kansas Persian Gulf War Health Initiative 800-513-7731

Field Office	Address/City/State/Zip	Telephone
Colby	990 S. Range, Suite 3 Colby, KS 67701	785-462-3572
Emporia	702 Commercial St., Kress Center, Suite 1D, Emporia, KS 66801	620-342-3347
Ft. Dodge	714 Sheridan, Unit 87 Ft. Dodge, KS 67843	620-225-4041
Hays	207 East 7th Street, Ste C Hays, KS 67601	785-625-8532
Hutchinson	1625 E 30th Hutchinson, KS 67501	620-662-7131
Independence	201 N. Pennsylvania, Ste. 105 Independence, KS 67301	620-331-0540
Junction City	Municipal Building, Box 311 Junction City, KS 66441	785-238-4522
Lawrence	745 Vermont Street Lawrence, KS 66044	785-843-5233
Leavenworth	Dwight D. Eisenhower VA Medical Center 4101 S. 4th Street Leavenworth, KS 66048	913-682-2000 800-574-8387 (Am. Legion) x54297 800-952-8387 (VFW) x54296
Manhattan	317 Houston St. Manhattan, KS 66502	785-587-0373
Overland Park	10107 W. 105, Ste B Overland Park, KS 66212	913-371-5968
Salina	1410 East Iron, Ste 3B Salina, KS 67401	785-823-2862
Topeka	700 SW Jackson, Suite 1004 Topeka, KS 66603	785-296-3976
	Colmery-O'Neil VA Medical Center 2200 Gage Topeka, KS 66622	785-350-3111 800-574-8387 x 54489 (Am. Legion) 800-574-8387 x 54491 (VFW)
Wichita	VA Medical and Regional Office 5500 East Kellogg, PO Box 21318 Wichita, KS 67218	316-688-6869 888-878-6881 x 56869 (Am. Legion) 888-878-6881 x 56801(VFW)
Winfield	Kansas Veterans Home 1220 WWII Memorial Drive Winfield, KS 66156	620-221-9021

Directory of Services

Service Providers By County

This section lists providers of information and services to senior Kansans by county for Planning and Service Area (PSA) 11. For various reasons, a provider may be available but not listed, or listed and no longer available. Phone numbers also change. Contact the Johnson County Area Agency on Aging for the most current information in your county.

Every effort has been made to ensure the accuracy of the information provided. However, human (and computer) errors do happen. If you find inaccurate information, please contact the Johnson County Area Agency on Aging at the phone number on the back of this booklet.

If you provide information and/or services to seniors and wish to be included in this directory of services, contact the Johnson County Area Agency on Aging. The Kansas Department for Aging and Disability Services, in cooperation with the Area Agencies on Aging, reserves the right to determine the appropriateness of the material included. The purpose of this directory is to provide information that will allow senior Kansans to remain in their homes as long as possible and to maintain their security, dignity, and independence.

If you would like a list of licensed nursing facilities in your county, contact the Johnson County Area Agency on Aging, call **800-432-3535** or access information on the web at www.kdads.ks.gov or www.medicare.gov/nhcompare.

The Kansas Department for Aging and Disability Services (KDADS) does not endorse the products, services or manufacturers in this booklet. Names appear solely because they are considered a source of information. KDADS assumes no liability for the use or contents of any product or service mentioned in this resource directory.

It is a misdemeanor to use the information in this directory for the purpose of selling or offering to sell property or services to the entities listed herein except in the limited circumstances provided for in KSA 21-3914.



Published by the Kansas Department for Aging and Disability Services
503 S. Kansas Avenue
Topeka, KS 66603
1-800-432-3535

This directory is also available at www.kdads.ks.gov



Johnson County Area Agency on Aging

Local hosts for the Kansas Aging and Disability Resource Center

11811 South Sunset, Ste. 1300
Olathe, KS 66061-7056
Voice: 913-715-8861
Fax: 913-715-8825
TDD: 800 766-3777

Outside the Greater
Kansas City area:
Toll-free: 888-214-4404

Visit our website for an overview of all department services: www.jocogov.org/hsd

The Johnson County Area Agency on Aging (AAA) provides a number of direct and contracted services for the 60+ population. Current services include:

Aging Information & Assistance - your first stop in accessing Area Agency on Aging services . . . providing information on aging issues, services, and resources over the phone, via email, or in person by appointment. **(913) 715-8861** Outside the greater Kansas City area, call toll-free, 1-888-214-4404 x58861

Aging Publications - A variety of print and electronic materials provide important information of interest to senior adults and family caregivers. *The Best Times* newspaper is available to Johnson County residents age 60 and over to keep you current on aging services, activities and issues. *The Best Times* is also available online at www.TheBestTimes.org.

Geriatric Care Management - works with older adults and their families to assess complex situations requiring coordination of many services.

Family Caregiver Support - information, assistance and support for individual family caregivers.

CARE (Client Assessment, Referral and Evaluation) - provides assessment and referral services, including Level II mental health evaluations, as needed, to individuals prior to admission to a nursing facility in order to explore community-based service options.

SHICK (Senior Health Insurance Counseling for Kansas) - trained volunteers work with individuals to provide information about Medicare, Medicare supplements and insurance plans, long-term care insurance and prescription drug assistance.

Medication Management – Nurses visit private homes regularly to set up medications and monitor their use.

Respite Programs - an in-home substitute caregiver, adult daycare facility or care facility providing temporary relief for a non-paid caregiver.

Homemaker/Chore Services - includes light housekeeping, laundry, meal preparation and shopping. Chore Services provide heavy cleaning.

Personal Care Services - provides supervision or assistance with bathing, grooming and other personal care services.

Legal Services - Kansas Legal Services provides legal consultation, representation, education and assistance with access to government benefits.

Johnson County Area Agency on Aging does not recommend specific service providers. Providers listed in Explore Your Options may not include all resources in the area, nor is inclusion meant to be a recommendation or endorsement of a particular service or organization.



Aging & Disability Resource Center

1-855-200-ADRC (2372)
www.kdads.ks.gov

Health Promotion – Evidence-based programs are offered to promote health and wellness.

Volunteer Opportunities – The AAA offers many opportunities for volunteers to assist us in our mission of supporting health and independence for older adults in the county.

REGIONAL DIRECTORY: AREA 11

For further information
and updates contact:

Johnson County Area Agency on Aging
11811 South Sunset, Ste. 1300

Olathe, Kansas 66061

Voice: 913-715-8861

Fax: 913-715-8825

TDD: 800-766-3777

Outside the Greater Kansas City Area

Toll-free: 888-214-4404

Placing Local Calls Across the State Line:

When you place local calls across the state line from the 913 to the 816 area code (or vice versa), you need to dial the area code before the number (10 digits instead of seven). You don't need to dial "1" first except for long distance calls.

Aging and Disability Resource Center – The Area Agency on Aging hosts your local Aging and Disability Resource Center (ADRC), where people can turn for information, assistance, and a single point of entry to public long-term care support programs and benefits. ADRCs provide unbiased, reliable information and options assistance to persons eligible for Medicaid Home and Community Based Services (HCBS) for Frail Elderly, Physical Disabilities, and Traumatic Brain Injuries, as well as assessment services for persons considering a move to a nursing facility.

A Private Pay Care Management service is offered through the ADRC. This service assists those who need help in setting up services for seniors in Johnson County.

To connect with the ADRC, call 913-715-8820.

JOHNSON COUNTY

ADULT DAY CARE

A New Day At Home
Home-Plus Home
Leawood, 913-440-0204
(*Alzheimer's care*)

Benton House
Prairie Village 913-648-3333
(*General and memory care, adult daycare, respite stays.*)

Bickford of Overland Park
(*Alzheimer's/memory care*)
Overland Park, 913-642-5400

Cedar Lake Village
Olathe, 913-780-9916

Cypress Springs
Assisted Living
Overland Park, 913-901-8500
(*Alzheimer's & Memory Support Residence*)

Golden Living Center
Spring Hill, 913-592-3100

Great Days at Village Shalom
(*Alzheimer's/memory care*)
Overland Park
913-963-9142 or 913-266-8450

The Heritage of Overland Park
(*Alzheimer's/memory care*)
Overland Park, 913-912-7811

Homestead of Lenexa
Lenexa, 913-894-0014

Homestead North Memory Care
Olathe, 913-829-1403

Homestead of Olathe South
Olathe, 913-829-4663

Loving Arms Adult Day Care
Kansas City, MO 816-941-0224

M&M Care
Shawnee, 913-962-0912

Olathe Good Samaritan Center
Adult Day-Care Services
Olathe, 913-782-1372

Springview Home Plus & Adult
Daycare, Overland Park,
913-302-1785 or 913-310-0166

ALZHEIMER'S/MEMORY CARE & SUPPORT

The Alzheimer's Association
Heart of America Chapter
Prairie Village, 913-831-3888
24 hr helpline: 800-272-3900

Alzheimer's disease –
Kansas Support Groups
For information on dates, times and locations, call
913-831-3888

Alzheimer's/Cognitive Care Safety
& Support Programs

* MedicAlert® + Alzheimer's
Association Safe Return®
1-888-572-8566
(*A 24-hour nationwide emergency response service for individuals with Alzheimer's or dementia who wander or have a medical emergency. ID bracelet or pendant connects to service which maintains emergency contact information.*)

*Take Me Home
Olathe, 913-782-0720
(*A free service for adults & children in Johnson County with verbal or cognitive impairments. The Johnson County Sheriff's office maintains picture, physical description, disability & emergency contacts.*)

Memory Clinic /Neurology Dept.,
University of Kansas
Medical Center (Fairway campus)
Fairway, 913-588-0970

APARTMENT COMPLEXES

Aberdeen Village
(*Retirement Community*)
Olathe, 913-599-6100
866-212-3327

The Atriums
(*Retirement Community*)
Overland Park, 913-381-6000

Bethel Estates
(*55+ community*)
Gardner, 913-856-4107

BlackHawk Commons, The Villas
at (*Maintenance Free Independent Living Homes*)
Spring Hill, 913-592-2860

Blue Jacket Lodge
(*Subsidized, Elderly*)
Shawnee, 913-268-6470

Brittany Court Apartments
(*Subsidized, Elderly*)
Gardner, 913-856-7826

Brookdale Overland Park
(*Retirement Community*)
Overland Park, 855-354-3800

Brookdale Leawood
Leawood, 877-713-2765

Cedar Lake Village
(*Retirement Community*)
Olathe, 913-780-9916

Covenant Place of Lenexa
Lenexa, 913-307-2000

Clearview City
(*multigenerational*)
De Soto, 913-583-1451

JOHNSON COUNTY

College Way Village (Subsidized, Elderly) Olathe, 913-782-6131	Legacy Senior Residences Olathe, 913-254-9139	Park North Apartments I & II (Cooperative) Olathe, 913-782-4124
Dunes at St. Andrews Overland Park, 913-871-4297	Liberty Christian Life Center Olathe, 913-764-4359	Park Seven Apartments (Subsidized) Olathe, 913-782-7988
Community Living Opportunities (Subsidized) (Developmentally Disabled Adults) Lenexa, 913-341-9316	Marty Lane I & II (Subsidized Group Home for Individuals with Developmental Disabilities) Overland Park, 913-341-9316	Parkview Manor (Subsidized, Elderly) Olathe, 913-971-6260 Voice/TTY
Faith Village Group Homes (Subsidized) (Developmentally Disabled Adults) Overland Park, 913-469-5566, 913-856-4607	Medical Lodge Cottages (multi-generational) Gardner, 913-856-6520	Poplar Court (Subsidized, Elderly) Olathe, 913-782-8141
(The) Forum at Overland Park (Retirement Community) Overland Park, 913-648-4500	Millbrooke Apartments (Subsidized) Olathe, 913-782-4641	Prairie Lakes (Affordable Handicapped Apartments for All Ages) Shawnee, 913-268-4767
(The) Gardens at Creekside (Retirement Community) Olathe, 913-764-0607	Mission Square (Retirement Community) Mission, 913-403-8200	Quail Valley Apartments (Cooperative) Lenexa, 913-888-0414
Garden Villas of Lenexa (Retirement Community) Lenexa, 913-492-1133	Olathe Towers (Good Samaritan Society-Olathe) (Subsidized, Elderly) Olathe, 913-782-6131	Ridgeview Village I (Subsidized, Elderly) Olathe, 913-888-1600
Highland Villas (Patio homes, 55+) 913-522-7167	Overbrooke Hills (Subsidized) Merriam, 913-236-7728	Ridgeview Village II (Subsidized, Elderly) Olathe, 913-888-3328
(The) Villas at Grace Gardens (Retirement Community) Leawood, 913-681-0800	Overland Park Estates (Subsidized) Overland Park, 913-341-8214	Rosewood Place Apartments Lenexa, 913-492-7700
Greenwood Terrace (Retirement Community) Lenexa, 913-345-9969	Overland Park Place (Retirement Community) Overland Park, 913-383-9876	Santa Fe Towers I & II (Subsidized, Elderly) Overland Park, 913-642-5995
Lakemary Center (Subsidized) (Developmentally Disabled Adults) Olathe, v 913-768-6831 Mission, 913-671-1800	Overland Towers (Subsidized, Elderly) Overland Park, 913-341-3113	Santa Marta (Retirement Community) Olathe, 913-906-0990
	Park Meadows Senior Living (Retirement Community) Overland Park, 913-901-8200	Shawnee Hills Senior Living (Retirement Community) Shawnee, 913-631-3838

JOHNSON COUNTY

Shawnee Station <i>(Affordable Handicapped Apartments for All Ages)</i> Shawnee, 913-631-2255	ASSISTED LIVING Aberdeen Village The Highlands Olathe, 913-599-6100	(The) Court at Overland Park <i>(Alzheimer's Assisted Living)</i> Overland Park, 913-491-1144
Silvercrest at Deer Creek <i>(Retirement Community)</i> Overland Park, 913-681-1101	Avonlea Cottages of Olathe Olathe, 913-829-6920	Covenant Place of Lenexa Lenexa, 913-307-2000
Sunflower Apartments <i>(Subsidized, Elderly)</i> Merriam, 913-236-9525	(The) Atriums <i>(Independent living, services)</i> Overland Park, 913-381-6000	(The) Forum at Overland Park <i>(Retirement Community)</i> Overland Park, 913-648-4980
Tallgrass Creek <i>(Retirement Community)</i> Overland Park, 913-897-2700	BlackHawk Assisted Living Spring Hill, 913-592-5101	(The) Gables Overland Park, 913-345-2200
Town Village Leawood <i>(Retirement Community)</i> Leawood, 913-491-3681	Benton House Prairie Village, 913-648-3333	(The Manor at) Grace Gardens & the Special Care Center <i>(Residential & Alzheimer's care)</i> Leawood, 913-685-4800
Valley Springs Senior Apartment Homes De Soto, 913-585-9998	Bickford at Mission Springs <i>(Residential and Alzheimer's care)</i> Mission, 913-831-7700	(The) Heritage of Overland Park <i>(Alzheimer's and dementia care),</i> 913-890-4393
The Villas at Village Shalom <i>(Independent Living Homes)</i> Overland Park, 913-317-2600	Bickford of Overland Park <i>(Residential & Alzheimer's care)</i> Overland Park, 913-642-5400	Hillside Village of De Soto De Soto, 913-583-1266
(The) Welstone at Mission Crossing – Mission <i>(Opening early 2015)</i> 913-788-6045	Brighton Gardens of Prairie Village Prairie Village, 913-262-1611	Homestead of Leawood Leawood, 913-663-3351
Westerfield North I and II Townhouses. <i>(Cooperative)</i> Olathe, 913-764-0661	Brookdale Leawood State Line <i>(Alzheimer's and dementia care),</i> 866-833-8704	Homestead of Lenexa Lenexa, 913-894-0014
Westerfield Townhouses I, III and IV <i>(Cooperative)</i> Olathe, 913-782-1650	Brookdale Overland Park Glenwood <i>(Residential & Alzheimer's care)</i> 877-712-9840	Homestead of Olathe North Memory Care Olathe, 913-829-1403
Wyndam Place Senior Residence Shawnee, 913-248-8787	Brookdale Rosehill Shawnee, 866-833-8707	Homestead of Olathe South Olathe, 913-829-4663
	Brookdale Shawnee <i>(Alzheimer's and dementia care)</i> Shawnee, 866-833-8707	Manorcare Health Services Overland Park, 913-383-2569
	Cedar Lake Village Olathe, 913-780-9916	Overland Park Place <i>(Independent living with services)</i> Overland Park, 913-383-9876

JOHNSON COUNTY

Park Meadows Senior Living
(Residential and memory care)
Overland Park, 913-871-3725

Rose Estates
Overland Park, 913-825-9600

Santa Marta
Olathe, 913-906-0990

Shawnee Heartland Assisted Living
Shawnee, 913-248-6600

Silvercrest at Deer Creek
Overland Park, 913-681-1101

Stratford Commons
Assisted Living
Overland Park, 913-851-0215

Sunrise of Leawood
Leawood, 913-906-0200

Sunrise of Lenexa
(Residential and Alzheimer's care)
Lenexa, 913-307-0665

Sunrise of Overland Park
Overland Park, 913-685-3340

Tallgrass Creek
Overland Park, 913-897-2700

Travanse Living
(Assisted Living & Memory Care -
Opening April 2015)
Olathe, 913-791-0200

Village Shalom Enhanced Living
Apartments
& Shalom Suites
(Residential and Alzheimer's care)
Overland Park, 913-317-2600

Vintage Park at Gardner
Gardner, 913-856-7643

Vintage Park at Lenexa
Lenexa, 913-894-6979

Vintage Park at Stanley
Overland Park, 913-897-1414

ASSISTIVE TECHNOLOGY

(Also see Medical Equipment)
Assistive Technology for Kansans
(ATK) 1-800-526-3648, 1-800-
KAN DO IT
(AT assessments, equipment reuse/
reutilization program, partners
with the Kansas AgriAbility
Program for disabled/injured
farmers and ranchers of Kansas.)
<http://atk.ku.edu/>

Coalition for Independence
Assistive Technology Center
Kansas City, KS
913-321-5140

Videophone: 913-227-4298
(Information & advocacy,
equipment, medical equipment
recycling, home modification
resources.)

The K-Loan Program
Southeast Kansas Independent
Living (SKIL) www.k-loan.net
Parsons, KS 620-421-6554,
866-465-2826
(Low-interest loans to help
Kansans buy assistive,
adaptive, and rehabilitative
technology devices for hearing,
vision, and mobility.)

ATTENDANT CARE

(See Home Health)

AUDIO READER

(Also see Talking Books)

Audio-Reader Network
Lawrence, 800-772-8898

**CARE (Client Assessment,
Referral and Evaluation)**
(when considering a move to a
nursing facility)

Johnson County Area
Agency on Aging
Olathe, 913-715-8857

CASE MANAGEMENT

Geriatric Care Management
Johnson County Area
Agency on Aging
Olathe, 913-715-8861

Barr Private Care
Overland Park, 913-438-3311

Benefits of Home – Senior Care
Bonner Springs, 913-721-9858

Cancer Action, Inc.
Overland Park, 913-642-8885

The) Caring Heart
Overland Park, 913-901-8666

Carondelet Care Resources
Overland Park, 913-529-4870

Catholic Community Services
Overland Park, 913-621-5190

Comfort Keepers
Leawood, 913-385-2636

Communityworks, Inc.
Overland Park, 913-789-9900

Creative Care Consultants
Kansas City, MO 816-746-1208
or 877-444-7188

Daughters & Company
Overland Park, 913-341-2500

Elder Care-Total Case
Management
Kansas City, MO
913-722-2828 or 816-333-3322

JOHNSON COUNTY

Interim HealthCare
Leawood, 913-381-3100

Jewish Family Services
Overland Park, 913-327-8250

Kansas City Home Care, Inc.
Overland Park, 913-341-4800

Life Transition Resources
Overland Park, 913-735-5859

Prairie Elder Care
Overland Park, 913-257-5425

ResCare Home Care
Overland Park, 913-696-1020

St. Luke's Home Care & Hospice,
Kansas City, MO
816-756-1160

(Also see Social Workers in your phone book or find a care manager through The National Association of Professional Geriatric Care Managers at <http://memberfinder.caremanager.org/>)

CHORE SERVICES

Johnson County
Area Agency on Aging
Senior Care Act
Olathe, 913-715-8861

Alliance Home Health Care
Kansas City, 913-233-0160

Benefits of Home
Bonner Springs, 913-721-9858

ComForcare Senior Services
Lenexa, 913-906-9880

Comfort Keepers
Leawood, 913-385-2636

Hearts at Home LLC
Overland Park, 913-440-4209

Home Cleaning Centers
of America
Olathe, 913-768-6664
Overland Park, 913-384-5662

ResCare Home Care
Overland Park, 913-696-1020

(Also see House Cleaning in your phone book's Yellow Pages.)

CONTINUING CARE RETIREMENT

Aberdeen Village
Olathe, 913-599-6100

Claridge Court
Prairie Village, 913-383-2085

Covenant Place of Lenexa
Lenexa, 913-307-2000

(The) Forum at Overland Park
Overland Park, 913-648-4500

Lakeview Village
Lenexa, 913-888-1900

Santa Marta
Olathe, 913-906-0990

Tallgrass Creek
Overland Park, 913-945-2144

DISABILITY SERVICES

Services for individuals with visual, hearing, mental, or physical disabilities. Also see Disability Organizations at

<http://www.k4a.org/resources/disability-organizations>.

Accessibility Program
Johnson County Human Services
Olathe, 913-715-8916,
TDD: 800-766-3777
(Services for individuals with a disability under the age of 60, case management, home-delivered meals, light housekeeping.)

Aging & Disability
Resource Center
Johnson County Area Agency on
Aging, Olathe
913-715-8920,
TDD: 800-766-3777
1-855-200-2372 www.ksadrc.org
(Information & options for long-term care support programs and benefits. KanCare/HCBS Medicaid assessments for Frail Elderly, Physical Disabilities, and Traumatic Brain Injuries.)

Alphapointe Association for the
Blind, Kansas City, MO
816-421-5848
www.alphapointe.org

(Rehabilitation, assessment, and treatment for patients with vision loss. Connecting Pointe Retail Store)

ARCare
Overland Park, 913-648-0233
www.arcare.org

JOHNSON COUNTY

(Long-term & financial planning, representative payee, and trust program for individuals with disabilities.)

Associated Audiologists, Inc.
Shawnee Mission 913-403-0018
Voice/TTY
Prairie Village, 913-262-5855
Overland Park, 913-498-2827
(Private audiologists, hearing evaluations, hearing aids/repairs, rehabilitation.)

Audio-Reader Network
Lawrence, KS
800-772-8898, 785-864-4600
www.reader.ku.edu
(Reading information services for the blind and visually impaired)

Coalition for Independence
Kansas City, KS
913-321-5140
Videophone: (913) 227-4298
(Information & advocacy, equipment, medical equipment recycling, home modification resources.)

College Resources for Disabled Students 1-281-846-3072
(Online guide for disabled students with physical and/or learning disabilities.)

Communication Speech Therapy
Research Medical Center
Kansas City, 816-276-4023

Communityworks, Inc.
Overland Park, 913-789-9900,
866-429-6757
www.communityworksinc.com
(In-home services for individuals with physical disabilities, traumatic brain injury, & frail elderly. Advocacy/employment support.)

Disability Rights Center
of Kansas
Topeka, KS
785-273-9661, 877-776-1541
877-335-3725 Toll-free TTY
(Informs individuals with disabilities about their legal rights, represents clients, & investigates complaints.)

(The) Dream Works, Inc.
Kansas City, KS 913-281-8695
(Information, assistance, advocacy, and resources for physically disabled; persons with head injuries, development disabilities)

Handicap Conversions Inc.
Kansas City, MO
816-471-0305,
800-809-LIFT(5348)
www.handicapconversions.com
(Van rentals & conversions, chair lifts, hand controls for vans, wheelchairs, scooters, cars, etc. Stairlifts and ramps.)

Helen Keller National Center
Great Plains Regional Office
450 E. Park St., Olathe
913-677-4562
Videophone 913-227-4282
(Information/referral, advocacy, education, training for Kansas, Missouri, Iowa, Nebraska residents who are deaf-blind.)
www.hknc.org

Heartland Therapeutic Riding
Bucyrus, 913-897-3939
(Therapeutic & recreational horseback riding for persons with a disability.)

Independence, Inc.
2001 Haskell Ave.
Lawrence, 785-841-0333
(An information & advocacy center for independent living. Assistive technology & equipment, independent living skills training, personal assistance, peer support and counseling, transportation.)

Johnson County
Developmental Supports
Lenexa, 913-826-2626
(Serves people with intellectual and developmental disabilities and advocates alongside people to live and work in our community.)

Johnson County Library
Outreach Services
Overland Park, 913-826-4600
Text: 913-667-7523
(Equipment/software for limited vision, mobility, and learning disabilities. Home Connect services for homebound residents. Talking books. Programs for seniors.)

Johnson County Motor Vehicle
Department
Olathe, 913-826-1800
(Disabled parking placard or license plate.)

Kansas Association of
Centers for Independent Living
Topeka, 785-215-8048 Voice/TTY
(Agencies that provide services, information, and advocacy for people with disabilities.)

JOHNSON COUNTY

Kansas Commission for the Deaf & Hard of Hearing
Kansas Department for Children and Families
Topeka, 1-888-369-4777 TTY 785-296-1491
(Information referral, sign language interpreter coordinating, Kansas Quality Assurance Screening KQAS for sign language interpreters, online registry of sign language interpreters, lending library.)

Kansas Commission on Disability Concerns
Topeka 1-800-295-5232 (voice) TTY: 711 for Relay Service
(Provide disability related information re work, school, daily living, legislation, and advocacy.)

Kansas Department for Aging and Disability Services (KDADS)
Topeka, KS 66603
800-432-3535, 785-296-4986
TTY: 785-291-3167
(Oversight of long-term care and community-based & services for Kansas older adults and persons with disabilities which promote security, dignity and independence.)

Kansas State School for the Blind, Kansas City, KS
913-305-3000, 1-800-572-5463
(Serves blind, visually impaired, deaf-blind and blind-disabled youth/young adults in Kansas. On-campus K-12 program & consultation.)

Kansas School for the Deaf
Olathe 913-210-8200
Serves deaf and hard of hearing deaf-blind and deaf-disabled ages 3-21 with hearing loss that interferes with education.

Kansas Human Rights Commission
Topeka, 785-296-3206,
TTY: 785-296-0245
(Advocates to prevent or eliminate discrimination in housing, employment, accessibility based on race, religion, color, sex, age, national origin, or disability.)

Kansas Talking Books
Emporia, KS, 800-362-0699
620-341-6280

Kansas Telecommunications Access Program (TAP) Assistive Technology for Kansas
Parsons, KS 800-526-3648, 866-666-1470
(Vouchers for specialized telecommunication services for persons with disabilities. Download & print application.)

Olathe Public Library
Homebound Services
Olathe, KS 66061
913-971-6879,
913-971-6855/TTY

Out of Step - The Marketplace of Possibilities
(An online tool for people with disabilities. Grow your business, pursue your passions and promote your talents!
www.outofstep.com)

Project Walk – Kansas City
Spinal Cord Injury
Recovery Center
Overland Park, 913-451-1500

Services for Children and Youth with Special Health Care Needs
Kansas Department of Health and Environment
Kansas City, KS 913-588-6343
(Promotes functional skills by providing or supporting specialty health care for Kansans under the age of 22 who have a disability or chronic disease.)

United Access - Mobility for Living/Service for Life
Lenexa, Kansas 913-894-8080,
1-877-669-0785
(Wheelchair vans for rental or sale, wheelchair lifts, hand controls, scooter lifts, wheelchair ramps, etc...)

(The) Whole Person, Inc.
Kansas City, MO
816-561-0304, 800-878-3037
(A community-based, consumer-controlled, cross-disability center for independent living. Information, advocacy, services, resources)

ELDERCARE LOCATOR

800-677-1116
(For TTY service dial “711” for the relay operator. Ask the operator to connect you to the Eldercare Locator at 800-677-1116.)

EMERGENCY ALERT DEVICES

Accessibility Remodeling
Freedom Alert system
Shawnee Mission,
913-831-4444

ADT Companion Service
Personal Emergency Response
Jacksonville, FL 877-678-6952
Alert 1 – Medical Alert Systems,
Williamsport, PA
1-888-981-9895

JOHNSON COUNTY

Caring Responders
Kansas City, MO
1-866-993-0661

Carondelet Care Resources
Overland Park, 913-529-4870

ComForcare Senior Services
Lenexa, 913-906-9880

Comfort Keepers
Safety Choice
Leawood, 913-385-2636

CST- Link to Life
1-888-557-4462
(Emergency response, smoke alarm, fall detector, strobe light, programmable reminder messages, and cellular no land-line option.)

5-Star Urgent Response – Great
Call 1-866-333-1747
(Affordable medical alert. Available at Walmart pharmacy.)

Helping Solution, LLC
Overland Park, 913-213-3202

Home Buddy, LLC
(help button, Rx dispensers, GPS on the go help button)
Wichita, 866-922-8339

Home for Life Solutions
Lee's Summit, MO
877-216-2742

Integrity Home Care
Integrity Lifeline
Leawood, 913-685-1616
or 866-974-1616

Interim Health Care
Interim Connect
Overland Park, 913-381-3100

Kansas Telecommunications
Access Program (TAP)
Emergency Response Phone
1-800-526-3648
1-866-666-1470
(Vouchers for a free adjustable-volume emergency phone or other specialized telecommunication equipment. Persons with hearing, vision, speech, cognitive, or mobility disabilities may apply and qualify based on income.)
Demonstration Site in Olathe
913-715-8924

LifeStation,
Sheepshead Bay, NY
877-288-4962

Med-Alert
Gladstone, MO
816-237-0516
(Critical medical information stored on a USB flash drive key chain.)

Metro Security Watch, LLC
Medical Alert Units
Kansas City, 913-432-9335,
888-785-0625

Philip's Lifeline
Personal Response Service
Framingham, MA
800-543-3546

ResCare Home Care
Rest Assured
(One-Touch, Telecare, and Drop-In Support)
Overland Park, 913-696-1020

Visiting Angels Living
Assistance Services
Guardian Alert 911 and Freedom
Alert systems
Kansas City, MO 816-361-9800

Walgreen's Ready Response
Medical Alert System
866-310-9061

FILE OF LIFE—*Emergency medical information vital to your survival, kept at home and in your car, available to rescue units in times of need.*

Johnson County Med Act Olathe,
913-715-1950

EXERCISE, HEALTH & WELLNESS

Arthritis Foundation
Prairie Village, 913-262-2233
Call for a list of exercise classes

Blue Valley Recreation
Commission
Overland Park, 913-685-6000

Olathe Community Center
913-971-8563

Fitness Plus More
Overland Park, 913-383-2636

Jewish Community Center
*Sports and Fitness Center
Overland Park, 913-327-8010

*Heritage Center
(Jewish Adults 65+)
913-327-8046

Johnson County Park & Recreation
District
50 Plus Programs
Shawnee Mission
913-831-3355

Lifetime Fitness Center, Johnson
County Community College,
Overland Park, 913-469-4432

JOHNSON COUNTY

Olathe Family YMCA
Olathe, 913-393-9622

Paul Henson Family YMCA
Prairie Village, 913-642-6800

Parkinson's Exercise Classes
Parkinson's Foundation, Leawood,
913-341-8828

Prairie Life Center (*aquatics*)
Overland Park, 913-648-8077

Roeland Park Community Center
Fitness Room
913-826-3160

Senior Flexercise Program
and Tai Chi for Arthritis
*(Stretching, strengthening, and
flexibility programs sponsored by
Johnson County Area Agency on
Aging and Johnson County Park
and Recreation District's 50 Plus
Program. Call 913-642-6410 for
a schedule at locations in Johnson
County. Donations accepted.)*

Village Shalom Spa & Wellness
Center, Overland Park
913-266-8409

HEALTH CARE SERVICES

ADAP Dental Plans
Overland Park, 913-851-3039

Affordable Care Act (ACA)
Marketplace Call Center
Health Insurance Marketplace
Resources 1-800-318-2596 or
TTY: 1-855-889-4325
*Objective information in English
and in Spanish 24/7 or language
line.*

Local ACA Navigator Programs
(Enrollment information &
assistance)

* El Centro, INC – Olathe, KS –
913-677-0100

* Good Samaritan Project –
Mission, KS – 816-561-8784

* Health Partnership Clinic 913-
433-7617

* Johnson County Department of
Health 913-826-1200

For current Navigators in the KC
area, call 211 or see
www.InsureKS.org

Alphapointe Association
for the Blind
Kansas City, MO 816-421-5848

American Physical Therapy
Association 800-999-2782
(find a physical therapist)

ASK-A-NURSE
Shawnee Mission Medical Center,
913-676-7777

Collaboration Works
Kansas City, MO 816-421-1305
*(Free and low cost medical
supplies -wheelchairs, chairlifts,
diabetic supplies, incontinence
products...)*

Complete Medical Homecare
Lenexa 913-422-1666 or
1-800-505-1625
*(Specialists in diabetic foot care &
diabetic supplies. Home delivery of
diabetic shoes, inserts, and orthotic
braces.)*

Dental Care 50
Kansas City, MO 816-523-3665

Dental Hygiene Clinic – Johnson
County Community College,
Overland Park
913-469-3808 Ext. 1

Dental School-University of
Missouri-Kansas City
Kansas City, MO 816-235-2100

Eyecare America
*(Referrals to volunteer
ophthalmologists for low-income
persons 65 and older)*
1-877-887-6327

Health Partnership Clinics
Overland Park/Olathe
913- 648-2266
*(Health service clinics for
uninsured low-income patients-
appointments only. Dental clinic in
Olathe.)*

Home Visits by “Dr Golf”
Dr Dimitri Golfinopoulos
Leawood 913-681-2398
*(Hospitalist for Menorah &
Shawnee Medical Center.)*

Johnson County Department of
Health & Environment
(Health clinics/outreach nurses)
Olathe/Mission 913-826-1200

Kansas City's Medicine Cabinet
Baptist-Trinity Lutheran Legacy
Foundation
*(emergency assistance for
medications, dental, medical
equipment, optical needs, diabetic
supplies)*
Kansas City, MO 816-276-7517

JOHNSON COUNTY

KC Medicine Cabinet Intake Locations: *Blue Valley Multi-Service Center, 913-715-8985 *Gardner-Edgerton Multi-Service Center 913-715-8980 *North-Central Multi-Service Center, Lenexa 913-715-6650 * North-East Multi-Service Center, Mission 913-826-5510 *North-West Multi-Service Center, Shawnee 913-715-8970 *Spring Hill Multi-Service Center 913-715-8960	Kansas State Board of Healing Arts, Topeka 888-886-7205, 785-296-7413 <i>(regulation and licensure of medical professional)</i> Landon Center on Aging: University of Kansas Medical Center Kansas City, 913-588-1203 <i>(geriatric services, information, neurology/memory clinic)</i> Lincare Enteral Services Kansas City Metro Area 816-224-0202, 1-800-965-2689 <i>(Medical nutrition specialist and registered dieticians offer tube- feeding support when a person cannot eat enough food because of an illness.)</i>	Medicare Information 1-800-MEDICARE 1-800-633-4227 TTY 1-877-486-2048 <i>(Also see Senior Health Insurance Counseling for Kansas)</i> www.Medicare.gov Medicare Interactive <i>(Information at your fingertips.)</i> http://www.medicareinteractive.org/index.php Medicare Savings Plan Application/Redetermination <i>(Apply for Qualified Medicare Beneficiary QMB, Low-Income Medicare Beneficiary LMB, or Expanded LMB to help with Medicare premiums, deductibles, & co-insurance.)</i>
Kansas Dental Association Topeka, 785-272-7360		Kansas Dept for Children & Families (DCF), Lenexa 913-826-7300, 1-888-369-4777
Kansas Department of Health and Environment Topeka, 785-296-1500		Medicare Supplement Insurance Shopper's Guide Kansas Insurance Department Consumer Assistance Hotline 800-432-2484, 785-296-7829 TTY/ TTD: 877-235-3151
Kansas Department of Insurance, Topeka 800-432-2484, 785-296-2484 <i>(Regulates insurance providers, educates, offers information on auto, home, medical, and long-term care insurance, Medicare, and a Medicare supplement shopper's guide.)</i>	MD Home Care, LLC Kansas City, MO 816-523-3055 <i>(Mobile doctors for immobile patients)</i> Meadowbrook Rehabilitation Hospital Gardner, 913-856-8747	
Kansas Donated Dental Services, 1-888-870-2066 <i>(Referral services for elderly, disabled or medically compromised)</i>	Medical Society of Johnson & Wyandotte Counties 913-432-9444 <i>(Physician referral)</i>	Midwest Medical Services <i>(Specialists in Diabetic Foot Care & home delivery of diabetic supplies, shoes, inserts, and orthotic braces.)</i> Lenexa, 1-866-931-6798
Kansas Optimizing Health Program (KOHP) Johnson County Department of Health & Environment <i>(Learn and practice skills to manage chronic conditions such as arthritis, diabetes, heart or lung diseases.)</i> 913-477-8337	Medicaid/KanCare Applications Kansas Dept for Children & Families Lenexa 913-826-7300 *Applications for Family & Children 1-800-792-4884 *Applications for Elderly & Disabled 1-888-369-4777	National Institute of Health's Senior Health <i>(Health and wellness information for older adults</i> http://nihseniorhealth.gov/)

JOHNSON COUNTY

National Library of Medicine
*(Largest authoritative,
up-to-date, medical library)*
www.medlineplus.gov

Passport Health
Overland Park, 913-652-6640
*(immunizations, medical care for
travel)*

Regional Prevention Center
of Johnson County
Olathe, 913-715-7880
*(resources/training to prevent
substance abuse)*

Rehabilitation Institute of
Kansas City
Kansas City, MO 816-751-7900
(driver evaluation & training)

Sertoma (Service to Mankind)
Kansas City, MO 816-333-8300
*(Hearing aid recycling program
provides reconditioned hearing
aids to low-income individuals.)*

St. Luke's Brain Fitness Center,
Kansas City, MO 816-932-2250
*(Free confidential memory
screenings.)*

Senior Health Insurance
Counseling for Kansas (SHICK)
Olathe, 913-715-8856,
888-214-4404

Statewide 800-860-5260
*(Provides free objective counseling
related to Medicare and health
insurance for older adults.)*

Smiles by Tira
Registered Dental Hygienist/
Extended Care Permit
785-969-5700
smilesbytira@yahoo.com
*(Dental cleanings, oral cancer
screenings, fluoride treatments,
periodontal & cavity screenings
for seniors age 65+, persons with
disabilities, & shut-ins.)*

The University of Kansas Medical
Center, Kansas City, 913-588-5000

Visiting Physicians Association
Leaders in House-Call Medicine
Kansas City, MO 816-912-4539
1-877-HOUSECALL
1-877-468-7322
*(In-home medical assessments,
testing, vaccinations, physicals,
blood work, etc...)*

HEALTH SERVICE ORGANIZATIONS

(The) Alzheimer's Association
Heart of America Chapter
Prairie Village, 913-831-3888 or
800-272-3900
(24-hour helpline)

American Cancer Society
Merriam, 913-432-3277

American Diabetes Association
of Greater Kansas City

Overland Park, 913-383-8210 or
800-342-2383

American Heart Association of
Greater Kansas City
Overland Park, 913-652-1913

American Lung Association
of Kansas, Overland Park
1-800-586-4872

American Red Cross
Kansas City, MO,
816-931-8400

American Stroke Foundation
Mission, 913-649-1776

Arthritis Foundation of
Greater Kansas City
Prairie Village, 913-262-2233
or 888-719-5670

Brain Injury Association of Kansas,
Overland Park
913-754-8883, 800-444-6443

Cancer Action, Inc.
Overland Park, 913-642-8885

Cancer Information Service
800-422-6237

Center for Practical Bioethics
Kansas City, MO
816-221-1100, 800-344-3829
*(Information about ethical issues in
healthcare & end-of-life decisions.)*

Crohns and Colitis
Foundation
of America 800-932-2423

Cystic Fibrosis Foundation
800-344-4823

Epilepsy Foundation - Heart of
America, Kansas City, MO
816-444-2800 or 800-972-5163

Eye Care America
877-887-6327

Fibromyalgia Coalition
International
Mission, 913-384-4673

JOHNSON COUNTY

Huntington's Disease Society
of America
800-345-HDSA (4372)

International Essential Tremor
Foundation, Lenexa
913-341-3880 or 888-387-3667

Kansas Department for Aging and
Disability Services
*(Health occupations credentialing,
nurse aide registry, training
courses)*
Topeka, 785-296-1240

Kansas State Board of Healing Arts
*(Regulation, licensure of medical
professionals.)* Topeka,
785-296-7413 or 888-886-7205

Leukemia and Lymphoma Society,
Shawnee Mission
913-262-1515 or 800-256-1075

Midwest Transplant Network
Westwood, 913-262-1668

Muscular Dystrophy Association,
Overland Park 913-451-3230

Myasthenia Gravis Association
Kansas City, MO 816-256-4100

National Kidney Foundation
Overland Park, 913-262-1551 or
800-596-7943

National Multiple Sclerosis
Society, Mid-America Chapter
Kansas City, 913-432-3926 or
800-344-4867

Parkinson Foundation
of the Heartland
Overland Park, 913-341-8828

United Cerebral Palsy Association
Greater Kansas City Area
Kansas City, MO 816-531-4454
*(Services/support for individuals
with cerebral palsy &
developmental disabilities.)*

**HOME & COMMUNITY
BASED SERVICES (HCBS)**
Johnson County Area Agency on
Aging, local hosts for the Kansas
Aging & Disability Resource
Center
Olathe, 913-715-8861
(PD, FE, TBI screenings)
or, contact the Kansas Department
for Children and Families (DCF)
Overland Park, 913-826-7300

HOME EQUITY LOANS
(Also see Reverse Mortgage)
Home Equity Loans
800-732-6643

**HOME HEALTH
(and In-Home Support)**
AAA-Area Agency on Aging
(Johnson County)
Olathe, 913-715-8861

Aceso Healthcare
Lenexa, 913-732-0616
*(Home services including physical,
occupational, speech therapy.)*

Acti-Kare Responsive In-Home
Care of Overland Park
Leawood, 913-747-4246

Adult Health Services, Inc.
Kansas City, 913-788-9896

Advantage Health Care
Overland Park, 913-400-2589

Alliance Home Health Care
Kansas City, 913-233-0160

All Saints Senior Services
Overland Park, 913-522-0663

All Services Home Health Care
Overland Park, 913-814-3709

Always Best Care
Senior Services
Overland Park, 913-708-8330

A New Day At Home
Leawood, 913-440-0204
(Alzheimer's care)

Another Day, Inc
Lenexa 913-599-2221
or 866-599-2221
*(Direct support worker placement
for HCBS Medicaid-waiver
programs)*

Aquinas Home Health
Kansas City, KS
913-299-7100

Ashley Home Care Services
Overland Park
913-667-2770 or 800-460-0861

Assurance Companion Care
Overland Park, 913-233-9323

At Home Health Care
Overland Park, 913-951-2990

Axiom Home Health Care, LLC
Leawood, 913-383-5300

Barr Private Care
Overland Park, 913-438-3311

Benefits of Home – Senior Care
Bonner Springs, 913-721-9858

Blessed Trinity Home
Health Care
Bonner Springs, 913-721-9856

JOHNSON COUNTY

Brightstar Healthcare Overland Park, 913-535-0255	Cascade Health Services Kansas City, MO 816-229-5800	Enhanced Home Care Overland Park, 913-327-0000
Brookdale Home Health & Hospice Overland Park, 913-696-1930	Coalition for Independence Kansas City, 913-321-5140 or 866-201-3829 TTY 913-321-5216	Essential Home Health, Inc Overland Park, 384-2273 or 1-866-584-2200
Care-Extraordinaire Raytown, Mo 816-313-6046 or 816-980-3995	ComForcare Senior Services Lenexa, 913-906-9880	Evercare Home Health Overland Park, 913-381-0108
Caregivers Home Health Lenexa, 913-254-9700	Comfort Keepers In-Home Care Leawood, 913-385-2636	Firstat Nursing Services Overland Park, 913-451-5900
Carestaf of Kansas City Overland Park, 913-498-2888	Communityworks, Inc. Overland Park, 913-789-9900 or 866-429-6757	Gentiva Health Care Services Overland Park, 913-906-0522
(The) Caring Heart Overland Park, 913-901-8666	Continua Home Health Care Leawood, 913-905-0255	Graceful Home Healthcare Lawrence, 785-424-2785
Caring Hearts Nursing & Personal Home Services Kansas City, KS, 913-621-3108	Coram Specialty Infusion Services/Apria Healthcare Lenexa, 913-850-6700 or 800-726-3481	Griswold Home Care Leawood, 913-325-4770
Carondelet Care Resources (Private duty) Overland Park, 913-529-4870	Cottage Senior Care, LLC Mission, KS 913-428-6898	Guardian Angels Home Health Care Overland Park, 913-362-0484
Carondelet Home Care Services, Inc. Overland Park, 913-529-4800	Daughters & Company Overland Park, 913-341-2500	Health at Home Prairie Village, 913-385-4110
Catholic Charities of Northeast Kansas – Friendly Visitors Program 913-433-2015 (Volunteers provide weekly social visit and/or social phone call, local transportation to medical appointments, “Ring-A-Day” daily well-being check or medication reminder. Donation-based program for all faiths.)	Delores Home Nursing & Companion Programs Kansas City, KS, 913-299-9534	Hearts at Home LLC Overland Park, 913-440-4209
Catholic Community Services Home Health Care Overland Park 913-621-5090	Dream Works, The Kansas City, 913-281-8695	Heaven Sent Home Care, LLC Olathe, 913-390-8758
	Elder Care Home Health Kansas City, MO 913-722-2828 or 816-333-3322	Helpers, Inc Overland Park, 913-322-7212
	Elite Home Care Services of Kansas City, LLC Overland Park, 913-575-9776	Helping Solution Overland Park, 913-213-3202
		Home Care Assistance Overland Park, 913-663-5000
		Home Health and Hospice Services of Olathe Medical Center Olathe, 913-324-8515

JOHNSON COUNTY

Home Helpers
Kansas City, MO
816-255-2876

Home Instead Senior Care
Overland Park, 913-962-6500

Homewatch Caregivers
Overland Park, 913-341-2519

Independence, Inc.
Lawrence, 785-841-0333

Infinite HealthCare
Lenexa 913-747-2686

Integrity Home Care
Leawood, 913-685-1616 or
866-974-1616

Interim HealthCare
Leawood, 913-381-3100

John Knox Village
Home Health Agency
Overland Park, 913-403-8343

John Knox Village Lifestyle
Services, Lee's Summit, MO
816-524-2676

Kansas City Home Care, Inc.
Overland Park, 913-341-4800

Kansas City Regional
Home Care Association
(*Home health, hospice, medical
equipment*)
816-627-6273

Kansas Senior Care Act
Johnson County Area Agency
on Aging
Olathe, 913-715-8861

Lakeview Village Home Health
Lenexa, 913-888-1900

Locamp Home Health Care
Kansas City, KS 913-287-4400

Mason's Memory, Ottawa
785-242-8882 or 866-744-8882

Maxim Healthcare Services
Overland Park, 913-381-8233 or
866-535-7513

Midwest Health Care Services
Overland Park, 913-663-9930

Premier Custom Care
Kansas City, MO 816-531-2210

ResCare Home Care
Overland Park, 913-696-1020

Resource Center for
Independent Living
Osage City, 800-580-7245

Right at Home
In Home Care & Assistance
Overland Park, 913-338-1919 or
877-338-1919

Sacred Heart Home Care
(*Private Duty*)
Lenexa, 913-322-1088

Sacred Heart Home Health &
Hospice, Kansas City, KS
913-334-1058, 866-465-6965

St. Luke's Home Care
& Hospice
Kansas City, MO 816-756-1160

Senior Bridge Family Companies
(*non-medical*)
Olathe, 913-390-6300

Senior Helpers
Caring In-Home Companions
Overland Park 913-851-4800

Seniors Helping Seniors
Overland Park 913-232-7532

Shawnee Mission Home
Health Care, Shawnee Mission
913-676-2163

Spectrum Home Health Agency
Kansas City, 913-831-2979

Sunshine Home Health
Basehor, 913-724-7500
or 888-724-7509

Synergy Home Care
Overland Park, 913-685-9700

Thoughtful Care
Prairie Village, 816-256-8200

Topeka Independent Living
Resource Center
Topeka, 800-443-2207

Trinity In-Home Care
Lawrence, 785-842-3159

Visiting Angels
Living Assistance Services
Kansas City, MO 816-361-9800

Visiting Nurse Assn. (VNA)
Kansas City, MO 816-531-1200

Vizion One Home Health Services,
Overland Park, 816-569-1246

Walgreen's Infusion
Services
Overland Park, 913-438-1101

Windsor Place At-Home Care
Lawrence, 785-843-4800

JOHNSON COUNTY

HOMEMAKER SERVICES

(Also see Home Health)

Area Agency on Aging, Johnson County, 913-715-8861

Cleaning for A Reason

1-877-337-3348

(Free housecleaning for women undergoing chemo treatments.)

HOME PLUS HOMES

For more information about adult care “homes plus” licensed by the Kansas Department for Aging and Disability Services, call 800-432-3535.

A New Day At Home

Home-Plus Home

Leawood, 913-440-0204

(Alzheimer’s care)

Care Haven Homes

of Kansas City

Prairie Village, 913-643-0111

Caring Homes of Olathe

913-732-2678

(Alzheimers/Memory Care & Respite Stays)

Clover Care Home

Shawnee 913-667-3006

Prairie Elder Care

Overland Park, 913-257-5425

Galway Homes

Prairie Village, 913-676-7277

SeniorCare Homes

Overland Park, 913-236-0036 or 877-338-1919

Springview Home Plus & Adult

Daycare, Overland Park,

913-302-1785 or 913-310-0166

HOME REPAIR AND MODIFICATION

Absolute Access

Pleasant Hill, MO

816-447-7511

Accessibility Remodeling

Shawnee Mission,

913-831-4444

American Care Equipment

(home safety modifications, stairlifts, etc)

Overland Park, 913-383-3456

Angie’s List

(unbiased ratings/reviews of service companies)

888-888-LIST (5478)

Bath Innovations Walk-In Bathtubs

Overland Park, KS

913-912-1750

(Models for every budget. Call for factory direct pricing.)

Bath Planet

Lee’s Summit, MO

816-554-2752

(Walk-in bath. Bath and shower remodeling.)

D & V Midwest Design, Inc.

(furniture adaptation, interior design)

Overland Park, 913-780-6552

Fair Housing Accessibility FIRST

(HUD design and construction resource center)

888-341-7781

Habitat for Humanity

Kansas City ReStore

(new & used building materials)

Overland Park, 913-648-6001

Handy Folks, Inc

Overland Park, 913-269-7191

Heartland Habitat for Humanity

Neighborhood Revitalization

Initiative, 913-342-3047

(Home construction, rehabilitation, weatherization, landscaping, painting, ramp installation for select projects.)

Help from A Friend

Olathe, 913-980-8686

Home Access

(install grab bars, bath equipment, etc.)

Leawood, 913-649-0454

Jewish Family Services

Help at Home, Overland Park

913-327-8239 or 913-327-8250

(home repairs, home safety assessment)

Johnson County

Housing Services

(minor home repair and weatherization for income qualified residents)

Lenexa, 913-715-6600 or

913-715-6616

K.C. MASS (Multitude of Applied Specialty Services)

(home accessibility products & installation)

Grandview, MO 816-448-2033

Lifewise Renovations

Prairie Village, 913-766-0934 or

816-363-0600

National Architecture Program of the Paralyzed Veterans of America

888-860-7244

www.accessibledesign.org

(Accessible design, technical assistance)

JOHNSON COUNTY

National Resource Center on Supportive Housing and Home Modification
Los Angeles, CA 213-740-1364
www.homemods.org
(Home conversion to make tasks easier, fall prevention center of excellence)

Olathe Housing Rehabilitation Services, Olathe, 913-971-6260 or 913-971-6268

Projects Plus
(home modification for accessibility)
Eudora, 913-207-2129

Rebuilding Together – Shawnee & Johnson County
913-248-2802
(An all-volunteer organization helping our neighbors with home rehabilitation/home repair.)

Senior Solutions/Home Maintenance Solutions
(home adaptation and maintenance)
Overland Park, 913-963-8598

Smoke Detector Installation Program
(Contact your local fire department for information & assistance.)

Spectrum Home Services of Johnson County
(yard care, handyman, short distance relocation/packing assistance)
Overland Park, 913-254-0004

Stakare *(wheelchair ramps, grab bars, minor home repair)*
Kansas City, MO
816-822-1166

HOME/APARTMENT SHARE PROGRAMS

Homesharing Program:
(Shepherd's Center/Westport Cooperative Services)
Kansas City, MO
816-753-7039

HOMESTEAD & SAFE SENIOR TAX REFUNDS

Kansas Dept. of Revenue
Taxpayer Assistance Center
Topeka, 785-368-8222
or tac@kdor.ks.gov
(The Homestead and Safe Senior Tax Refund programs offer refunds on part of property taxes paid on a Kansas resident's home. Must meet Kansas residency, age, disability, and income qualifications listed online at www.ksrevenue.org)

Refund Information Line
800-894-0318

HOSPICE

Ascend Hospice
(holistic care provider)
Overland Park, 913-287-5678 or
866-821-1212

AseraCare Hospice
Kansas City, MO 816-880-3900

Brookdale Home Health & Hospice, Overland Park
913-696-1930

Caring Connections
National Hospice Helpline
800-658-8898

Catholic Community Hospice
Overland Park, 913-621-5090

Continua Hospice
Leawood, 913-905-0255

Crossroads Hospice of KC
Lenexa, 913-850-7500

Gentiva Hospice
Lenexa, 913-541-0266

Good Shepherd Hospice
Lenexa, 913-322-3297

Grace Hospice
Kansas City, MO 816-444-4611

Heartland Hospice
Leawood, 913-362-0044 or
1-800-955-1219

Hospice Advantage
Overland Park, 913-859-9582

Home Health and Hospice Services of Olathe Medical Center
Olathe, 913-324-8515

John Knox Village Hospice
Lee's Summit, MO
816-525-0986

Kansas City Hospice & Palliative Care
Overland Park, 913-894-8228

Kansas City Hospice House
Kansas City, MO 816-941-1000
Referral line: 816-363-2600

Kendallwood Hospice
Riverside, MO, 816-587-1000

NorthCare
Hospice & Palliative Care
North Kansas City, MO
816-691-5119

St. Luke's Home Care & Hospice
Kansas City, MO
816-756-1160

JOHNSON COUNTY

Saint Luke's Hospice House
Kansas City, MO
816-756-1160, 1-888-303-7576
(12-suite hospice care facility for when end-of-life needs exceed care available at home.)

Southern Care Hospice, Lenexa
913-906-9497 or 877-476-4352

VITAS Innovative
Hospice Care
Lenexa, 913-722-1631

HOSPITALS & REHABILITATION FACILITIES

Also see Continuing Care Retirement Facilities offering rehabilitation services.

Advanced Healthcare of
Overland Park
(Rehabilitation)
913-890-8400

Brighton Gardens of Prairie
Village, 913-262-1611
(Memory care unit, private.)

Brookdale of Overland Park
913-663-2888

Brookdale - Rosehill
Shawnee, 913-962-7600
(Short-term rehabilitation, respite stays.)

Delmar Gardens
Nursing & Rehabilitation Center
Lenexa, 913-492-1130
Overland Park, 913-469-4210

Evergreen Community of
Johnson County
Olathe, 913-477-8227
(Memory care unit)

Garden Terrace at Overland Park,
913-631-2273
(Progressive memory care units)

Golden Living Center
- Spring Hill, 913-592-3100

Good Samaritan Society – Olathe,
913-782-1372
(Memory care unit)

Heartland Rehabilitation Hospital
5100 Indian Creek Parkway
Overland Park
(opening 2015, no phone # yet)

Hillside Village of De Soto
De Soto 913-583-1266

Hoeger House
Olathe, 913-397-2900
(Rehabilitation)

Indian Creek Healthcare Center
Overland Park, 913-642-5545

ManorCare Health Services
Overland Park, 913-383-2569
(Special memory care unit)

Meadowbrook Rehabilitation
Hospital
Gardner, 913-856-8747

Medicalodge of Gardner
913-856-6520

Menorah Medical Center
Overland Park, 913-498-6000

Mid-America Rehabilitation
Hospital, Overland Park
913-491-2400

Nottingham Health &
Rehabilitation
Olathe, 913-322-3111

Olathe Medical Center
Olathe, 913-791-4200

Overland Park Nursing and
Rehabilitation
Overland Park, 913-383-9866

Overland Park Regional
Medical Center
Overland Park, 913-541-5000

Pinnacle Ridge Nursing
and Rehabilitation Center
Olathe, 913-782-3350

Promise Skilled Nursing Facility
of Overland Park
913-649-5110
(Memory care unit)

Providence Medical Center
Kansas City, KS 913-596-4000

*(The) Rehabilitation Institute of
Kansas City
Kansas City, MO 816-751-7782
(Driver's evaluation, assistive
technology, rehabilitation,
employment services)*

Royal Terrace Nursing and
Rehabilitation Center
Olathe 913-829-2273
(Memory care unit)

Sharon Lane Health Services
Shawnee, 913-631-8200

Shawnee Gardens Health
and Rehabilitation Center
Shawnee, 913-631-2146

Shawnee Mission Medical Center,
Shawnee Mission
913-676-2000

Specialty Hospital of
Mid-America
Overland Park, 913-649-5110

JOHNSON COUNTY

St. Luke's Hospital
Kansas City, MO 816-932-2000

Brain and Stroke Institute
816-932-2250

St. Luke's South
Overland Park, KS
913-317-7000

St. Joseph Medical Center
Kansas City, MO 816-942-4400

Trinity Nursing and
Rehabilitation Center
Merriam, 913-384-0800

University of Kansas Medical
Center, Kansas City, KS
913-588-5000

Village Shalom
The Weinberg Health Center
for Skilled Nursing
Overland Park, 913-317-2600
(*Memory care unit*)

Villa St. Francis
Olathe, 913-829-5201
(*Memory care unit*)

Villa St. Joseph
Overland Park, 913-345-1745

HOUSING

(*See Apartment Complexes;
Assisted Living; Continuing Care
Retirement Centers; Home Plus
Homes; Home/Apartment Share
Programs; Home Repair, &
Weatherization*)

INFORMATION AND ASSISTANCE

Aging Information
Johnson County Area Agency on
Aging, your local hosts for the
Aging & Disability Resource
Center
Olathe, 913-715-8861 or
TDD: 800-766-3777
888-214-4404, x 58861

United Way of the Heartland
Kansas City, MO 211
(*Social service support resources
in the Kansas City metro area
including emergency assistance,
food pantries, homeless resources,
etc...*)

KANSAS DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

*Food & medical assistance
(Medicaid /KanCare), family
and child support, vocational
rehabilitation.*
Apply online at www.dcf.ks.gov
DCF Lenexa, 913-826-7300

LEGAL SERVICES (Consumer Protection)

* Better Business Bureau
of Greater Kansas City
Kansas City, MO 816-421-7800

* Johnson County
District Attorney's Office
Olathe, KS 913-715-3003

*Kansas Attorney General
Consumer Hotline
Topeka, 800-432-2310
(*Consumer protection,
opt out of solicitation lists*)

* Federal Trade Commission (FTC)
Washington, DC 877-FTC-HELP
(1-877-382-4357)
866-653-4261/TTY
(*Collects business complaints
but does not resolve individual
problems.*)

*FTC – Identity Theft Hotline
877-ID-THEFT
(1-877-438-4338)

*FTC - National Do Not Call
Registry
888-382-1222,
866-290-4236/TTY
www.DoNotCall.gov

Disability Rights Center of Kansas,
Topeka
785-273-9661, 1-877-776-1541,
TDD 1-877-335-3725
*Advocates for the civil and legal
rights of Kansans with disabilities.*

Johnson County Law Library
Olathe, KS 66061
913-715-4153/4154
(*Open to the public from 8:00 am
to 5:00 pm Mon – Fri*)

Kansas Bar Association
800-928-3111
(*Lawyer Referral Service*)

Kansas Department for Aging
and Disability Services
800-432-3535
(*Aging & Disability Resource
Guide covers consumer rights,
finances, healthcare, housing,
estate planning, living wills,
powers-of-attorney, taxes, legal
assistance.*)
[http://www.kdads.ks.gov/
Publications/Publication_Index.
html](http://www.kdads.ks.gov/Publications/Publication_Index.html)

JOHNSON COUNTY

Kansas Elder Law Hotline
888-353-5337

Kansas Guardianship Program
Manhattan, KS 800-672-0086
www.ksgprog.org

Kansas Legal Services
Kansas City, KS
913-621-0200 V/TTY
800-723-6953
*Legal services, mediation,
& employment training services
for low-income Kansans. Donation-
based legal service for persons 60
and older.*

Life Transition Resources
Overland Park, 913-735-5859
*(Elder Mediation for families in
conflict over aging issues or in
need of support with decision
making.)*

Private Elderlaw Attorneys
*The Bell Law Firm, P.A.
Overland Park 913-345-2323
*Berger Estate & Elder Law,
P.A., Leawood 913-491-6332
*(The) Elder and Disability Law
Firm, Overland Park
913-338-5713, 800-353-0446
*Law Office of Stacey Janssen
P.A., Overland Park
816-866-7711
*Shepherd Elder Law Group, LLC,
Overland Park
913-333-3533
*Steven R. Anderson, P.A.
Post Anderson Lindstrom, LLP
Overland Park 913-341-7800, ext
109 (J.D./LL.M. in Elder Law)
*Timothy J. Carmody,
Attorney-at-Law
Leawood 913-387-5501
*Weber Law Offices
Overland Park 913-661-0550
*Zimmerman Law Office
Olathe 913-829-5800

**LOW INCOME ENERGY
ASSISTANCE PROGRAM
(LIEAP)**
*A federally funded program that
helps eligible households pay a
portion of their home energy costs.
Apply Jan 20-March 31.
800-432-0043 or contact the local
DCF office 913-826-7300
Utility Assistance Program also
available from Johnson County
Human Services, 913-715-6653*

MAIL CARRIER ALERT
*Contact your postmaster. See
US GOVERNMENT - POSTAL
SERVICE listing in your local
telephone directory.*

MEALS – HOME DELIVERED
Johnson County Nutrition Program
*(Meals-On-Wheels, Home Plate
(post hospital & rehab stay meal
packs to assist with recovery) &
Neighborhood Nutrition Centers)*
Olathe, 913-715-8861
*(Johnson County Nutrition
Program volunteers deliver hot,
nutritious meals to older eligible
adults who are homebound for
reasons of health or disability.)*

Dream Dinners
Overland Park 913-491-6733
*(A variety of dinners available
for pickup, freezing,
and cooking at home.)*

Homestyle Direct
1-866-735-0921
*(Ready-to-eat meals shipped
to your door. Medicaid waiver
service or private pay.)*
www.homestyledirect.com

Mom's Meals
Ankeny, Iowa 1-877-508-6667
*(A week's worth of meals
delivered fresh nationwide.)*

Shawnee Mission Meals
On Wheels
Overland Park Presbyterian
Church, 913-642-0489
*(Boundaries: 47th St on the
North, I-435 on the South & West,
Stateline on the East.) Age 18 and
older. Mon.-Fri. \$3.50 per meal or
subsidy.)*

Social Suppers
Lenexa, 913-599-1220
Prairie Village, 913-381-3910
(Home dinner preparation.)

Success Meals KC
Lenexa, 913-894-MEAL(6325)
*(Healthy convenient meal-delivery
service.)*

MEAL SITES
CHAMPSS – *Choosing Healthy
Appetizing Meal Plan Solutions for
Seniors provides nutritious meals
in the dining area of select local
Hy-Vee grocery stores.*
Who? Individuals age 60 or older
(and their spouses.)
When? Daily 8 a.m. - 7 p.m.
How much? Suggested contribution
is \$3.50.
Enrollment? Individuals age 60
or older (and their spouses) may
enroll and receive a CHAMPSS
card. To participate call
913-715-8894.

JOHNSON COUNTY

Senior Neighborhood Centers:

The Johnson County Area Agency on Aging provides hot, nutritious noon meals, friendship, recreation, and education at six senior centers.

Who? Individuals age 60 or older (and their spouses).

When? 11:30 a.m. Monday through Friday, except holidays.

How much? Suggested contribution is \$3.00.

Reservations? Call the center by 11:00 a.m. one day in advance.

*De Soto Community Center,
913-585-1762

*Gardner Community Center,
913-856-3471

*Lenexa Senior Center,
913-888-6141

*Merriam/Shawnee (Merriam Community Center)
Merriam, 913-677-2048

*Overland Park (Matt Ross Community Center)
913-648-2949

*Spring Hill, 913-592-3180

MEDICAL ALERT DEVICE

(See Emergency Alert Device)

MEDICAL EQUIPMENT

(See Medical Equipment & Supplies, Hospital Equipment & Supplies and Disabled Persons Equipment & Supplies, Yellow Pages, Greater Kansas City).

Note: Wheelchairs and other medical equipment are covered by Medicare only when prescribed by a doctor for use at home and when provided by a supplier approved by Medicare. You can find out what equipment is covered, and whether a supplier is approved by calling 1-800-MEDICARE (1-800-633-4227) (TTY- 1-877-486-2048).

Absolute Access, LLC
Pleasant Hill, MO
816-447-7511
(stairlifts, residential elevators, wheelchair lifts)

Accessibility/Home Safety/Fall Prevention Equipment
(Handrails, grab bars, shower/bath/toilet equipment, bath and shower chairs, walkers, canes, home safety equipment & devices, and more.)
CVS www.cvs.com
Home Depot www.homedepot.com
Lowe's www.lowes.com
Walgreens www.walgreens.com
WalMart www.walmart.com

American Care Equipment
Overland Park, 913-383-3456

Apria Healthcare
Lenexa, 913-492-2212,
888-492-7742
(oxygen, durable medical equipment)
www.apria.com

Assistive Technology for Kansans (ATK)
1-800-526-3648
1-800-KAN DO IT
(AT assessments, equipment reuse/reutilization program, partners with the Kansas AgriAbility Program for disabled/injured farmers and ranchers of Kansas.)
<http://atk.ku.edu/>

Carondelet Medical Equipment Services
Overland Park, 816-943-4775

Coalition for Independence
Assistive Technology Center
Kansas City, KS
913-321-5140
Videophone: 913-227-4298
(Information & advocacy, equipment, medical equipment recycling, home modification resources.)

Collaboration Works
Kansas City, MO 816-421-1305
www.collaborationworksonline.com
(Donated or affordable medical supplies or equipment for the uninsured or underinsured.)

Georgetown Pharmacy
- Health Care Center
Merriam, 913-362-0313

Great Plains Medical
Olathe, 913-764-3800
1-866-482-3800

Handicap Conversions Inc.
Kansas City, MO
816-471-0305,
800-809-LIFT(5348)
www.handicapconversions.com
(Van rentals and conversions, chair lifts and hand controls for vans, wheelchairs, scooters, cars, etc. Stairlifts and ramps.)

Jay Hatfield Mobility
Lees Summit, MO
816-600-5124
(Wheelchair vans, van lifts, hand controls, powerchairs, scooters, home & bath supplies. Medicare provider.)

Kansas City Home Medical Supply, Inc.
Overland Park, 913-385-2020

JOHNSON COUNTY

Kansas Telecommunications
Access Program (TAP)
Parsons, KS 1-800-526-3648
1-866-666-1470
*(Vouchers for specialized
telecommunication equipment.
Persons with hearing, vision,
speech, cognitive, or mobility
disabilities may apply and qualify
based on income.)*
Demonstration Site in Olathe,
913-715-8924

The K-Loan Program
Southeast Kansas Independent
Living (SKIL) www.k-loan.net
Parsons, KS 620-421-6554,
866-465-2826
*(Low-interest loans to help
Kansans buy assistive,
adaptive, and rehabilitative
technology devices for hearing,
vision, and mobility.)*

Mobile Med-Care, Inc.
Lenexa, 913-438-9393 or
800-392-2106

Silver Cross
Lenexa, 913-327-5557 or
1-866-313-0265
*(recycled and new accessibility
& mobility equipment)*

Teltex, Inc.
Kearney, MO 816-628-1949
888-515-8120 Voice/TTY
www.teltex.com
*(Assistive technology & equipment
for people with hearing loss.
Service center for electronic
assistive devices, TTYs, amplified
phones, vibrating alarm clocks,
etc.)*

MENTAL HEALTH
Behavioral Health Partners
Kansas City, MO 816-333-0606
*(Assessment/evaluation to help
older adults and their families
explore lifestyle options.)*

Chatline -Mental Health
Association of South Central
Kansas 1-316-684-2428
or 1-316-425-6986
5 p.m.-9 p.m. 365 days/year
*(A chatline for people who have a
mental illness and want to talk to
someone when they are lonely, sad,
or happy. NOT a CRISIS line.)*

Christian Counseling Center
Overland Park, 913-681-8180

Counseling Connections
Shawnee Mission,
913-362-0315
*(Consultation with adult children,
family issues, educational
seminars)*

The Family Conservancy
Overland Park, 913-742-4357

Jewish Family Services
Overland Park, 913-327-8250
Kansas City, 816-333-1172

Johnson County Mental Health
* Open Access 913-826-4200
* 24-hour Emergency Services
913-268-0156
* Deaf Services 913-715-7700 V/
TTY or VP at 913-827-1667

Johnson County Mental Health
Adult Detoxification Unit at
Recovery Place
Shawnee, 913-826-4100

Johnson County Mental Health
Community Support Services
*(services for adults with severe and
persistent mental illness)*
Shawnee, 913-826-4000

Mental Health America
of the Heartland
Kansas City, 913-281-2221

Mental Health Compassionate Ear
Helpline, 913-281-2251

Mental Health Specialists in Aging
913-948-1949
*(Private and confidential therapy
in the comfort of home, assisted
living, or nursing home settings. 20
years serving older adults & their
families.)*

Partners in Counseling
Shawnee Mission,
913-530-2426
(In-home and office visits)

Passages Counseling
Kansas City 816-276-2717
*(Specializing in seniors, caregivers,
and health issues. A division of
Kansas City Hospice and Palliative
Care.)*

Professional Mental Health
Counseling, Shawnee Mission/
Kansas City, KS
913-384-2170
*(Christian perspective. Crisis
intervention. Seminars and support
groups.)*

Rainbow Mental Health Facility
Kansas City, 913-755-7000
*(Administered by Osawatomie
State Hospital)*

JOHNSON COUNTY

Patricia Rebeck, Ph.D.
Licensed Clinical Psychologist
Overland Park, 913-381-1144

Todd A. Schemmel, PH.D.
Licensed Psychologist
Olathe, 913-206-8236

Senior Behavioral Health Center,
St. John Hospital
Leavenworth, 913-680-6220

Shawnee Mission Medical Center,
Behavioral Health Assessment
Center
913-789-3218
*(Adult and senior adult inpatient
program. Addiction recovery
program.)*

Shawnee Mission Medical Center,
Behavioral Health Outpatient
Program
913-789-3990

Suicide Prevention Networks
*(Contact the crisis line of Johnson
County Mental Health
913-268-0156 or one of these
free, confidential national suicide
prevention networks):*

National Suicide
Prevention Lifeline
1-800-273-TALK (8255)
En Espanol 1-888-628-9454
TTY 1-800-799-4889

Two Rivers Psychiatric Hospital
Kansas City, MO 816-382-6300 or
800-225-8577

PERSONAL ASSISTANCE SERVICES

*Also see Home Health
(In-Home Support)*

Aging in Place
Leawood, 816-817-0019
*(Personal care, housekeeping,
nurse visits, physician consulting,
transportation, shopping, pet care,
errands, lending closet...)*

Always Best Care Senior Services
*(Veterans benefits consulting,
estate and retirement planning,
transitions to assisted living)*
Overland Park, 913-708-8330

A Place for Mom
*(senior care advisor for locating
home help, assisted living, or
nursing facilities)*
913-254-3577

A. Smith Estate
and Senior Services
Overland Park, 913-642-9036
*(Real estate, capital estate
auctions, residential cleanout
solutions.)*

Assisted Moving of Kansas City
Kansas City, MO.
816-405-6046

At Your Service
Lenexa, 913-649-7283
*(Green home cleaning, fall &
spring cleaning, home staging,
organizing, gardening, gift baskets,
holiday decorating.)*

Care-Extraordinaire
Raytown, Mo
816-313-6046, 816-980-3995
*(Errands and daytime or 24-hour
in-home care.)*

Care Patrol
Overland Park, 913-998-6531
*(Free referral & placement for
long term care living options
& care. Free automated
medication reminders & telephone
reassurance.)*

(The) Caring Heart
*(Home management, shopping,
errands, transportation.)*
Overland Park, 913-901-8666

Caring Transitions
*(community tours, decluttering,
moving, downsizing, estates sales)*
Lenexa, 913-526-1893

Cates Auction & Realty, Inc.
Kansas City, MO
816-781-1134

Catholic Charities of Northeast
Kansas – Friendly Visitors Program
913-433-2015
*(Volunteers provide weekly social
visit and/or social phone call,
local transportation to medical
appointments, “Ring-A-Day” daily
well-being check or medication
reminder. Donation-based program
for all faiths.)*

ComForcare Senior Services
*(shopping, errands, transition
counseling)*
Lenexa, 906-9880

Compassionate Care Mobile
Veterinary Service
Shawnee Mission, 948-9348

Consider It Done LLC
Your On-Call Concierge
*(Errands, shopping, transportation,
assist with home needs, bill-paying,
peace of mind visits.)*
Olathe, 913-231-4025 or
913-205-8542

JOHNSON COUNTY

Cottage Senior Care, LLC
Mission, 913-428-6898
*(Shopping, errands, transportation
for medical appointments)*

Daughters & Company
Overland Park, 913-341-2500
*(In-home care, property
management, bookkeeping, bill
paying, etc.)*

Downsizing Simplified
(Move management services.)
Raytown, MO, 816-358-6338

Enhanced Home Care
*(transportation, errands, in-home
care)*
Overland Park, 913-327-0000

“Ethel’s Love” Estate Sales
*(Help with move transition &
estate sales)*
816-809-1352

Gentle Changes
(move coordination)
Overland Park, 913-345-9014

Hearts at Home LLC
(errands, shopping, chores, etc)
Overland Park, 913-440-4209

Heaven Sent Home Care, LLC
Olathe, 913-390-8758
*(Shopping, errands, transportation,
friendly visitor, in-home care.)*

Help in Time
Overland Park, 913-223-9106
*(Respite care, transportation to
doctors, shopping, delivery, home
cleaning, daily “well” checks,
medical concierge.)*

I’ll Be There
Overland Park, 913-522-3083
*(Transportation, prescription
pickup, errands, shopping,
home appointment sitting, kitty
care.)*

Home Helpers
*(errands, bill-paying, record-
keeping, shopping, transportation)*
Overland Park, 913-685-2273

Home Instead Senior Care
(companionship, home helper)
Overland Park, 913-962-6500

Jewish Family Services
Help at Home, Overland Park
913-327-8239 or 913-327-8250
*(Home safety assessments, nursing
and nutritional assessments, home
repair, information and referral.)*

John Knox Village
Lifestyle Services
*(shopping, errands, companions,
etc.)*
Lee’s Summit, MO
816-524-2676

Life Transition Resources
*(transition planning, mediation,
advocacy, family liaison,
assessment, consultation)*
Overland Park, 913-735-5859

Personal Assistance for
Seniors, Inc.
(personal and financial)
Kansas City, MO 816-822-1131
or 816-898-5202

Prairie Elder Care
*(Case management, in-home care,
help with downsizing, transitions,
& housing options.)*
Overland Park, 913-257-5425

Pressed4Time - Dry Cleaning
Shawnee, 913-302-3110
(pickup and delivery)

On the Move for Seniors
*(Assistance with insurance,
financial, pharmacy, physician
interactions. Escort, care
coordination, help with
downsizing/moving.)*
Overland Park, 913-400-2121

Retirement Concierge, LLC
Olathe, 913-839-8414
*(Errands, transportation,
companionship, pet care,
clutter management, moving, estate
sales, etc...)*

Senior Advocates
*(Assistance with everyday
issues, life changes, housing,
transportation)*
Leawood, 913-387-4056

Senior Care Consulting
*(Nursing home, assisted living,
Alzheimer’s dementia care, and
retirement community placement
services.)*
Olathe, 913-749-7899

Senior Move Services
Overland Park, 913-897-6309 or
913-302-5214

Seniors Real Estate Specialists
(SRES)*

*LILAC Senior Living Solutions
(SRES)
Kansas City, MO
913-221-5755, 816-423-8018
*(Transition & moving assistance.
Help seniors pack, move, update,
repair, & sell their home or buy
as-is.)*

JOHNSON COUNTY

*Shari Davey, Reece Nichols
Realty (SRES)
Leawood, 913-706-7461
(Licensed in Kansas and Missouri)

*Rosie's Team – The Real Estate
Matchmakers (SRES)
913-888-8521 | Mobile/Text
913-302-1246

*The Chaplick Team - KC Real
Estate Experts (SRES)
Better Home & Gardens Real
Estate, 913-661-2380
*(Transition assistance including
connection to painters,
landscapers, movers, cleaning
services, declutterers, handymen,
storage facilities.)*

Senior Service Concierge
Kansas City area
913-205-3408
*(Shopping, meal planning,
med. reminders, transportation,
medical advocacy, help with
bills/mail, arrange for services,
personal visits, telephone
reassurance...)*

Snowbird Maintenance
Peculiar, MO 64078
816-723-7439
*(Hassle free home maintenance
including cleaning gutters, mowing
the grass, securing handrails,
vacation care, and more...)*

Staging by Martha Mick
Prairie Village, 913-449-6863
*(De-clutter; clean, organize, &
transform homes to a model home
appearance before listing the
property on the market.)*

Swalms Organizing Service
913-375-9115

Spectrum Home Services of
Johnson County
*(yard care, handyman, short
distance relocation/packing
assistance)*
Overland Park, 913-254-0004

Synergy Home Care
*(Errands, shopping,
transportation)*
Overland Park, 913-685-9700

Team Romain Real Estate
Kansas City Regional Homes
*(Buy, sell homes and advise on
remodeling.)*
Overland Park, 913-226-2656

Tech Helping Solution, LLC
Overland Park, 913-213-3202
*(One-on-one training for wireless
networking, computer/device set-
up, FaceTime/Skype set-up, I-Pad/
I-Phone set-up, & personal alarm
system.)*

Thriver
Lenexa, 913-955-2555
Serving Greater Kansas City
*(In-Home Care, Patient Advocacy
& Care Management
Home Maintenance & Safety
Modifications, Transportation)*

Treasured Time Savers
*(Personalized concierge services
for housecleaning, transportation,
errands.)*
913-313-2018

Turning Point Home Solutions,
Inc., Prairie Village
913-271-4062
*(Home transition & buying
services.)*

PHYSICAL THERAPY

(Also see Home Health)
American Physical Therapy
Association 800-999-2782
(find a physical therapist)

PUBLIC HEALTH & ENVIRONMENT

Johnson County Health and
Environment
*Mission & Olathe,
913-826-1200

RELAY SERVICES FOR THE DEAF

Kansas Relay Center
*(Kansas statewide relay for
the hearing impaired)*
Lawrence, Call 711 or
800-766-3777

CSDVRS, LLC
(VRS, Spanish VRS, VRI)
Video: 866-932-7891
Voice: 800-216-9293

Hamilton Relay, Inc.
IP Relay and IP
Captioned Telephone
Voice/TTY: 800-618-4781

Purple Communications, Inc.
(VRS, IP Relay, IP Captioned
Telephone, VRI)
VRS Call: 877-467-4877
Customer Care: 877-885-3172

Sorenson Communications, Inc.
(VRS, IP Relay, IP Captioned
Telephone, Spanish VRS services)
Corporate Office, 801-287-9400

RESPITE CARE

*Short-term relief for caregivers.
Also see "Home Health and
In-Home Support" or "Hospitals/
Rehabilitation Facilities" who
offer short-term stay options.*

JOHNSON COUNTY

A New Day At Home
Leawood, 913-440-0204
(Alzheimer's care)

Alzheimer's Association
Heart of America Chapter
Prairie Village, 913-831-3888
*(Refers to individuals and agencies
who do respite care.)*

Benton House
Prairie Village, 913-648-3333

Bickford at Mission Springs
Mission, 913-831-7700

Bickford of Overland Park
Overland Park, 642-5400

Brookdale Overland Park
Overland Park, 855-350-3500

Brookdale Rosehill
Shawnee, 855-350-3800

Cedar Lake Village
Olathe, 913-780-9916

Comfort Care Homes
of Kansas City
(Alzheimer's/memory care)
913-643-0111
Overland Park and Leawood

(The) Heritage of Overland Park
(Alzheimer's/memory care)
Overland Park, 913-890-4393

Hoeger House,
Olathe, 913-397-2900

Homestead of Leawood
Leawood, 913-663-3351

Homestead of Lenexa
913-894-0014

Homestead of Olathe North
Memory Care
Olathe, 913-829-1403

Homestead of Olathe South
Olathe, 913-829-4663

Kansas Senior Care Act
Johnson County Area Agency on
Aging, Olathe, 913-715-8861

Manor Care Health Services
Overland Park, 913-383-2569

National Council of Catholic
Women's Respite Care Program
(serving all faiths)
Shawnee Mission,
913-897-6589

Park Meadows
Overland Park, 913-901-8200

Renewable Respite Care
Lenexa 913-708-5015

(The) Rose Estates
Assisted Living
Overland Park, 913-825-9600

SeniorCare Homes
Overland Park, 913-236-0036

SeniorLink
Kansas City, MO,
816-983-2205

Stratford Commons
Assisted Living
913-851-0215

Sunrise of Lenexa
Lenexa, 913-307-0665

Village Shalom Assisted Living
Overland Park, 913-317-2600

Vintage Park of Lenexa
Lenexa, 913-894-6979

REVERSE MORTGAGE

*A "reverse" mortgage is a loan
against your home that seniors
age 62 and over may apply for
which they do not have to pay
back as long as they live in the
home. Home Equity Conversion
Mortgage (HECM) Counseling
from an agency approved by HUD
(Housing and Urban Development)
is mandatory. Counseling and
lender information online from
HUD or from these agencies:*

AARP – Money Matters Tip
Sheets/Reverse Mortgage Guide
AARP Kansas
Topeka, 1-866-448-3619
www.aarp.org/reversemortgage

Consumer Credit Counseling
Service, Salina, KS
785-827-6731

Consumer Credit Counseling
Service of the Midwest aka
Apprisen Financial Advocates
*Overland Park office for Credit
Counseling
* Nationwide for Reverse
Mortgage Counseling
1-800-355-2227

Housing and Credit Counseling,
Inc, Topeka, Lawrence, and
Manhattan KS 785-234-0217 or
800-383-0217

National Reverse Mortgage
Lenders Association Consumer
Line
(free consumer guides, lender info)
1-866-264-4466

JOHNSON COUNTY

Nationwide Reverse Mortgage
Counseling by Phone

* Apprisen Financial Advocates
1-800-355-2227

* Money Management
International 1-877-908-2227

* National Council on Aging
1-855-899-3778

RURAL DEVELOPMENT

Topeka (*state office*)
785-271-2700

USDA Service Center
(*Regional Multi-County Office*)
Manhattan, 785-776-7582

RD Administered Housing
Projects:

*Garden Walk Spring
(*Subsidized*) Spring Hill,
913-592-3291

*Gardner Estates (*Subsidized*)
Gardner, 913-856-8660

*North Center Apartments
(*Subsidized*)

Gardner, 913-856-8865

*Cozy Haven (*Subsidized*)
Spring Hill, 913-686-3846

*Savannah Park
(*Subsidized, elderly*)

*Spring Hill, 913-592-3291

SENIOR CARE ACT

Johnson County Area
Agency on Aging
Olathe, 913-715-8861

SENIOR COMMUNITY CENTERS

(*Also see Meal Sites*)

(The) Heritage Center
Overland Park, 913-327-8042
(*A program for members of the
Jewish Community Center
including kosher lunch and
activities for seniors age 65+.
Members can be non-Jewish.*)

Irene B. French
Community Center
Merriam, 913-322-5550

Lenexa Community Center
913-477-7100

Matt Ross Community Center
Overland Park, 913-642-6410

Shawnee Civic Centre
913-631-5200

Roeland Park
Community Center
913-826-3160

SENIOR HIGH RISE
(*See Apartment Complexes*)

SHOPPING SERVICE
(*See Homemaker Services and
Home Health or contact the
Johnson County Area Agency on
Aging for current volunteer and
public/private resources at
913-715-8861.*)

SOCIAL SECURITY
Social Security Administration
Overland Park, 800-772-1213
TTY: 800-325-0778

SUPPORT GROUPS
Alcoholics Anonymous
North Kansas City, MO
816-471-7229

ALS (Amyotrophic Lateral
Sclerosis) Association
Mid-America Chapter
Mission, 913-648-2062

Alzheimer's Association
Heart of America Chapter
Prairie Village, 913-831-3888 or
800-272-3900 (*24-hour line*)

American Lung Association
Kansas City, 1-800-LUNG-USA or
816-842-5242

American Stroke Foundation
Mission, 913-649-1776

Arthritis Foundation of Greater
Kansas City
Prairie Village, 913-262-2233

Brain Injury Association of Kansas
and Greater Kansas City
Overland Park
913-754-8883, 800-444-6443
(*Information, resources, and
support groups for survivors of
brain injury and their families.*)

Brain Injury Support Groups
Lawrence, Paola
1-866-429-6757
(*Contact Community Works -
Minds Matter for information.*)

Cancer Support Group
Olathe Medical Center
Olathe, 913-791-4240

Caregiver Action Network
Kensington, MD 301-942-6430
www.caregiveraction.org
(*Free peer-to-peer support for
family caregivers.*)

Caregivers Support Group
College Church of the Nazarene
Olathe, 913-764-4575

JOHNSON COUNTY

Center for Community Support & Research, Wichita
800-445-0116
(Support groups by Kansas county)

Christian Caregiver Support Groups
* Christ Lutheran Church
Overland Park 913-345-9700
* Overland Park Christian Church
913-677-4646

Family Caregiver Support Group – Landon Center on Aging
Kansas City, KS, 913-588-1203

Family Dementia Support Group – Park Meadows Senior Living,
Overland Park, 913-871-6022

Grief Sharers – Lenexa Christian Center, 913-888-1559

Grief Support Network
Shawnee Mission
www.griefsupportnetwork.org
(Grief support activities and resources in Kansas City area.)

Kansas City Caregiver Supportline
(metrowide)
816-444-1122

Myasthenia Gravis Association
Kansas City, MO
816-256-4100

Parkinson Foundation of the Heartland
Overland Park, 913-341-8828

R.A. Bloch Cancer Foundation Support Hotline
Kansas City, MO 816-854-5050 or
800-433-0464

Relatives As Parents Program (RAPP) - Kansas Department for Aging and Disability Services, Topeka
785-296-4986, 1-800-432-3535
(Support for kinship caregiving & grandparents raising grandchildren regarding legal, financial, medical, daycare, food, housing, and recreation needs)

SafeHome, Overland Park
913-432-9300
24-hour hotline: 913.262.2868
(Support & a safe haven for victims of domestic violence. Shelter, advocacy, counseling and prevention education.)

Turning Point – Kansas City Shawnee Mission 913-383-8700
(A center for hope and healing for anyone living with serious or chronic physical illness.)

United Cerebral Palsy Association Greater Kansas City Area
Kansas City, MO 816-531-4454
(Services/support for individuals with cerebral palsy & developmental disabilities.)

Widowed Persons Service Heartland Widowed Persons Service, 913-648-1520
(Call for programs & activities including SkillBuilders education & support classes.)

For further support group information, call the Johnson County AAA at 913-715-8861. Also check the Kansas City Star.

TALKING BOOKS

Audio-Reader Network
Lawrence, 800-772-8898

Johnson County Library
(Talking Books, Audio Reader, Home Connect Homebound Services - Central Resource Library)

Overland Park, 913-826-4382

Kansas Talking Book Program
Emporia, 800-362-0699

Olathe Public Library
Homebound Services
Olathe, 913-971-5246

TELEPHONE REASSURANCE

Acti-Kare Responsive In-Home Care of Overland Park
Leawood, 913-747-4246

Care Call
Comfort Keepers
Leawood, 913-385-2636

Care Patrol
Overland Park, 913-998-6531
(Free senior referral & placement services & telephone reassurance.)

Catholic Charities of Northeast Kansas – Friendly Visitors Program
913-433-2015
(Volunteers provide weekly social visit and/or social phone call, local transportation to medical appointments, “Ring-A-Day” daily well-being check or medication reminder. Donation-based program for all faiths.)

Hearts at Home LLC
Overland Park, 913-440-4209

Operation Lifeline
Olathe Police Dept.
Olathe, 913-971-6323
or 913-971-7500
(Olathe seniors only)

JOHNSON COUNTY

Visiting Angels
Living Assistance Services
Kansas City, MO 816-361-9800

TRANSPORTATION

(WC=wheelchair accessible)

10/10 Taxi

Kansas City, MO
913-647-0010

Acti-Kare Responsive In-Home
Care of Overland Park
Leawood, 913-747-4246

Aging in Place

Leawood, 816-817-0019

(Transportation, shopping...)

AARP Driver Safety

Information Line

1-888-227-7669

(Driver safety training classes.)

Always Best Care Senior Services,
Overland Park
913-708-8330

Angel Flight Central

Kansas City, MO 816-421-2300 or
866-569-9464

*(Charitable flights for
health care and critical needs)*

Assisted Transportation (WC)

Kansas City, 913-262-5190

Assurance Companion Care

Overland Park 913-233-9323

Be My DD (Designated Driver)

Kansas City area

*(Driver service drives you in your
car or provides pickup service.)*

1-877-823-6933

Benefits of Home – Senior Care

Bonner Springs, 913-721-9858

Cancer Action, Inc.

Overland Park, 913-642-8885

Catch-A-Ride Program

(volunteer transportation)

Olathe, 913-715-8900 or

888-214-4404

Catholic Charities of Northeast

Kansas – Friendly Visitors

Program, 913-433-2015

*(Volunteers provide weekly social
visit and/or social phone call,*

local transportation to medical

appointments, “Ring-A-Day” daily

well-being check or medication

*reminder. Donation-based program
for all faiths.)*

ComForcare Senior Services

Lenexa, 913-906-9880

Comfort Keepers

Leawood, 913-385-2636

Cottage Senior Care, LLC

Mission, 913-428-6898

*(Private duty non-medical
in-home care, transportation.)*

Daughters & Company

Overland Park, 913-341-2500

Enhanced Home Care

913-327-0000

Freedom Transit (WC)

Mission, 913-927-0047

Express Medical Transporters

Independence, MO

816-737-8500

*(KC metro-wide non-emergency
ambulatory, wheelchair, and
stretcher services.)*

Hearts at Home LLC

(errands and transportation)

Overland Park, 913-440-4209

Heaven Sent Home Care

Wheel Chair Assisted

Transportation (WC)

Olathe, 913-390-8758

Help in Time

Overland Park, 913-223-9106

*(Transportation to doctors,
shopping, delivery...)*

I’ll Be There

Overland Park 913-522-3083

(Transportation, errands...)

Home Instead Senior Care

Overland Park, 913-962-6500

Homewatch Caregivers

Overland Park, 913-341-2519

Jeff Friedman’s Airport/Amtrak

Transportation, 913-710-2449

*(For active and independent
seniors)*

Jewish Elder Transit “JET Express”

*(Transportation services and
resource guide.)*

Overland Park, 913-327-8239

The JO (WC), Olathe

Information: 913-782-2210

Route Directions: 816-221-0660

*(Public bus transportation on fixed
routes. Ask about Regional Pass.)*

The JO-Special Edition (WC)

Olathe

(Curb-to-Curb Transportation)

Application/information:

913-782-2210

To schedule: 913-362-3500 or

866-615-7300

JOHNSON COUNTY

Johnson County Motor Vehicle Department
Mission/Olathe 913-826-1800,
1-888-956-2657
(Handicapped parking identification, license tags for mobility impaired or restricted for medical reasons. Call for information or to secure a place in line.)

Kansas City Area Transportation Authority (KCATA)
Kansas City, MO
816-221-0660
TDD 816-474-0646
(Route and schedule info for The Metro, The JO & Unified Government Transit. Ask about Regional Pass.)

Kansas Dept. of Insurance
Accident Prevention Courses
(Online list of approved courses qualifying drivers for insurance discounts.)
Topeka, 785-296-3071 or
800-432-2484

Kansas Dept. of Revenue
Driver Control
(Unsafe driver: license revocation requests)
Topeka, 785-296-3671

Kansas Department of
Transportation 511
Traffic and Travel Information
877-550-5368, 785-296-3566
(Road conditions, road closures, weather)

Lift Lenexa,
Lenexa, 913-541-0135
(Lenexa residents only)

Medicaid Transportation (WC)
For Medicaid recipients & medical purposes. Contact the transportation provider with your Managed Care Organization - MCO listed below or call Medicaid and KanCare info
1-855-200-2372
*Amerigroup: Access2Care
1-855-345-6943
or 913-749-5955 x50263
*Sunflower State Health : MTM
1-877-644-4623
or 913-333-4618
*United Healthcare: Logisticare
1-877-796-5847
or 913-788-0250

Medi Coach Transport Services
Lenexa, 913-548-1306
(Non-emergency wheelchair & gurney transportation.)

Mid-America Coach
Kansas City, MO
(Sell/service handicapped accessible vans, accessibility conversion for vehicles.)
816-734-5000
800-821-5451

Midwest Health Care Services
Overland Park, 913-663-9930

National Traffic Highway Safety
Administration
Drive Well Toolkit
<http://www.nhtsa.gov/>
Driving+Safety/Older+Drivers

Olathe Taxi Coupons (WC)
Olathe, 913-971-6260

The Rehabilitation Institute of
Kansas City, 816-751-7900
(driver evaluation & training)

Right At Home
In-Home Care & Assistance
Overland Park 913-338-1919,
877-338-1919

Secure Medical Transport (WC)
Overland Park, 816-350-1800
(24/7 wheelchair & ambulatory transportation)

Shawnee City Ride (WC)
Get ride cards 913-742-6014
Request a ride 913-647-0010
(Shawnee residents age 62 and older, or disabled)

Shawnee Mission Medical Center -
Driver Rehabilitation and Training
Program
913-676-7655

Synergy Home Care
Overland Park, 913-685-9700,
877-325-6052

United Access, Lenexa (WC)
877-669-0785
(wheelchair van rental, lifts, adaptive equipment)

Visiting Angels
Living Assistance Services
Kansas City, MO
816-361-9800

Vizion One Home Health Services
Overland Park, 816-569-1246

UTILITY ASSISTANCE
(See Low Income Energy Assistance Program)

JOHNSON COUNTY

VETERANS AFFAIRS

Dwight D. Eisenhower
Veterans
Medical Center
Leavenworth, 913-682-2000
Veterans Crisis Intervention
Hotline: 888-899-9377
(available 24/7)

Kansas City VA Medical Center
816-861-4700 (Voice)
816-922-3328 (TTY)

Kansas Commission on
Veterans Affairs
Overland Park, 913-371-5968

Supportive Services for Veteran
Families (SSVF), Salvation Army,
Kansas City area
(816)-756-2769
*Housing stabilization for very low
income veterans and their families
who are homeless or at risk of
becoming homeless.*

Veterans Benefits
Administration
Regional Office
Wichita, 800-827-1000

Veteran Counseling and
Guidance Center
Department of Veteran Affairs
816-753-1866

Veteran Services Representatives
800-952-8387, ext. 54295, 54296,
54297
*(Disabled American Veterans,
American Legion, and VFW
representatives provide assistance
with obtaining your Veteran's
Benefits)*

Vietnam Veterans
Counseling Center
816-753-1866

WEATHERIZATION

Johnson County Housing Services,
Johnson County Human Services,
Lenexa, 913-715-6618

WIDOWED PERSONS SERVICE

Heartland Widowed
Persons Service
913-648-1520
*(Call for information regarding
service programs, support groups,
and activities)*

YARDWORK

*(See Lawn Maintenance, Yellow
Pages or see The Best Times
"Classified" section for providers.)*

NOTES

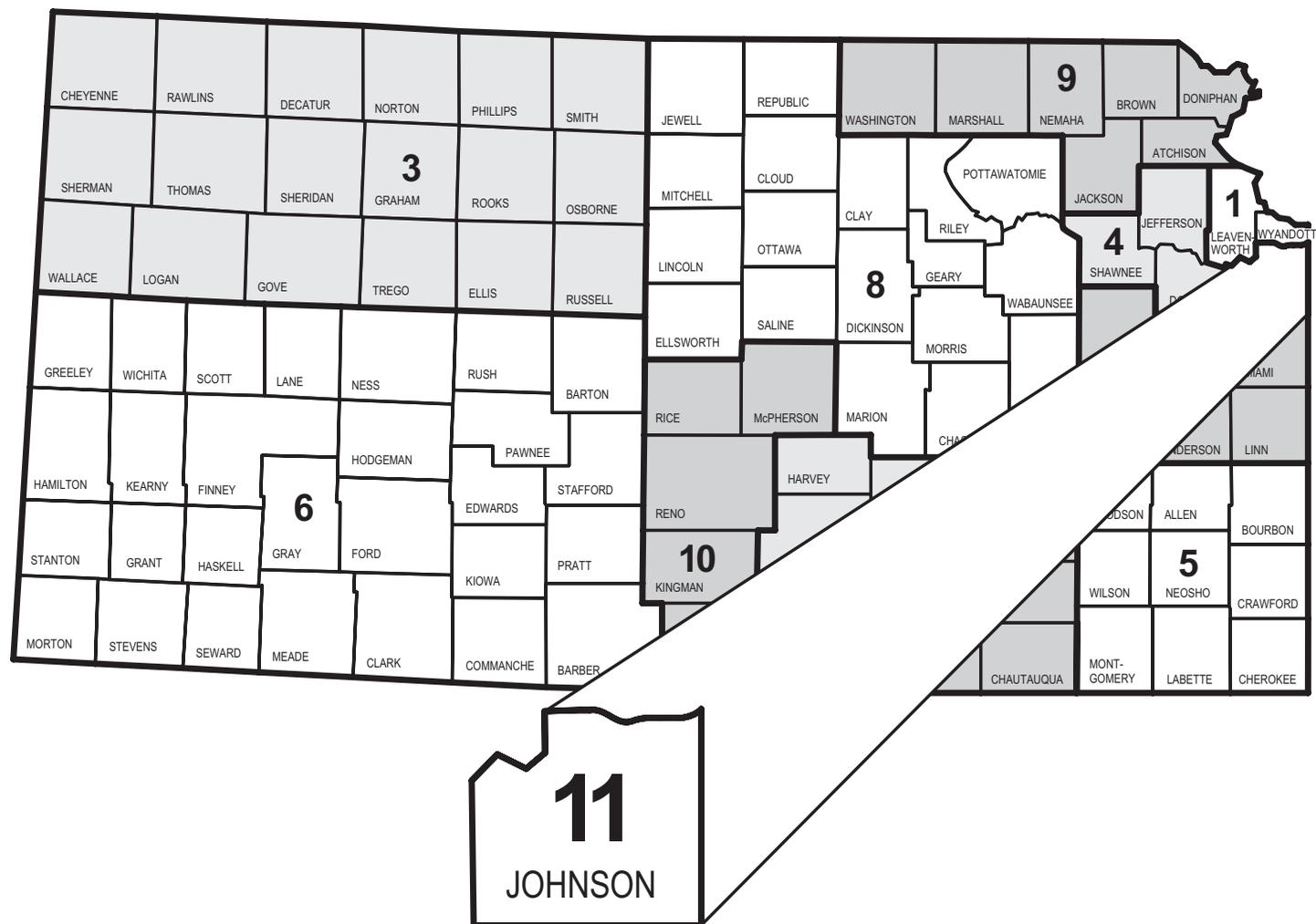
NOTES

Useful Toll-Free Numbers

AARP Kansas	866-448-3619	Kansas Guardianship Program ..	800-672-0086
ABUSE (abuse, neglect, exploitation)		Kansas Insurance Dept.	800-432-2484
In the community.....	800-922-5330	Kansas Securities Commission	800-232-9580
In an adult care home.....	800-842-0078	SCAMS Hotline	888-40SCAMS
In an institution	800-221-7973	Kansas State Library	800-432-3919
Aging & Disability Resource Ctr ...	855-200-2372	Legislative Hotline	800-432-3924
Alcohol & Drug Helpline	800-645-8216	Long Term Care	
Alzheimer's Association	800-272-3900	Ombudsman	877-662-8362
Attorney General's Office	800-432-2310	Advocates for residents in licensed adult care	
Audio-Reader	800-772-8898	facilities	
Brain Injury Assn	800-444-6443	Kansas Relay Center (TDD)	800-766-3777
Cancer Information Svc	800-422-6237	Medicaid Fraud Hotline	800-432-3913
Consumer Credit Counseling	800-383-0217	Medicaid Provider Fraud	866-551-6328
Crime Victim's Rights	800-828-9745	Medicare	800-633-4227
Deaf and Hard of Hearing	800-432-0698	Secretary of State	
Diabetes, American Assn	800-362-1355	Voter Registration	800-262-8683
Disability Rights Resource Center	877-776-1541	Senior Health Insurance	
Disaster Distress Helpline	800-985-5990	Counseling for Kansas (SHICK) ..	800-860-5260
Elder Law Hotline	888-353-5337	A network of volunteers who can help with your	
Eldercare Locator	800-677-1116	Medicare questions.	
Nationwide service to help families and friends find		Social Security Administration ...	800-772-1213
information about community services for older		State Treasurer	
people outside of Kansas		Unclaimed Property Line	800-432-0386
EYE Care		Suicide Lifeline	800-273-8255
National Project Hotline	800-222-3937	Talking Books Service	800-362-0699
Information and referral service. Provides brochures		Telemarketers (No Call)	866-382-1222
on many common eye diseases and for eligible callers,		United Way Information	211
a referral to a local volunteer ophthalmologist.		Veterans Affairs	
Federal Trade Comm ID Theft	877-438-4338	Regional Office	800-827-1000
Federal Trade Comm HELP	877-382-4357	Veterans Crisis Line	800-273-8255
Gambling/Substance Abuse	800-522-4700		
Governor's Office	877-579-6757		
KanCare (application) DCF or	800-792-4884		
KanCare MCO Enrollment	866-305-5147		
Amerigroup	800-600-4441		
Sunflower	877-644-4623		
United	877-542-9238		
KanCare Ombudsman	855-646-8180		
Kansas Corporation			
Commission	800-662-0027		
Kansas Dept. for Aging and Disability Services			
.....	800-432-3535		
Kansas Dept. of Revenue Tax Refund			
Status Line (automated)	800-894-0318		
Kansas Foundation for			
Medical Care	800-432-0407		

About this directory:

Explore Your Options is an introduction to the variety of services available to help Kansans remain in their homes. This booklet contains a detailed directory of the services available in the area of the state highlighted below. For a description of programs and services that may be available, see the companion booklet to this directory.



For further information about this directory and community services, contact:

Johnson County Area Agency on Aging
11811 South Sunset, Ste. 1300
Olathe, KS 66061
1-888-214-4404 or 913-715-8861
<http://hsa.jocogov.org>