

Goals Of Regional Recovery Service Centers

Region 1

- 1) 75% of Children, youth, adults and families reporting on Consumer satisfaction surveys will report good or above average results of treatment.
- 2) Train one of our housing managers as a Housing Facilitator
- 3) Increase the number of Crisis Services and Crisis beds for adults and/or youth in FY 2014
- 4) The number of co-occurring programs in our Region will increase during FY 2014.
- 5) Provide 10 Training, Development and/or Prevention programs for providers and/ or stakeholders in FY 2014.

Region 2

- 1) Reduce the cost of after-hours services for the region as measured by comparing current expenditures for 4 centers as compared to budget for centralized screening.
- 2) CMHCs will develop and support a sustainable 15 bed Community Crisis Center (CCC) that provides detox beds that can be utilized by all CMHCs in the region and an additional 12 crisis stabilization beds added to the existing CSU facility.
- 3) CMHCs will increase the availability of Home based family therapy, parent support, and positive behavioral supports to at risk children with SED to reduce hospital/PRFT stays and strengthen natural community supports and protective factors.
- 4) CMHCs will develop 19 respite beds and increase accessibility of those beds for families with children with SED who have challenging behaviors.
- 5) Develop protocols for each center in the region on how to refer to respite services if these services are full in their county by December 31, 2013.
- 6) Two centers will expand prevention activities by educating our communities on behavioral health issues.

Region 3

- 1) Development of intensive case management and enhanced availability of evidence-based practices (DBT; supported employment and Parent Management Training) by the end of FY 2014.
- 2) Expanded availability across the region of community-based services that strive to engage families and other community resources and natural supports in treatment and recovery by the end of FY 2014.
- 3) Strengthened emphasis on core programming that is strengths-based and focused on recovery across the region throughout FY 2014.

Region 4

- 1) Increase crisis/respite/transition beds by 10%. 6 beds staffed full time plus on call and benefits.
- 2) Requests for beds met 50% of the time. 2 adult and 2 youth per month at 72 hour stay.
- 3) 200 individuals trained in MHFA. 12 classes, 2 trainers, 16 hours including prep time. \$25 per trainee supplies. (Without specific outcomes – Training of staff, increase parent & peer support, utilize flex funds, etc.)
- 4) Increase access to child psychiatry. 6 hours per month. (Without specific outcomes – Transportation support with flex funds, etc.)
- 5) 100 person hours of collaboration plus travel expenses. (Without specific outcomes – Expand CIT, initiate mental health court, expand strengths based case management for youth, etc.)

Region 5

- 1) CMHCs will collaborate to reduce both acute and chronic regional bed day utilization at Osawatomie State Hospital for FY14 compared to FY13 and the average bed day utilization of the past three fiscal years.
- 2) 85% of Region 5 patients who are newly admitted into outpatient services following a hospital discharge or crisis screening will demonstrate improvement after 90 days of treatment.
- 3) Improvement of residential stability of SED youth as evidenced by consistent in-home placement and reduced psychiatric hospital re-admission.