



**Operational Policy and Procedures**

<b>Policy:</b> Screening, Brief Intervention and Referral for Treatment (SBIRT) Services	
<b>Commission:</b> Community Services and Programs	<b>Policy Number:</b> BHS/MCO 504
<b>Contact:</b> Community Services and Programs Commissioner	
<b>Status:</b> Approved	<b>Date Approved:</b> 11/21/13
<b>Date Reviewed/Revised:</b> 09/03/14	<b>Effective Date:</b> 11/21/13
<b>Division:</b> Behavioral Health Services / SUD	Page 1 of 4

**POLICY:** Screening, Brief Intervention and Referral for Treatment (SBIRT) is an evidence based approach identifying patients who use alcohol and other drugs at risky levels, with the goal of reducing and preventing related health consequences, disease, accidents and injuries. Practitioners must follow these requirements for screening patients in order to bill for these services.

**PURPOSE:** To establish a consistent process for administering Screening, Brief Intervention and Referral for Treatment for Medicaid eligible members.

**Definitions:**

**Brief Screen:** A rapid, proactive procedure to identify individuals who may have a condition or be at risk for a condition before obvious manifestations occur. A brief screen may involve one to two short questions relating to drinking and drug use. A brief alcohol and/or drug screen is considered an integral part of a routine care and is not separately reimbursed.

**Full Screen:** Full screens more definitively categorize a patient’s substance use. Full Screens are indicated for patients who have positive brief screens and for patients with signs, symptoms and medical conditions that suggest risky or problem drinking or drug use

**Brief Intervention:** Brief interventions are interactions with patients which are intended to induce a change in a health-related behavior.

**PROCEDURE:**

**A. Requirements:**

- 1) Be an approved SBIRT Practitioner by completing the approved training and supplying the appropriate documentation to trainingteams.org as per BHS/MCO 503.
- 2) Provide SBIRT in an approved service location. Approved provider service locations include primary medical care practices, acute medical care facilities, rural health clinics, critical access hospitals, federally qualified health centers, licensed substance use disorders treatment centers, Indian Health Centers and community mental health centers.
- 3) Provider will conduct a brief screen using the approved questions and/or screening tools.

**B. Approved Adolescents Brief Screens:** 1) Adolescents Alcohol Screen and/or 2) CRAFFT



**Operational Policy and Procedures**

<b>Policy:</b> Screening, Brief Intervention and Referral for Treatment (SBIRT) Services	
<b>Commission:</b> Community Services and Programs	<b>Policy Number:</b> BHS/MCO 504
<b>Contact:</b> Community Services and Programs Commissioner	
<b>Status:</b> Approved	<b>Date Approved:</b> 11/21/13
<b>Date Reviewed/Revised:</b> 09/03/14	<b>Effective Date:</b> 11/21/13
<b>Division:</b> Behavioral Health Services / SUD	Page 2 of 4

Screening Interview Part A and B (1):

**Adolescent Alcohol Screening**

Part A: Alcohol Screening and Brief Intervention for Youth which can be found on the National Institute of Alcohol Abuse and Alcoholism (NIAAA) website. [www.niaaa.nih.gov/](http://www.niaaa.nih.gov/)

- 1) For elementary and middle school patients, start with the friend's question. Choose the questions that align with the patient's school level, as opposed to age for patients 11-14. Exclude alcohol use for religious purposes.

Elementary (9-11)

*Friends: Any Drinking*

Do you have any friends who drank beer, wine, or any drink containing alcohol in the past year?

*Patient: Any Drinking*

How about you - Have you ever had more than a few sips of a drink containing alcohol? (Positive screen = Yes)

Middle School (ages 11-14)

*Friends: Any Drinking*

Do you have any friends who drank beer, wine or any drink containing alcohol in the past year?

*Patient: Any Drinking*

How about you - In the past year, on how many days have you had more than a few sips of any drink containing alcohol? (Positive screen = Yes to any reported days of drinking more than a few days sips of alcohol.)

High School (ages 14-18)

*Patient: Any Drinking*

In the past year, on how many days have you had more than a few sips of beer, wine, or any drink containing alcohol? (Positive screen = Yes to any reported days of drinking more than a few days sips of alcohol)

*Friends: How Much*

If your friends drink, how many drinks do they usually drink on an occasion? (Binge drinking by friends heightens concern.)

**CRAFFT Screening Part A:**



Department for Aging  
and Disability Services

### Operational Policy and Procedures

<b>Policy:</b> Screening, Brief Intervention and Referral for Treatment (SBIRT) Services	
<b>Commission:</b> Community Services and Programs	<b>Policy Number:</b> BHS/MCO 504
<b>Contact:</b> Community Services and Programs Commissioner	
<b>Status:</b> Approved	<b>Date Approved:</b> 11/21/13
<b>Date Reviewed/Revised:</b> 09/03/14	<b>Effective Date:</b> 11/21/13
<b>Division:</b> Behavioral Health Services / SUD	Page 3 of 4

2) CRAFFT Screening Interview Part A and B (1): During the last 12 months, did you:

Drink any alcohol (more than a few sips)? (Do not count sips of alcohol taken during family or religious events) (Yes-Positive, proceed to CRAFFT Part B)

Smoke any marijuana or hashish? (Yes-Positive, proceed to CRAFFT Part B)

Use anything else to get high? ("Anything else" includes illegal drugs, over the counter and prescription drugs, and things that your sniff or "huff").  
(Yes-Positive, proceed to CRAFFT Part B)

Part B (1): Have you ever ridden in a car driven by someone (including yourself) that was "high" or had been using alcohol or drugs? (STOP)

C. **Approved Adult Brief Screens:** 1) National Institute of Alcohol Abuse and Alcoholism (NIAAA) Brief Screen and/or 2) National Institute on Drug Abuse (NIDA) Brief Screen.

**National Institute of Alcohol Abuse and Alcoholism Brief Screen**

1) NIAAA 1- Item for alcohol use: "How many times in the past year have you had X or more drinks in a day?" (x=5 for men and x=4 for women; identifies unhealthy alcohol use; positive screen)

**National Institute of Drug Abuse**

2) NIDA 1-Item for illicit drug use: "How many times in the past year have you used an illegal drug or used a prescription medication for non-medical reasons?" (Any response other than never identifies positive screen)

D. If client has a positive brief screen the SBIRT practitioner will proceed to a full screen using one of the approved tools:

AUDIT – The Alcohol Use Disorders Identification Test

DAST- The Drug Abuse Screening Test

ASSIST- The Alcohol, Smoking and Substance Involvement Screening Test

CRAFFT- Adolescent Screening Tool

E. **Brief Intervention:** One to three follow-up contacts are typically provided to assess and



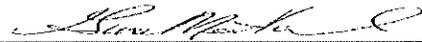
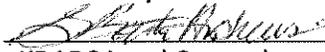
**Operational Policy and Procedures**

<b>Policy:</b> Screening, Brief Intervention and Referral for Treatment (SBIRT) Services	
<b>Commission:</b> Community Services and Programs	<b>Policy Number:</b> BHS/MCO 504
<b>Contact:</b> Community Services and Programs Commissioner	
<b>Status:</b> Approved	<b>Date Approved:</b> 11/21/13
<b>Date Reviewed/Revised:</b> 09/03/14	<b>Effective Date:</b> 11/21/13
<b>Division:</b> Behavioral Health Services / SUD	Page 4 of 4

promote progress and to evaluate the need for additional services. These services can be provided in 15 minute units, up to 16 billable units per enrollment year or rolling 12 months based on plan. No more than four (4) units of Brief Intervention may be billed in one day.

- F. **Documentation:** Providers must maintain documentation in client’s health record. At minimum, documentation must include the results of the full screen, brief intervention and any appropriate referrals.

\*SUD treatment providers conducting SBIRT must protect patient information according to 42 CFR Part 2.

Approved by:	 <hr/> Behavioral Health Director	<u>10/20/14</u> Date
	 <hr/> Community Services and Programs Commissioner	<u>10/20/2014</u> Date
	 <hr/> KDADS Legal Counsel	<u>10/20/2014</u> Date