



# Transitional Living Skills

## Setting Goals & Measuring Progress

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# HCBS– TBI Program

- ▶ Rehabilitative Program that provides services to individuals who have experienced a Traumatic Brain Injury (TBI)
- ▶ Traumatic Brain Injury is defined as  
  
“an injury to the brain caused by an external physical force such as blunt/penetrating trauma or accelerating–decelerating forces”

# Importance of Rehabilitation

- ▶ Services following injury
- ▶ Requirements of HCBS–TBI program
- ▶ Monitored during program utilization
- ▶ Rehabilitative therapies

# How is rehabilitation monitored?

- ▶ TBI Progress Reporting Documentation
  - TBI Goal Tracking Objective Tasks
  - TBI Goal Planning Progress Reporting
- ▶ Developed with MCO representatives
- ▶ Public feedback

# Progress Reporting Documents

- ▶ [Goal Planning–Progress Report.pdf](#)
- ▶ [Goal Tracking–Objective Tasks.pdf](#)

# Rehabilitative Goals

- ▶ Developed during the MCO meeting
- ▶ Required Participants
- ▶ Focus of HCBS–TBI purpose

[Goal Planning.pdf](#)

[List of Task Categories.pdf](#)

# SMART Goals

- ▶ S– Specific
- ▶ M– Measureable
- ▶ A– Achievable
- ▶ R– Realistic
- ▶ T– Time-bound

# Contact

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# Questions?