

## Coordination of Care

### Course Description

Total medical care coordination for Medicaid recipients in Kansas is a reality. Many Targeted Case Managers (TCMs) in Kansas are now involved in the coordination of physical and mental health care for clients. Care coordination will be expected of additional TCMs in the future. This course will introduce you to the basics of total medical care coordination. Total health care coordination is aimed at ensuring that the mental health and physical health needs of clients are considered and coordinated. This course has been approved by the State of Kansas to fulfill the requirement of a course on Coordination of Care.

### Course Objectives

Upon successful completion of the online course “Coordination of Care,” the participant will have received a score of at least 80% on the Post Test. To attain this score, the participant will have an understanding of care coordination, including:

- Changes in medical care based on the Patient Protection and Affordable Care Act.
- The background and context for the concepts of medical homes and coordinated care which are a part of the new legislation.
- The role of a TCM who may be designated as a personal care provider or Care Coordinator charged with coordinating the care of individuals with co-occurring disorders.
- Six medical conditions likely to be a part of care coordination.
- Client education
- Importance of client lifestyle changes
- A process for researching medical issues.
- How to find and access reputable online resources to help educate providers and clients about various health care issues.

### Topics Covered in Coordination of Care

- The Mind-Body Relationship
- Background and Philosophy for Coordinated Care
- The Patient Protection and Affordable Care Act
- Health Homes
- The TCM as Care Coordinator
- Learning about Clients’ Health
- Medical Histories
- Client Education
- Treatment Planning for Disease Prevention and Management
- Basic Information on Six Prevalent Disease Processes
  - Obesity
  - High Blood Pressure
  - Diabetes Mellitus
  - Heart Disease

- Asthma
- Chronic Obstructive Pulmonary Disease
- Helping Clients Prevent and Manage Medical Conditions
- Four Lifestyle Components of Good Health
  - Nutrition
  - Physical Activity
  - Use of Medication
  - Changing Substance Use Behavior
- An Educational Process for Providers and Clients – Using the Internet to Learn About Medical Conditions

**CEU's Awarded Upon Completion 4**