



Kansas System of Care Advisory Council Minutes, 1-25-2018

Meeting Highlights

- Last meeting minutes approved
- New Chair and Co-Chair elected
- SOC activities and evaluation updates, including youth and family focus group progress and upcoming SAMHSA site visit
- SWOT review and action planning

Those Present (see below).

Chair Candy Hester brought the meeting to order at 5:01 p.m.

Review of Minutes:

Minutes from the last meeting (9-7-2017) were reviewed. No editions were called for, and the Chair requested that the minutes be accepted as presented.

Mike Scheiman moved, and Margaret Pickering seconded the motion.

The motion to accept the minutes passed unanimously on a voice vote.

Ice Breaker Activity:

Youth Engagement Task lead (CEI staffer Janell Stang) led the council in an ice-breaker activity involving the interpretation of an uncaptioned cartoon that was projected for the council to see. Janell first asked council members called out different facts about the scene they observed. Then she asked council members for their *interpretation* of the scene. After interpretations were gathered, Janell asked the council members to consider the scene as the council: we all bring our own observations and interpretations to the whole; we all have something valuable to contribute.

Election of New Chair and Co-Chair:

The Chair then led the council in the election of the new Chair and Co-Chair. She introduced the nominees, Sarah Watkins Mace for chair and Brad Luthe for co-chair.

The Chair then opened the floor to questions. Council members asked about length of term for the offices and succession.

Debra Garcia moved to accept the nominees, and Kay Moore seconded the motion.

The motion to accept Sarah Watkins Mace as Chair-elect and Brad Luthe as Co-Chair-elect passed on a unanimous voice vote.

System of Care Updates:

The Chair then turned the floor over to Kansas Department for Aging and Disabilities Services (KDADS) and Community Engagement Institute (CEI) staff to present updates on System of Care activities.

Janell Stang updated the Council on social marketing plans for Youth Mental Health Day on May 10. The idea of a traveling art competition to promote mental health awareness was also discussed. The competition would be juried and travel to each region currently represented in the Kansas System of Care.

The need for an Event Planning Committee for the art competition was presented, and a sign-up sheet for those interested provided.

The first event planning committee meeting was slated for February 27, the same day as the next Social Marketing Committee.

Janell Stang then opened the floor to questions, and council members asked about a possible theme for the art competition. It was decided that a theme should be up to the committee to decide.

Kelsee Torrez, System of Care Project Director at KDADS, then presented a draft System of Care brochure for feedback from the council.

- The brochure's "look" received positive feedback
- Council members called for more common/plain language for the brochure's "quick facts" section
- Council members found the brochure "helpful" for explaining the System of Care
- It was noted that the "who should join" section should not have periods, as the members of the list are not complete sentences
- Council members were encouraged to take notes on the brochure itself or send comments on it to Social Marketing task lead Kaela Moore

Kelsee Torrez then presented an overview of the national Wraparound Implementation Academy in Baltimore, MD, which was attended by key System of Care staff representing KDADS, partner community mental health centers (CMHCs), and various SOC task leads September 11-13, 2017.

Major takeaways from the academy are that high-fidelity Wraparound (an approach that adheres closely to Wraparound best practice) has the following advantages:

- An emphasis on community supports
- A single plan of care for the youth being served
- A similarity to existing concepts and practices in children's behavioral services in Kansas

Kelsee Torrez then presented highlights of a mobile crisis response conference in New Jersey she and other key System of Care staffers attended December 4-6, 2017:

- Different states' mobile crisis response services were highlighted, with special emphasis on New Jersey's
- Information was provided on how these services were developed and sustained
- There was an emphasis on language used in order to reduce the stigma of service use and improve the long term outcomes for those using mobile crisis response

Kelsee Torrez then opened the floor to questions and comments:

- Do we currently have high-fidelity Wraparound in Kansas?
 - No
- How does this model address high-intensity situations? Out of home placement?
 - Out of home placement is limited; those with the highest need and those with multi-system involvement receive targeted services

Kelsee Torrez then presented a brief overview of the upcoming site visit from the Substance Abuse and Mental Health Services Administration (SAMHSA) (current funder of a Kansas System of Care cooperative agreement). The site visit will take place February 12-15 with meetings on the 12th in Wichita at the CEI offices and the remaining meetings in Topeka at KDADS's offices.

- SAMHSA has emphasized that our long-term objective should be that all policy changes, services, and activities under the Kansas System of Care should be created with sustainability in mind; this site visit is intended to help us achieve that goal.
- Everyone is welcome to be part of the site visit, but please RSVP first.
- Stipends to cover travel for youth and families will be available.

Kelsee Torrez then presented a model for providing technical assistance and training for System of Care partners that is meant to move from identifying needs via requests, evaluation, and assessment; provision of technical assistance and training as deemed necessary; and use of evaluation and assessment to measure effectiveness of training and technical assistance and establish future needs.

(See attached.)

Evaluation staff (Brittany Brest and Anna Turosak) from CEI's Center for Applied Research and Evaluation (CARE) then presented recent evaluation and assessment activities and results:

- Focus groups to learn more from youth about their engagement with and impressions of mental health services are ongoing
- Focus groups for parents and caregivers are beginning
- The cultural and linguistic competence (CLC) survey is ongoing. Intended for organizations, it measures staff perceptions of the organization's
 - Cultural responsiveness and respectfulness
 - The degree to which services are culturally appropriate
 - The degree to which culturally and linguistically appropriate service goals are incorporated into practice and policy
- In answer to a question about the CLC survey, Anna Turosak noted that results for individual organizations will be available once all responses are gathered

Brittany Brest presented the results of the first round of client trauma survey, which covers the following domains:

- Where clients receive services
- Asking about difficult experiences
- Perception of physical safety
- Perceptions of emotional safety
- Number of clients enrolled
- Overall, CMHCs surveyed did well (see attachment for results by domain and agency)

Brittany Brest then presented data collected under the Children's Mental Health Initiative (CMHI), which covers the following domains:

- Monthly enrollment in the System of Care by partner CMHC
- Discharge rate by CMHC
- Reassessments by CMHC
- Youth living situations (overall)
- Symptom severity perceptions compared between caregivers and youth
- Caregiver strain perceptions
- Impairment perceptions compared between caregivers and youth
- Reports of suicide attempts compared between caregivers and youth
- Referrals to System of Care-sponsored services (overall) by referring agency

See attachment for detailed statistics.

CARE staff then opened the floor to questions.

- Is evaluation in the technical assistance and training model also a driving factor?
 - Yes. Measures are done regularly and can be used to help identify need
- Does SAMHSA or anyone else provide a sense of what a "good" score on the data collected would be?
 - Every CMHC is starting from a different place and has a different set of circumstances. The data can provide an idea of what they might want to work on.
- Who decides what they need to work on?
 - Local advisory councils?
 - Statewide Advisory Council?
 - Lael Ewy, who provides technical assistance and training for the Kansas System of Care, pointed out that the Culturally and Linguistically Appropriate Services (CLAS) Standards are designed to encourage us to figure out how we want to measure them and to incorporate CLAS into ongoing processes of continual quality improvement (CQI)
 - Before *and* after the survey?
 - Yes, and we want that data. The CLC survey is done as a baseline with every CMHC and then goes out again every June.
 - Having input from a diverse group of stakeholders in this process would be helpful

- A parent noted that the CMHI data were interesting, but the acronyms could be better explained and the type made larger and more readable.
- CEI staff asked if it would be helpful to publish a glossary of system of care terms, and it was agreed that it would.
- Are there comparators to other Systems of Care around the country?
 - No current ones, but there are historical datasets for comparison
- Council members noted that the “living situation” statistics were very interesting. It was also noted that these are overall household members, not head of household.
- A deeper explanation of graphical data was called for, including publication of the questions used.
- It was noted that the Client Trauma Survey and the TIC-ometer represented old data and new evaluation cycles were beginning.
- Evaluators are planning to go to local councils to gather input on what else needs to be measured.
- They have gotten good feedback already.

SWOT Analysis Follow-Up and Action Planning

A follow-up on the SWOT analysis from the previous meeting was then conducted, along with the formation of an action plan based on that analysis.

The meeting was adjourned at 7:01 p.m.

Attendees

Kim Fisher

Gary Henault

Jeanne Urban-Wurtz

Kelsee Torrez

Judi Rodman

Sherri Luthe

Amy Kennedy

Amy Lofton

Kay Moore

Candy Hester

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Sarah Mace

Mike Scheiman

Christy Heebler

Joanne Harader

Debra Garcia

Kaitlin Heaton

Brittany Brest

Sam Demel

Simon Messmer

Anna Turosak

Lael Ewy

Janell Stang

Scott Wituk

Mercedes Kennedy

Kai Ober

Creighton Talkington

Margaret Pickering

Alexandrea Epp

Hannah Dewitt

Kayla Moore

Leslie Riddle

Nick Mayo

Cameron Mayo

Savian Scheiman-Duchesne

Brad Luthe