



**Public Health and Welfare Committee  
February 7, 2019**

**Update on Mental Health**

Presented by:  
Laura Howard - Acting Secretary

# Motto



# Mental Health at KDADS

- The Behavioral Health Services (BHS) Commission oversees a continuum of mental health services in Kansas.
- BHS partners with stakeholders to promote prevention, treatment and recovery to ensure Kansans with behavioral health needs live safe, healthy, successful and self-determined lives in their communities.



# Mental Health Task Force (MHTF) Responses

- KDADS responses to the MHTF report are included in the report as Appendix B.
- KDADS supported the work of the task force and has already been working to address the recommendations specific to the agency. Some examples include:
  - KDADS issued four contracts in 2018 under the Housing First Bridge Pilot: Valeo, Kim Wilson, MHA, and Miracles
  - Individuals discharging from state hospitals currently receive priority support from the KanCare Clearinghouse through an assigned liaison to KDADS. KDADS is working with SOAR Coordinators across the state to help facilitate discharge transitions.
  - CMS approved KanCare Section 1115 demonstration extension, including the ability to provide SUD services to beneficiaries in an IMD setting, Dec. 18, 2018. SUD IMD implementation is currently scheduled to begin July 1, 2019.
  - KDADS currently provides funding for mental health first aid training in NFMHs and is working to address barriers related to attendance and staffing requirements.
- The MHTF report can be found on the KDADS website at: [kdads.ks.gov/commissions/behavioral-health](https://kdads.ks.gov/commissions/behavioral-health)



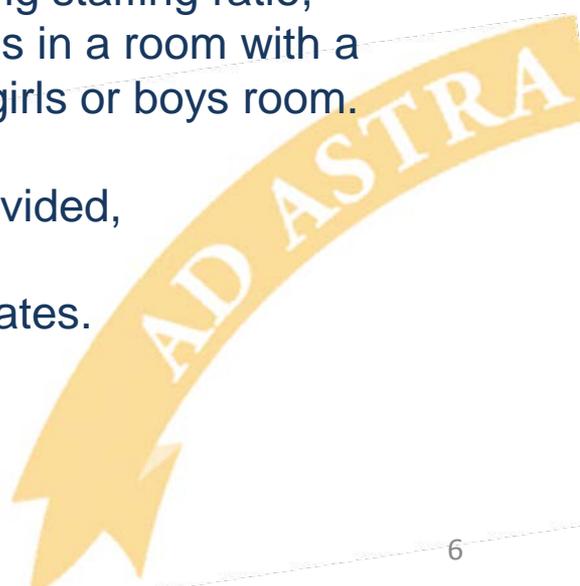
# High Acuity Psychiatric Treatment Hospital for Youth (HAPHY)

- HAPHY provides inpatient psychiatric stabilization and treatment to youth across Kansas. This program is an alternative to state hospitalization for youth.
- HAPHY beds are available at both KVC Prairie Ridge in Kansas City and KVC Wheatland in Hays.
- HAPHY facilities are required to admit and maintain patients until no longer in need of treatment, so we do not have a set number of beds; they have to admit when needed.



# Psychiatric Residential Treatment Facilities (PRTFs)

- 8 PRTFs provide out-of-home residential psychiatric treatment to children and adolescents whose mental health needs cannot be effectively and safely met in a community setting.
- The most recent census at the PRTFs is 258 of 282 licensed beds. Of those, 42 are out-of-state admissions.
- Why is there a KanCare waitlist if there are licensed beds available?
  - Bed availability is determined by many things, including staffing ratio, accommodations a child may need, whether the bed is in a room with a much younger/older child, or whether the bed is in a girls or boys room.
  - The waitlist tracks authorization, referral, services provided, waiver services, admission and discharge planning, days on the waitlist, length of stay, and readmission rates.
  - As of 2/4/19, the current waitlist total is 143.



# Psychiatric Residential Treatment Facility Data Project

- KDADS is working with the National Research Institute (NRI) on a project to conduct a data and trend analysis on the PRTF bed utilization and waitlist, a thorough review of policies and procedures related to the admission/placement process, and a review of Medicaid contracts and reports with the MCO to identify barriers and opportunities.
- NRI will submit a final report to KDADS outlining the process, data reviews, interviews conducted, policies analyzed, barriers and opportunities identified in the coming months. A summary of the findings will be included with recommendations to improve the current process.



# Community Mental Health Centers (CMHCs)

- Community Mental Health Centers (CMHCs) are licensed by KDADS to provide a community-based public mental health services safety net.
- In addition to providing the full range of outpatient clinical services, Kansas' CMHCs provide comprehensive mental health rehabilitation services, such as psychosocial rehabilitation, community psychiatric support and treatment, peer support, case management and attendant care.
- 26 CMHCs cover 105 counties with 120 locations throughout the state.
- CMHCs also conduct screenings for the state hospitals.

# Nursing Facilities for Mental Health (NFMHs)

- Nursing Facilities for Mental Health (NFMH) provide residential care and rehabilitation treatment for persons experiencing severe symptoms of mental illness.
- An individual's eligibility for placement at an NFMH is determined by a Preadmission Screening and Resident Review (PASRR).
- KDADS encourages NFMHs to work with community partners in a collaborative approach to meet the need of the communities and patients they serve.



# Regional Beds

- This Request for Proposal (RFP) was developed to alleviate the need for patients to be removed from their local communities and reduce travel time for family members.
- The Mental Health Task Force recommends this approach.
- The RFP closed February 1, 2019.
- KDADS is reviewing bids.



# Crisis Stabilization Units

- Crisis Stabilization Units provide a continuum of services to support and stabilize an individual.
- Outcomes include:
  - Decrease reliance on and admissions to Osawatomie and Larned State Hospitals (OSH/LSH)
  - Increase 24-hour community diversion options
  - Increase 24-hour community options for individuals
  - Reduce the utilization of OSH/LSH and Psychiatric Residential Treatment Facilities
  - Reduce the utilization of placement in law enforcement facilities and hospital emergency rooms



# Crisis Stabilization Units

- Crisis Stabilization Unit Locations:
  - Kansas added two new communities last year with \$810,000 in new awards from KDADS.

Salina

Manhattan

KC Metro

Wichita

Topeka

AD ASTRA

# Consumer Run Organizations (CROs)

- Consumer Run Organizations (CROs):
  - CROs utilize peer recovery oriented services to support and empower members in Kansas communities.

Newton

Hays

Winfield

Dodge City

El Dorado

Wichita

Lawrence

Manhattan

Colby

Kansas City

Topeka

# At Risk of Homelessness - Discharge from State Hospitals

- State hospital staff and KDADS Housing Division staff have weekly phone conferences on cases that are at risk of homelessness.
- KDADS Housing Division Staff report weekly occupancy on all housing programs to the State Hospital Social Work Administrators.
- KDADS Housing Division Staff work directly with State Hospital Discharge Teams and CMHC staff to locate housing options.

# The Kansas Governor's Behavioral Health Services Planning Council

## Subcommittees and Special Task Forces in Kansas:

- Subcommittees
  - Children's
  - Veterans
  - Housing and Homelessness
  - Vocational
  - Justice Involved Youth and Adults
  - Prevention
  - Rural and Frontier
  - Kansas Citizens Committee on Alcohol and Substance Abuse
- Special Task Forces:
  - Adult Continuum of Care
  - Children's Continuum of Care



# Housing Bridge Pilot

- Provides oversight of the Bridge Housing pilot project sites and Housing First initiatives
- Manages the Emergency Crisis Housing Grant
- Coordinates Supported Housing Funds, Interim Housing and Projects for Assistance in Transitioning from Homelessness

## SUD PROGRAM OUTCOMES

Total Served:	21	Permanently Housed:	35
<b>Valeo Recovery Services</b>			
Clients Served:	14		
Permanently Housed:	7		
Discharged:	2		
Failed to Remain In Services:	1		
Self-Discharged:	1		
<b>Miracles, Inc.</b>			
Clients Served:	21		
Permanently Housed:	13		
Entered Sober Living:	1		
In Inpatient Treatment:	4		
Awaiting Admission:	3		

## MH PROGRAM OUTCOMES

Total Served:	18	Permanently Housed:	6
<b>Mental Health Association of South Central Kansas</b>			
Clients Served:	11		
Veterans Referred to VA, etc.	5		
Veterans Living Independently:	2		
Failed to Remain In Services:	1		
<b>Wyandot Center for Behavioral Health Care</b>			
Clients Served:	7		
Permanently Housed:	1		
Moved to an NFMH:	1		
Discharged:	1		
Self-Discharged:	1		
Current Residents:	3		

# State Mental Health Hospitals

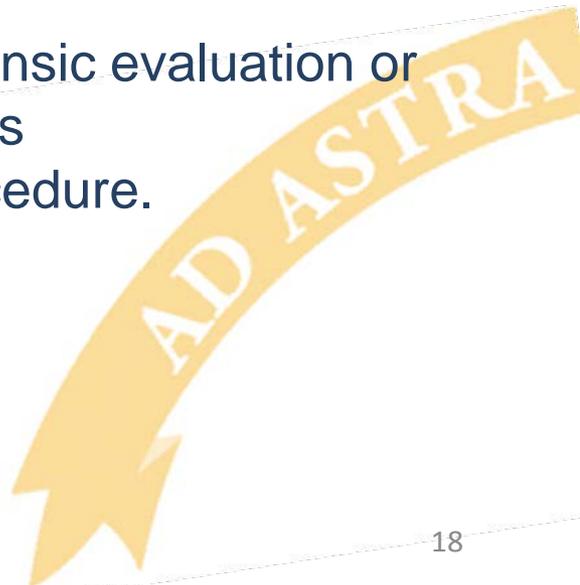
Osawatomie State Hospital (OSH), Adair Acute Care (AAC) and Larned State Hospital (LSH) serve people experiencing serious symptoms of mental illness.

- Persons who have been deemed a danger to themselves or others:
  - Generally exhibit symptoms that community providers cannot treat safely and effectively.
  - Once stabilized, can return home and be supported by their local Community Mental Health Center (CMHC).
- AAC and LSH's Psychiatric Services Program (PSP) are certified to participate in Medicaid and Medicare and receive federal funding.
- Required to provide an array of mental health care and treatment for all patients from approved budget.

# State Mental Health Hospitals

LSH has two additional programs outside of the Psychiatric Services Program (PSP):

- Sexual Predator Treatment Program (SPTP)
  - Persons committed as violent sexual predators receive treatment and services.
- State Security Program (SSP)
  - Persons committed by district courts for a forensic evaluation or transferred from the Department of Corrections pursuant to the Kansas Code of Criminal Procedure.



# Moratorium

## What Led to the Moratorium:

- Over licensed capacity for extended period of time:
  - OSH was licensed for 206 beds
  - July through December 2014 daily census was averaging 30 patients over the number of licensed beds (max. 258 patients)
- CMS Survey in 2014
  - New requirements that require a ligature free environment

Moratorium established in June of 2015.



# Moratorium

To ensure the hospital no longer exceeds its capacity and capability:

- Introduction of waiting list/triage process
  - Clear admissions criteria
  - Admissions occur in order of placement on the list
- Admission of involuntary patients only
- Initial moratorium maximum number
  - 148 beds
  - 166 beds (as of Jan 2019)

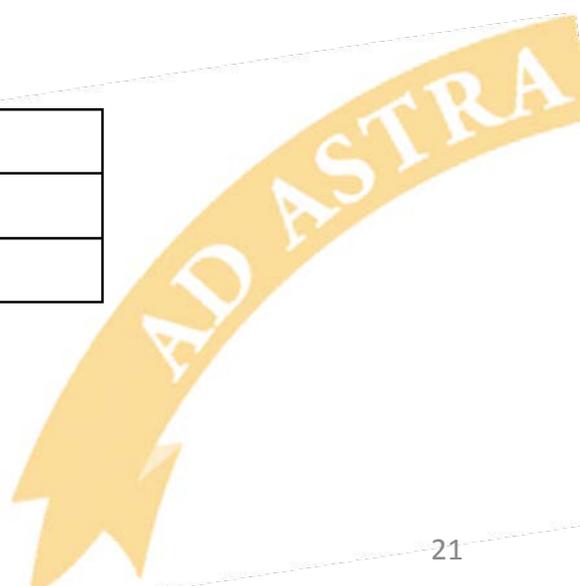


# Moratorium

Grant funding allocated to provide diversion beds:

- KVC in Kansas City is the primary diversion with up to 12 beds
- Additional capacity is provided by other hospital partners throughout the state including Via Christi, Cottonwood Springs, KU and Prairie View

# of Diversions to KVC		
FY 2016	FY 2017	FY 2018
117	74	57



# Admissions / Triage Process

Clear admissions criteria based on:

**KDADS Admissions Process to State Psychiatric Hospital Policy**

Admission criteria include, but are not limited to:

- Primary mental health diagnosis
- Imminent harm to self/others
- Ability to participate and benefit from treatment
- Not solely diagnosed with substance-abuse disorder, anti-social personality disorder, intellectual disability, organic personality syndrome or organic mental disorder

Average # of people on the wait list per day		
FY2016	FY2017	FY2018
10.0	7.0	7.0
Average wait times in hours		
FY 2016	FY2017	FY 2018
64.45	70.65	40.68

