

# 2026 Poverty Guidelines

## 2026 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA

### Annual

Persons in family/ household	Poverty guideline	120%	135%	150%
For families/households with more than 8 persons, add \$4,320 for each additional person.				
1	\$15,960.00	\$19,152.00	\$21,546.00	\$23,940.00
2	\$21,640.00	\$25,968.00	\$29,214.00	\$32,460.00
3	\$27,320.00	\$32,784.00	\$36,882.00	\$40,980.00
4	\$33,000.00	\$39,600.00	\$44,550.00	\$49,500.00
5	\$38,680.00	\$46,416.00	\$52,218.00	\$58,020.00
6	\$44,360.00	\$53,232.00	\$59,886.00	\$66,540.00
7	\$50,040.00	\$60,048.00	\$67,554.00	\$75,060.00
8	\$55,720.00	\$66,864.00	\$75,222.00	\$83,580.00

<https://aspe.hhs.gov/poverty-guidelines>

### Monthly\*

Persons in family/ household	Poverty guideline	120%	135%	150%
<b>Extra Help</b>				
	<i>QMB</i>	<i>LMB (SLMB)</i>	<i>ELMB (QI)</i>	
1	\$1,330.00	\$1,596.00	\$1,795.50	\$1,995.00
2	\$1,803.33	\$2,164.00	\$2,434.50	\$2,705.00
3	\$2,276.67	\$2,732.00	\$3,073.50	\$3,415.00
4	\$2,750.00	\$3,300.00	\$3,712.50	\$4,125.00
5	\$3,223.33	\$3,868.00	\$4,351.50	\$4,835.00
6	\$3,696.67	\$4,436.00	\$4,990.50	\$5,545.00
7	\$4,170.00	\$5,004.00	\$5,629.50	\$6,255.00
8	\$4,643.33	\$5,572.00	\$6,268.50	\$6,965.00

\*These guidelines do not include the \$20 income disregard.

### 2026 Resource Standards for Individuals/Couples

	With Burial Exclusion	Without Burial Exclusion
MSP Resources Level	\$11,450/\$17,910	\$9,950/\$14,910
Extra Help Resources Level	\$18,090/\$36,100	\$16,590/\$33,100